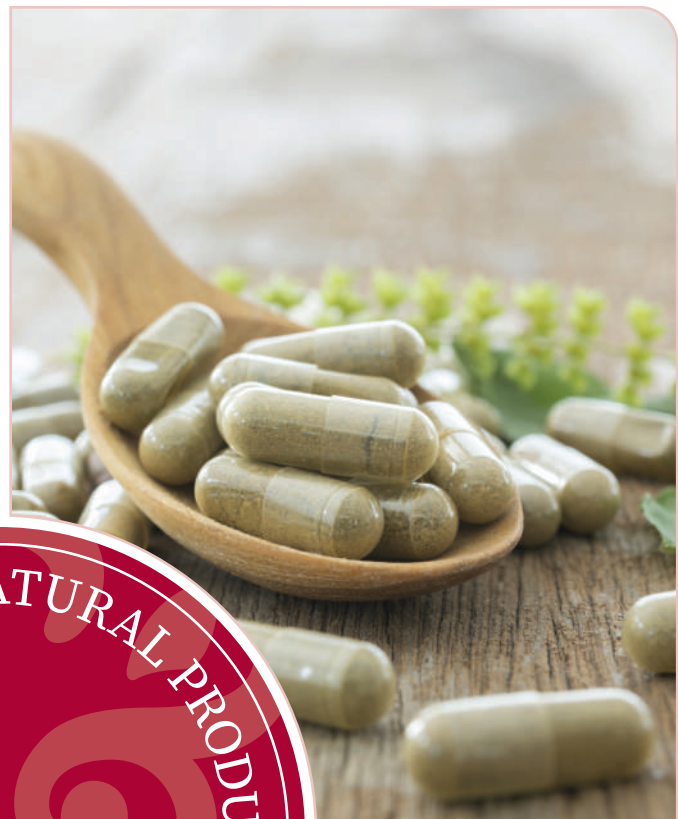


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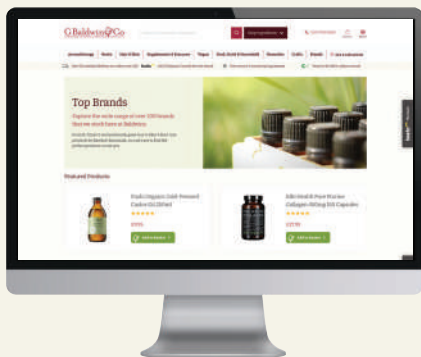


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# GBaldwin & Co

## Welcome to the Baldwins 2026 Catalogue:

We hope you find it useful and informative.

Stephen Dagnell  
Director

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Introducing our complete range of Herbs, Roots, Barks and Powders.



