

**OTHER INGREDIENTS:** CELLULOSE (VEGETABLE SOURCE), CALCIUM STEARATE (VEGETABLE SOURCE), SILICA.

**CONTAINS NO** artificial colours, flavours or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soya, crustacean shellfish or fish. Suitable for vegans.

**KEEP OUT OF THE REACH OF CHILDREN.** Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet.

**We Guarantee Our Supplements  
for Potency and Purity**

**G. BALDWIN & CO**  
LONDON SE17 1RW  
[www.baldwins.co.uk](http://www.baldwins.co.uk)

**G Baldwin & Co**

# MAGNESIUM

## 400 mg

**Food Supplement**

**90 VEGETARIAN CAPSULES**

## Product Information

Serving Size 3 Capsules

Amount Per Serving	% RDA <sup>†</sup>
Magnesium (as glycinate) .....	400 mg 107%

<sup>†</sup> Recommended Daily Allowance

**DIRECTIONS FOR USE:** Take 3 capsules daily with food, or as directed by a health care professional.

For Best Before End see bottom of the bottle.

**STORE IN A COOL DRY PLACE**

**VVL 693-90UA**

