

Manufactured in England.
Solo Nutrition Ltd. RH11 8SZ, UK
info@solonutrition.co.uk
solonutrition.co.uk



Ester-C[®] 500mg

ONE A DAY

Food Supplement
with bilberry bioflavonoids
Non-acidic highly absorbable Vitamin C
High Potency
30 Vegetarian Capsules

Ester-C[®] 500mg with bilberry bioflavonoids

This super-absorbable form of Vitamin C contains the essential mineral Calcium and the naturally occurring Vitamin C metabolite.

INGREDIENTS: One (1) vegetarian capsule provides: %ECRDA

Ester-C [®] providing	500mg	833
Ascorbic Acid (Vitamin C)	395mg	658
Calcium (Elemental)	59mg	7.3
Threonic Acid	5mg	

Bilberry Extract 4:1 (a non citrus Bioflavonoid)	100mg
Equivalent to 400mg of whole herb	
Vegetable Cellulose Capsule	100mg



Ester-C is a registered trademark of The Ester-C Company.

ECRDA – European Community Recommended Daily Allowance.
Suitable for Vegetarians. Hypoallergenic formula 100% active ingredients.

Contains NO: gluten, wheat, lactose, dairy, added sugars, added salt, preservative, colourings, yeast or starch.

Directions for use: As a food supplement for adults, not intended to treat any medical condition.

Take one (1) vegetarian capsule daily with food or as directed by a healthcare professional. Tamper resistant outer and cap seal for your added security.

Do not use if either are broken. Freshness and potency assured if stored in a cool dry place. Keep out of sight and reach of children.

Not for use during pregnancy or lactation, unless directed by a healthcare professional.