## Herbs

### A

| Common Name                                   | Latin Name  | 10g | 25g   | 100g   | 250g   | 500g   | Origin       |
|---|---|-----|-------|--------|--------|--------|--------------|
| Agnus Castus Berries (Chaste Tree)            | Vitex agnus-castus                                      |     | £2.09 | £5.95  | £12.65 | £19.25 | Morocco      |
| Agnus Castus Berry Powder (Chaste Tree)       | Vitex agnus-castus                                      |     | £2.29 | £6.55  | £13.95 | £21.29 | Morocco      |
| Agrimony Herb                                 | Agrimonia eupatoria                                     |     | £2.69 | £7.59  | £16.19 | £24.65 | EU           |
| Alfalfa Herb (Lucerne)                        | Medicago sativa   |     | £2.09 | £5.99  | £12.75 | £19.45 | Hungary      |
| Alfalfa Seeds (Lucerne)                       | Medicago sativa   |     | £3.39 | £9.65  | £20.59 | £31.39 | Italy        |
| Alkanet Root, Dyer's                          | Alkanna tinctoria                                       |     | £3.09 | £8.79  | £18.69 | £28.59 | Albania      |
| Allspice (Pimento)                            | Pimenta dioica (=officinalis)                           |     | £2.45 | £6.95  | £14.85 | £22.65 | Mexico       |
| Angelica Herb, Garden                         | Angelica archangelica                                   |     | £4.55 | £12.79 | £27.19 | £41.55 | France       |
| Angelica Root, Garden                         | Angelica archangelica                                   |     | £3.29 | £9.35  | £20.05 | £30.65 | Poland       |
| Angelica Seeds, Garden                        | Angelica archangelica                                   |     | £6.95 | £19.75 | £42.19 | £64.45 | EU           |
| Anise, Star (Star Anise)                      | Illicium verum  |     | £5.35 | £15.19 | £32.25 | £49.35 | Vietnam      |
| Aniseed Powder                                | Pimpinella anisum                                       |     | £2.09 | £5.89  | £12.49 | £19.15 | Spain        |
| Aniseeds                                      | Pimpinella anisum                                       |     | £2.55 | £7.29  | £15.49 | £23.65 | Spain        |
| Annatto Seeds                                 | Bixa orellana   |     | £3.85 | £10.99 | £23.35 | £35.65 | Guatemala    |
| Arrowroot Powder, Brazilian (Cassava, Manioc) | Manihot esculenta                                       |     | £1.75 | £4.99  | £10.59 | £16.19 | Brazil       |
| Asafoetida Powder                             | Ferula assa-foetida (blended with 60% Fenugreek powder) |     | £8.95 | £25.49 | £54.25 | £82.79 | India / Iran |
| Ash Leaves                                    | Fraxinus excelsior                                      |     | £3.35 | £9.45  | £20.15 | £30.79 | Albania      |
| Avena Sativa (Oatstraw)                       | Avena sativa  |     | £2.75 | £7.89  | £16.75 | £25.59 | Europe       |
| Avens Herb, Wood                              | Geum urbanum  |     | £3.49 | £9.85  | £20.95 | £31.99 | EU           |

### B

| Common Name                         | Latin Name                                 | 10g   | 25g    | 100g   | 250g   | 500g    | Origin          |
|-------------------------------------|--|-------|--------|--------|--------|---------|-----------------|
| Balm (Lemon Balm, Melissa)          | Melissa officinalis                        |       | £2.69  | £7.65  | £16.29 | £24.85  | EU              |
| Balm of Gilead Buds (Black Poplar)  | Populus nigra                              |       | £5.19  | £14.75 | £31.39 | £47.99  | Romania         |
| Barberry Bark                       | Berberis vulgaris                          |       | £3.59  | £10.19 | £21.69 | £33.15  | China / India   |
| Barberry Bark Powder                | Berberis vulgaris                          |       | £3.75  | £10.49 | £22.35 | £34.09  | Pakistan        |
| Basil Herb                          | Ocimum basilicum                           |       | £1.65  | £4.65  | £9.89  | £15.09  | Egypt           |
| Bay Leaves                          | Laurus nobilis                             |       | £2.25  | £6.25  | £13.39 | £20.49  | Turkey          |
| Bearberry (Uva Ursi)                | Arctostaphylos uva-ursi                    |       | £3.85  | £10.89 | £23.25 | £35.45  | Spain           |
| Bilberry Fruit Powder               | Vaccinium myrtillus                        |       | £12.49 | £24.55 | £52.15 | £79.65  | Europe          |
| Bilberry Herb                       | Vaccinium myrtillus                        |       | £3.89  | £11.19 | £23.79 | £36.35  | Albania         |
| Bilberry Herb Powder                | Vaccinium myrtillus                        |       | £3.75  | £10.69 | £22.79 | £34.79  | Europe          |
| Birch Leaves                        | Betula pubescens (=alba) or B. pendula     |       | £2.45  | £6.95  | £14.85 | £22.65  | Europe          |
| Bistort Root                        | Bistorta officinalis (=Polygonum bistorta) |       | £5.15  | £14.75 | £31.35 | £47.85  | Poland          |
| Black Seeds (Black Cumin) (Organic) | Nigella sativa                             |       | £2.09  | £6.45  | £13.69 | £23.29  | Egypt           |
| Black Walnut Hulls (Walnut)         | Juglans nigra                              |       | £5.69  | £16.19 | £34.39 | £52.59  | USA             |
| Blackberry Leaves                   | Rubus fruticosus                           |       | £3.95  | £11.25 | £23.89 | £36.49  | Albania         |
| Blackcurrant Leaves                 | Ribes nigrum                               |       | £4.15  | £12.05 | £25.59 | £39.09  | EU              |
| Bladderwrack                        | Fucus vesiculosus                          |       | £2.25  | £6.25  | £13.39 | £20.49  | France          |
| Blade Mace (Mace Blades)            | Myristica fragrans                         |       | £7.29  | £20.79 | £44.39 | £67.79  | Costa Rica      |
| Blessed Thistle (Holy Thistle)      | Cnicus benedictus                          |       | £2.79  | £7.95  | £16.95 | £25.89  | Hungary         |
| Blood Root                          | Sanguinaria canadensis                     | £5.79 | £13.19 | £37.69 | £80.25 | £122.55 | USA             |
| Blue Flag Root                      | Iris versicolor                            |       | £4.09  | £11.69 | £24.89 | £38.05  | Italy           |
| Blue Mallow (Mallow)                | Malva sylvestris                           |       | £8.05  | £23.05 | £53.19 | £74.79  | Poland / Serbia |
| Bogbean Leaves                      | Menyanthes trifoliata                      |       | £6.65  | £19.05 | £40.49 | £61.85  | Poland          |

