OTHER INGREDIENTS: Cellulose, silica, stearic acid (vegetable source), magnesium stearate (vegetable source), glycerine.

**CONTAINS NO** artificial colours, flavours or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soya, crustacean shellfish or fish.

**KEEP OUT OF THE REACH OF CHILDREN.** Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet.

500 mg of magnesium may cause mild stomach upset in sensitive individuals.

We Guarantee Our Supplements for Potency and Purity

> G. BALDWIN & CO LONDON SE17 1RW www.baldwins.co.uk



## CAL-MAG CITRATE COMPLEX

with Vitamin D3



Food Supplement

**100 VEGETARIAN TABLETS** 

## **Product Information**

Serving Size 4 Tablets

Amount Per Serving % RDA†

Vitamin D3 (as cholecalciferol)......10 µg 200% Calcium

(from calcium citrate, ascorbate).......1,000 mg 125% Magnesium

(from magnesium oxide, citrate) .......500 mg 133%

† Recommended Daily Allowance

DIRECTIONS FOR USE: Take four tablets daily with food.

For Best Before End see bottom of the bottle.

STORE IN A COOL DRY PLACE.

UK 601-100UP

