

**DIRECTIONS FOR USE:** Take six tablets daily with food.

**CONTAINS NO** artificial colours, flavours or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soya, crustacean shellfish or fish. Suitable for vegans.

**KEEP OUT OF THE REACH OF CHILDREN.** Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet.

This product contains iron which, if taken in excess, may be harmful to very young children.

**We Guarantee Our Supplements for Potency and Purity**

**G Baldwin & Co**

**100% ORGANIC**  
**SPIRULINA**  
**500 mg**



**Food Supplement**



**250 VEGETARIAN TABLETS**

**Product Information**

Serving Size 6 Tablets

Amount Per Serving	% RDA†
Organic Spirulina ( <i>platensis</i> ) (algae)	3.0 g *

† Recommended Daily Allowance

\* RDA not established

**OTHER INGREDIENTS: NONE.**

**G. BALDWIN & CO**  
**LONDON SE17 1RW**  
[www.baldwins.co.uk](http://www.baldwins.co.uk)



This product is certified organic by Quality Assurance International (QAI).

Typical Analysis: (Each serving may typically provide the following naturally occurring nutrients**)			
Calories	10		
Calories from Fat	1		
Protein	2 g	4%	
Vitamin K	28 µg	37%	
Riboflavin	0.2 mg	14%	
Niacin	0.5 mg	4%	
Vitamin B6	0.03 mg	2%	
Vitamin B12	6 µg	240%	
Iron	1 mg	7%	
Phosphorus	24 mg	3%	
Iodine	6 µg	4%	
Magnesium	6 mg	2%	
Manganese	0.05 mg	4%	
Chromium	4.5 µg	11%	
Sodium	25 mg	1%	
Potassium	30 mg	1%	
Beta-carotene	2070 µg	*	
C-Phycocyanin	480 mg	*	
Chlorophyll	42 mg	*	
Gamma Linolenic Acid (GLA)	23 mg	*	
Zeaxanthin	2 mg	*	
Inositol	2 mg	*	

\*\* Typical analysis due to seasonal variations.

For Best Before End see bottom of the bottle.

**STORE IN A COOL DRY PLACE**

**UK 141-250UT**