\*Not for internal use

## B

| Common Name               | Latin Name                    | 10g   | 25g    | 100g   | 250g   | 500g    | Origin            |
|---------------------------|-------------------------------|-------|--------|--------|--------|---------|-------------------|
| Boldo Leaves              | Peumus boldus                 |       | £3.89  | £11.19 | £23.79 | £36.35  | Chile / China     |
| Boneset Herb              | Eupatorium perfoliatum        |       | £2.85  | £8.15  | £17.45 | £26.59  | Hungary           |
| Borage Herb* (Starflower) | Borago officinalis            |       | £2.75  | £7.75  | £16.49 | £25.25  | Poland            |
| Buchu Leaves              | Agathosma (=Barosma) betulina | £7.15 | £16.09 | £45.95 | £97.75 | £149.39 | S. Africa         |
| Buckthorn Bark            | Rhamnus cathartica            |       | £2.25  | £6.35  | £13.49 | £20.59  | Poland            |
| Bugleweed Herb, European  | Lycopus europaeus             |       | £7.95  | £22.65 | £48.25 | £73.69  | Romania           |
| Burdock Herb              | Arctium lappa                 |       | £4.15  | £12.05 | £25.59 | £39.09  | Balkans           |
| Burdock Root              | Arctium lappa                 |       | £2.59  | £7.39  | £15.69 | £23.89  | China             |
| Butcher's Broom Root      | Ruscus aculeatus              |       | £4.15  | £12.05 | £25.69 | £39.19  | Turkey / Bulgaria |

