

OTHER INGREDIENTS: Modified cellulose, stearic acid (vegetable source), cellulose, silica, calcium stearate (vegetable source), glycerine.

CONTAINS NO artificial colours, flavours or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soya, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF THE REACH OF CHILDREN. Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet.

Our Prolonged Release tablet incorporates an advanced manufacturing technique which allows nutrients to be released slowly (over approximately 2-4 hours) promoting optimal assimilation.†

**We Guarantee Our Supplements
for Potency and Purity**

G. BALDWIN & CO
LONDON SE17 1RW
www.baldwins.co.uk

G Baldwin & Co

Prolonged Release

**BUFFERED
VITAMIN C**

1000 mg

Plus Minerals

Food Supplement

50 VEGETARIAN TABLETS



Product Information

Serving Size 1 Tablet

Amount Per Serving	% RDA†
Vitamin C (as ascorbic acid, calcium ascorbate)	1,000 mg 1250%
Calcium (as calcium ascorbate) ...	40 mg 5%
Magnesium (as magnesium hydroxide, aspartate)	40 mg 11%
Zinc (from zinc citrate)	2 mg 20%
Manganese (as manganous carbonate)	0.1 mg 5%
Potassium (as potassium citrate, aspartate)	30 mg 1.5%
Bioflavonoid Complex (from lemon)	50 mg *

† Recommended Daily Allowance * RDA not established

DIRECTIONS FOR USE: Take one tablet daily with food.

For Best Before End see bottom of the bottle.

STORE IN A COOL DRY PLACE UK 330-50UL



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