

DIRECTIONS FOR USE: Take six tablets daily with food.

CONTAINS NO artificial colours, flavours or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soya, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF THE REACH OF CHILDREN. Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet.

This product contains iron which, if taken in excess, may be harmful to very young children.

We Guarantee Our Supplements for Potency and Purity

G Baldwin & Co

**100% ORGANIC
SPIRULINA
500 mg**

Food Supplement

250 VEGETARIAN TABLETS



Product Information

Serving Size 6 Tablets

Amount Per Serving	% RDA†
Organic Spirulina (<i>platensis</i>) (algae)	3.0 g *

† Recommended Daily Allowance

* RDA not established

OTHER INGREDIENTS: NONE.

**G. BALDWIN & CO
LONDON SE17 1RW
www.baldwins.co.uk**



This product is certified organic by Quality Assurance International (QAI).

Typical Analysis: (Each serving may typically provide the following naturally occurring nutrients)**

Calories	10				
Calories from Fat	1				
Protein	2 g	4%			
Vitamin K	...28 µg	37%	Chromium	...4.5 µg	11%
Riboflavin	...0.2 mg	14%	Sodium	...25 mg	1%
Niacin	...0.5 mg	4%	Potassium	...30 mg	1%
Vitamin B6	...0.03 mg	2%	Beta-carotene	...2070 µg	*
Vitamin B12	...6 µg	240%	C-Phycocyanin	...480 mg	*
Iron	...1 mg	7%	Chlorophyll	...42 mg	*
Phosphorus	...24 mg	3%	Gamma Linolenic Acid (GLA)	...23 mg	*
Iodine	...6 µg	4%	Zeaxanthin	...2 mg	*
Magnesium	...6 mg	2%	Inositol	...2 mg	*
Manganese	...0.05 mg	4%			

** Typical analysis due to seasonal variations.

For Best Before End see bottom of the bottle.

STORE IN A COOL DRY PLACE

UK 141-250UT