## C

| Common Name                              | Latin Name                             | 10g | 25g    | 100g   | 250g   | 500g   | Origin                 |
|--|--|-----|--------|--------|--------|--------|------------------------|
| Calamus Root (Sweet Flag)                | Acorus calamus                         |     | £4.65  | £13.19 | £28.09 | £42.89 | Ukraine                |
| Calendula (Marigold)                     | Calendula officinalis                  |     | £2.39  | £6.85  | £14.49 | £22.15 | Egypt                  |
| California Poppy Herb                    | Eschscholzia californica               |     | £4.09  | £11.65 | £24.79 | £37.85 | France                 |
| Carageenan (Irish Moss, Organic)         | Chondrus crispus                       |     | £4.69  | £12.69 | £26.59 | £40.55 | Ireland                |
| Carageenan (Irish Moss, Purple, Organic) | Chondrus crispus                       |     | £5.55  | £15.95 | £33.79 | £51.79 | Ireland                |
| Caraway Seed Powder                      | Carum carvi                            |     | £2.29  | £6.49  | £13.85 | £21.15 | EU                     |
| Caraway Seeds                            | Carum carvi                            |     | £1.95  | £5.49  | £11.75 | £17.89 | Poland                 |
| Cardamon Pods                            | Elettaria cardamomum                   |     | £8.69  | £24.79 | £52.79 | £80.69 | Guatemala              |
| Cardamon Powder                          | Elettaria cardamomum                   |     | £5.29  | £15.09 | £32.09 | £48.99 | Guatemala              |
| Cascara Sagrada Bark                     | Rhamnus purshiana                      |     | £4.55  | £12.95 | £27.55 | £42.09 | USA                    |
| Cascara Sagrada Bark Powder              | Rhamnus purshiana                      |     | £4.45  | £12.69 | £26.99 | £41.25 | USA                    |
| Cassia Bark (Cinnamon)                   | Cinnamomum cassia (=aromaticum)        |     | £3.29  | £9.25  | £19.69 | £30.05 | Indonesia              |
| Cassia Bark Powder (Cinnamon)            | Cinnamomum cassia (=aromaticum)        |     | £1.95  | £5.49  | £11.75 | £17.89 | Indonesia              |
| Cat's Claw Bark                          | Uncaria tomentosa                      |     | £4.35  | £12.35 | £26.25 | £40.15 | Peru                   |
| Cat's Claw Bark Powder                   | Uncaria tomentosa                      |     | £4.95  | £14.15 | £29.99 | £45.75 | Peru                   |
| Catmint Herb (Catnip)                    | Nepeta cataria                         |     | £4.79  | £13.49 | £28.89 | £44.15 | France                 |
| Cayenne Pepper Powder                    | Capsicum annum & C. frutescens         |     | £1.75  | £4.89  | £10.39 | £15.85 | India                  |
| Celery Seeds                             | Apium graveolens                       |     | £1.55  | £4.45  | £9.35  | £14.39 | India                  |
| Centaury Herb                            | Centaureum erythraea                   |     | £2.85  | £8.05  | £17.15 | £26.19 | Morocco                |
| Chamomile Flowers Powder, German         | Matricaria chamomilla (=recutita)      |     | £2.35  | £6.69  | £14.29 | £21.85 | Egypt                  |
| Chamomile Flowers, German                | Matricaria chamomilla (=recutita)      |     | £3.79  | £10.75 | £22.89 | £34.99 | Egypt                  |
| Chamomile Flowers, Roman                 | Chamaemelum nobile (=Anthemis nobilis) |     | £9.15  | £26.15 | £55.75 | £85.05 | France                 |
| Charcoal Powder, Activated               | From coconut shells                    |     | £2.95  | £8.39  | £17.95 | £27.35 | Malaysia               |
| Chickweed Herb                           | Stellaria media                        |     | £2.75  | £7.89  | £16.75 | £25.59 | Bulgaria               |
| Chicory Root                             | Cichorium intybus                      |     | £1.95  | £5.45  | £11.65 | £17.79 | India                  |
| Chicory Root Powder                      | Cichorium intybus                      |     | £3.35  | £9.55  | £20.29 | £30.95 | Poland                 |
| Chillies                                 | Capsicum frutescens, C. annum          |     | £1.75  | £4.95  | £10.55 | £16.09 | India                  |
| Cinnamon Bark Powder, True (Ceylon)      | Cinnamomum verum (=zeylanicum)         |     | £2.29  | £6.49  | £13.85 | £21.15 | Sri Lanka              |
| Cinnamon Quills, Cassia                  | Cinnamomum cassia (=aromaticum)        |     | £2.55  | £7.25  | £15.39 | £23.49 | Indonesia / Sri Lanka  |
| Cinnamon Sticks, True (Ceylon)           | Cinnamomum verum (=zeylanicum)         |     | £5.69  | £16.35 | £34.75 | £53.05 | Madagascar / Sri Lanka |
| Cleavers Herb (Clivers)                  | Galium aparine                         |     | £2.35  | £6.65  | £14.15 | £21.65 | Bulgaria               |
| Clove Powder                             | Syzygium aromaticum                    |     | £3.55  | £10.05 | £21.39 | £32.65 | Madagascar             |
| Cloves                                   | Syzygium aromaticum                    |     | £3.29  | £9.35  | £19.95 | £30.45 | Madagascar             |
| Cohosh Root Powder, Black                | Cimicifuga racemosa                    |     | £10.05 | £28.69 | £60.99 | £93.19 | USA                    |
| Cohosh Root, Blue                        | Caulophyllum thalictroides             |     | £7.65  | £21.75 | £46.25 | £70.59 | USA                    |
| Coltsfoot Herb*                          | Tussilago farfara                      |     | £2.95  | £8.39  | £17.95 | £27.35 | Bulgaria               |

