

**OTHER INGREDIENTS:** Capsule (gelatine), purified water, glycerine, d-alpha tocopherols.

**CONTAINS NO** artificial colours, flavours or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, or crustacean shellfish.

**KEEP OUT OF THE REACH OF CHILDREN.** Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet.

**We Guarantee Our Supplements  
for Potency and Purity**

**G. BALDWIN & CO**  
LONDON SE17 1RW  
[www.baldwins.co.uk](http://www.baldwins.co.uk)



**G Baldwin & Co**

**OMEGA-3  
FISH OIL  
1,030 mg  
Food Supplement  
100 SOFTGELS**

**Product Information**

Serving Size 1 Softgel

**Amount Per Serving** % RDA†

**Total Calories** 10

Calories from Fat 10

**Total Fat** ..... 1 g 1%

**Typical Fatty Acid Composition:**

**Total Omega-3**

(Fatty Acids from EPA and DHA) ..... 300 mg

**EPA** (as eicosapentaenoic acid) ..... 180 mg \*

**DHA** (as docosahexaenoic acid) ..... 120 mg \*

† Recommended Daily Allowance

\* RDA not established

**DIRECTIONS FOR USE:** Take one softgel up to 6 times daily with food.

For Best Before End see bottom of the bottle.

**STORE IN A COOL DRY PLACE**

**UK 137-100JJ**

