

OTHER INGREDIENTS: Cellulose, stearic acid (vegetable source), silica, calcium stearate (vegetable source), glycerine.

CONTAINS NO artificial colours, flavours or preservatives; no yeast, wheat, gluten, milk, eggs, peanuts, tree nuts, soya, crustacean shellfish or fish.

KEEP OUT OF THE REACH OF CHILDREN. Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet.

**We Guarantee Our Supplements
for Potency and Purity**

G. BALDWIN & CO
LONDON SE17 1RW
www.baldwins.co.uk



G Baldwin & Co

Prolonged Release

B-12

1,000 µg

Food Supplement

30 TABLETS

Product Information

Serving Size 1 Tablet

Amount Per Serving	% RDA†
Vitamin B12 (as cobalamin)	1,000 µg 40,000%
Calcium (from di-calcium phosphate) ..	103 mg 13%

† Recommended Daily Allowance

DIRECTIONS FOR USE: Take one tablet daily with food.

Prolonged release is an advanced manufacturing technique which allows nutrients to be released slowly (over approximately 2-4 hours) promoting optimal assimilation.

For Best Before End see bottom of the bottle.

STORE IN A COOL DRY PLACE UK 205-30UL