## C

| Common Name                              | Latin Name   | 10g   | 25g    | 100g   | 250g   | 500g    | Origin            |
|--|--|-------|--------|--------|--------|---------|-------------------|
| Comfrey Herb Powder* (Knitbone)          | Symphytum officinale   |       | £3.75  | £10.59 | £22.55 | £34.49  | Hungary           |
| Comfrey Herb* (Knitbone)                 | Symphytum officinale   |       | £3.79  | £10.75 | £22.89 | £34.99  | Bulgaria          |
| Comfrey Root Powder* (Knitbone)          | Symphytum officinale   |       | £4.05  | £11.45 | £24.55 | £37.39  | Europe            |
| Comfrey Root* (Knitbone)                 | Symphytum officinale   |       | £3.89  | £11.19 | £23.79 | £36.35  | Bulgaria          |
| Coneflower Root (Echinacea Angustifolia) | Echinacea angustifolia   | £6.49 | £14.85 | £42.19 | £89.85 | £137.25 | Germany           |
| Coriander Seed Powder                    | Coriandrum sativum   |       | £1.45  | £4.09  | £8.79  | £13.35  | Spain             |
| Coriander Seeds                          | Coriandrum sativum   |       | £1.45  | £4.09  | £8.79  | £13.35  | Morocco           |
| Cornflowers                              | Centaurea cyanus   | £2.19 | £4.95  | £14.15 | £31.89 | £45.69  | Albania           |
| Cornsilk                                 | Zea mays   |       | £2.75  | £7.89  | £16.75 | £25.59  | Poland / Bulgaria |
| Couch Grass Root (Dog Grass)             | Agropyron repens   |       | £2.19  | £6.25  | £13.25 | £20.29  | Albania           |
| Cowslip Flowers                          | Primula veris  |       | £9.55  | £27.19 | £57.89 | £88.39  | Romania           |
| Cramp Bark                               | Viburnum opulus  |       | £3.89  | £11.09 | £23.59 | £36.05  | India             |
| Cranesbill Herb (Herb Robert)            | Geranium robertianum   |       | £4.09  | £11.69 | £24.89 | £38.05  | USA               |
| Cranesbill Root, American                | Geranium maculatum   | £4.15 | £9.55  | £27.19 | £57.89 | £88.39  | USA               |
| Cumin Seed Powder (Jeera)                | Cuminum cyminum  |       | £1.65  | £4.79  | £10.19 | £15.55  | Turkey / India    |
| Cumin Seeds (Jeera)                      | Cuminum cyminum  |       | £2.35  | £6.65  | £14.15 | £21.65  | India             |
| Curry Powder, Medium (Madras)            | Coriander, Turmeric, Fenugreek, Chilli, Sea Salt, Garlic, Fennel, Cumin, Mustard, Black Pepper |       | £1.95  | £5.45  | £11.65 | £17.79  | Blended UK        |

