



Chromium Complex

ONE A DAY

Food Supplement
with Vitamin C, B6 and
Alpha Lipoic Acid
High Potency
60 Vegetarian Capsules

Manufactured in
England.
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Chromium Complex

Food Supplement

INGREDIENTS: One (1) vegetarian capsule provides: %ECRDA

Vitamin C (ascorbic acid)	300mg	375
Vegetable Cellulose capsule	100mg	
Gymnema Sylvestre extract	25mg	
Alpha Lipoic acid	10mg	
Vitamin B6 (Pyridoxine HCL)	5mg	250
Chromium (Picolinate)	200µg	500

In a natural base of vegetable magnesium stearate

ECRDA – European Community Recommended Daily Allowance.



Suitable for Vegetarians. Hypoallergenic formula 100% active ingredients.

Contains NO: gluten, wheat, lactose, dairy, added sugars, added salt, preservative, colourings, yeast or starch.

Directions for use: As a food supplement for adults, not intended to treat any medical condition.

Take one (1) vegetarian capsule daily with food or as directed by a healthcare professional. Tamper resistant outer and cap seal for your added security.

Do not use if either are broken. Freshness and potency assured if stored in a cool dry place. Keep out of sight and reach of children.

Not for use during pregnancy or lactation, unless directed by a healthcare professional.