## D

| Common Name              | Latin Name               | 10g    | 25g    | 100g   | 250g    | 500g    | Origin              |
|--------------------------|--------------------------|--------|--------|--------|---------|---------|---------------------|
| Damiana Leaf Powder      | Turnera diffusa          |        | £5.45  | £15.59 | £33.29  | £50.89  | Mexico              |
| Damiana Leaves           | Turnera diffusa          |        | £3.99  | £11.39 | £24.25  | £36.99  | Mexico              |
| Dandelion Herb           | Taraxacum officinale     |        | £2.29  | £6.55  | £13.95  | £21.29  | Bulgaria            |
| Dandelion Herb Powder    | Taraxacum officinale     |        | £4.95  | £14.15 | £29.99  | £45.75  | Poland              |
| Dandelion Root           | Taraxacum officinale     |        | £3.49  | £9.99  | £21.15  | £32.25  | Various             |
| Dandelion Root Powder    | Taraxacum officinale     |        | £4.09  | £11.75 | £24.95  | £38.15  | Various             |
| Devil's Claw Root        | Harpagophytum procumbens |        | £3.79  | £10.79 | £23.05  | £35.15  | Namibia / S. Africa |
| Devil's Claw Root Powder | Harpagophytum procumbens |        | £4.45  | £12.69 | £26.99  | £41.25  | Namibia             |
| Dill Seeds               | Anethum graveolens       |        | £1.85  | £5.19  | £11.09  | £16.89  | India               |
| Dill Weed                | Anethum graveolens       |        | £3.89  | £10.99 | £23.49  | £35.85  | Germany             |
| Dragon's Blood Powder    | Daemonorops draco        | £13.79 | £31.19 | £89.25 | £189.89 | £289.99 | Indonesia           |

## E

| Common Name               | Latin Name            | 10g | 25g   | 100g   | 250g   | 500g   | Origin     |
|---------------------------|-----------------------|-----|-------|--------|--------|--------|------------|
| Echinacea Purpurea Powder | Echinacea purpurea    |     | £4.05 | £11.45 | £24.55 | £37.39 | EU         |
| Elder Flowers             | Sambucus nigra        |     | £4.25 | £12.15 | £25.79 | £39.39 | Poland     |
| Elder Leaves              | Sambucus nigra        |     | £3.95 | £11.29 | £23.99 | £36.69 | EU         |
| Elderberries              | Sambucus nigra        |     | £3.19 | £9.19  | £19.59 | £29.95 | Europe     |
| Elecampane Root           | Inula helenium        |     | £3.19 | £9.19  | £19.59 | £29.95 | Bulgaria   |
| Eucalyptus Leaves         | Eucalyptus globulus   |     | £1.85 | £5.19  | £11.19 | £17.09 | EU / India |
| Eyebright Herb            | Euphrasia officinalis |     | £3.79 | £10.89 | £23.15 | £35.35 | Bulgaria   |
| Eyebright Herb Powder     | Euphrasia officinalis |     | £6.35 | £18.09 | £38.49 | £58.85 | Europe     |

\*Not for internal use

## F

| Common Name                   | Latin Name                | 10g   | 25g    | 100g   | 250g    | 500g    | Origin        |
|-------------------------------|---------------------------|-------|--------|--------|---------|---------|---------------|
| Fennel Herb                   | Foeniculum vulgare        |       | £2.69  | £7.49  | £15.89  | £24.35  | Spain / Egypt |
| Fennel Seed Powder            | Foeniculum vulgare        |       | £1.55  | £4.45  | £9.55   | £14.49  | India         |
| Fennel Seeds                  | Foeniculum vulgare        |       | £1.49  | £4.25  | £9.09   | £13.85  | India / Egypt |
| Fenugreek Seed Powder (Methi) | Trigonella foenum-graecum |       | £1.35  | £3.79  | £8.09   | £12.39  | India         |
| Fenugreek Seeds (Methi)       | Trigonella foenum-graecum |       | £1.39  | £3.89  | £8.29   | £12.69  | India         |
| Feverfew Herb                 | Tanacetum parthenium      |       | £3.79  | £10.89 | £23.15  | £35.35  | EU            |
| Feverfew Herb Powder          | Tanacetum parthenium      |       | £5.35  | £15.35 | £32.65  | £49.89  | EU            |
| Figwort Herb                  | Scrophularia nodosa       |       | £7.39  | £20.99 | £44.69  | £68.29  | USA           |
| Fleabane (Mountain Tea)       | Sideritis scardica        |       | £3.89  | £11.09 | £23.59  | £36.05  | Macedonia     |
| Fringetree Bark               | Chionanthus virginicus    | £8.79 | £19.95 | £57.05 | £121.45 | £185.45 | USA           |
| Fumitory Herb                 | Fumaria officinalis       |       | £4.55  | £12.79 | £27.19  | £41.55  | EU            |

## G

| Common Name                          | Latin Name  | 10g   | 25g    | 100g   | 250g   | 500g    | Origin     |
|--------------------------------------|---|-------|--------|--------|--------|---------|------------|
| Galangal Root                        | Alpinia officinarum   |       | £3.09  | £8.99  | £19.19 | £29.29  | China      |
| Garam Masala Powder                  | Coriander Seed, Cumin Seed, Cassia, Ginger, Black Pepper & Cloves |       | £1.95  | £5.49  | £11.75 | £17.89  | Blended UK |
| Garlic Powder                        | Allium sativum  |       | £1.29  | £3.65  | £7.75  | £11.79  | China      |
| Gentian Root                         | Gentiana lutea  |       | £5.79  | £16.59 | £35.29 | £53.95  | EU         |
| Gentian Root Powder                  | Gentiana lutea  |       | £7.89  | £22.45 | £47.69 | £72.79  | Various    |
| Ginger Root                          | Zingiber officinale   |       | £1.65  | £4.79  | £10.09 | £15.39  | Nigeria    |
| Ginger Root Powder                   | Zingiber officinale   |       | £1.95  | £5.45  | £11.65 | £17.79  | India      |
| Ginkgo Leaf Powder (Maidenhair Tree) | Ginkgo biloba   |       | £3.35  | £9.45  | £20.15 | £30.79  | China      |
| Ginkgo Leaves (Maidenhair Tree)      | Ginkgo biloba   |       | £2.95  | £8.49  | £18.05 | £27.55  | China      |
| Ginseng Root Powder, Siberian        | Eleutherococcus senticosus  |       | £3.39  | £9.65  | £20.49 | £31.29  | China      |
| Ginseng Root, White Korean           | Panax ginseng   | £6.09 | £13.79 | £39.35 | £83.79 | £127.89 | China      |
| Goat's Rue Herb                      | Galega officinalis  |       | £3.39  | £9.65  | £20.59 | £31.39  | Bulgaria   |
| Goldenrod Herb, Giant                | Solidago gigantea   |       | £2.35  | £6.65  | £14.15 | £21.65  | Hungary    |
| Gotu Kola (Hydrocotyle)              | Centella asiatica   |       | £2.99  | £8.55  | £18.15 | £27.75  | Madagascar |
| Gotu Kola Powder (Hydrocotyle)       | Centella asiatica   |       | £6.05  | £17.25 | £36.65 | £55.95  | India      |
| Gravel Root                          | Eutrochium (=Eupatorium) purpureum                                |       | £8.69  | £24.69 | £52.59 | £80.29  | USA        |
| Grindelia Herb (Gumweed)             | Grindelia robusta   |       | £4.45  | £12.49 | £26.69 | £40.75  | France     |
| Ground Ivy Herb                      | Glechoma hederacea  |       | £4.65  | £13.19 | £28.09 | £42.89  | Europe     |
| Guinea Pepper (Grains of Paradise)   | Aframomum melegueta   |       | £7.19  | £20.45 | £43.55 | £66.45  | Africa     |

## H

| Common Name                  | Latin Name           | 10g | 25g   | 100g   | 250g   | 500g   | Origin  |
|------------------------------|----------------------|-----|-------|--------|--------|--------|---------|
| Hawthorn Berries             | Crataegus sp.        |     | £2.55 | £7.25  | £15.39 | £23.49 | EU      |
| Hawthorn Berry Powder        | Crataegus sp.        |     | £3.85 | £10.99 | £23.35 | £35.65 | Albania |
| Hawthorn Tops                | Crataegus sp.        |     | £2.49 | £7.05  | £15.05 | £22.99 | EU      |
| Heartsease Herb (Wild Pansy) | Viola tricolor       |     | £3.09 | £8.69  | £18.49 | £28.25 | EU      |
| Heather Flowers              | Calluna vulgaris     |     | £4.89 | £13.89 | £29.59 | £45.15 | Poland  |
| Henna Powder, Black          | Indigofera tinctoria |     | £2.99 | £8.65  | £18.35 | £28.05 | Iran    |

## H

| Common Name                        | Latin Name                             | 10g | 25g   | 100g   | 250g   | 500g   | Origin            |
|------------------------------------|--|-----|-------|--------|--------|--------|-------------------|
| Henna Powder, Neutral              | <i>Senna italica</i> (=Cassia obovata) |     | £3.79 | £10.75 | £22.89 | £34.99 | India             |
| Henna Powder, Red                  | <i>Lawsonia inermis</i>                |     | £2.45 | £6.95  | £14.75 | £22.55 | India             |
| Hibiscus Flowers (Jamaican Sorrel) | <i>Hibiscus sabdariffa</i>             |     | £2.55 | £7.25  | £15.39 | £23.49 | Africa            |
| Hops                               | <i>Humulus lupulus</i>                 |     | £3.49 | £9.99  | £21.15 | £32.25 | Germany           |
| Horehound, Black                   | <i>Ballota nigra</i>                   |     | £3.59 | £10.15 | £21.59 | £32.95 | Hungary / Albania |
| Horehound, White                   | <i>Marrubium vulgare</i>               |     | £3.79 | £10.75 | £22.89 | £34.99 | Bulgaria / Poland |
| Horseradish Root Powder            | <i>Armoracia rusticana</i>             |     | £4.69 | £13.35 | £28.45 | £43.45 | China             |
| Horsetail Herb                     | <i>Equisetum arvense</i>               |     | £2.55 | £7.25  | £15.39 | £23.49 | Spain             |
| Horsetail Herb Powder              | <i>Equisetum arvense</i>               |     | £5.09 | £14.49 | £30.89 | £47.15 | Europe            |
| Hydrangea Root                     | <i>Hydrangea arborescens</i>           |     | £8.69 | £24.79 | £52.79 | £80.69 | USA               |
| Hyssop Herb                        | <i>Hyssopus officinalis</i>            |     | £2.39 | £6.75  | £14.39 | £21.95 | Hungary           |

## I

| Common Name                             | Latin Name              | 10g | 25g   | 100g   | 250g   | 500g   | Origin  |
|---|-------------------------|-----|-------|--------|--------|--------|---------|
| Irish Moss (Carageenan, Organic)        | <i>Chondrus crispus</i> |     | £4.69 | £12.69 | £26.59 | £40.55 | Ireland |
| Irish Moss Powder (Carageenan)          | <i>Chondrus crispus</i> |     | £7.39 | £21.05 | £44.79 | £68.49 | France  |
| Irish Moss Purple (Carageenan, Organic) | <i>Chondrus crispus</i> |     | £5.55 | £15.95 | £33.79 | £51.79 | Ireland |
| Ispaghula Husks (Psyllium)              | <i>Plantago ovata</i>   |     | £4.55 | £12.79 | £27.19 | £41.55 | India   |

## J

| Common Name                | Latin Name                             | 10g | 25g   | 100g   | 250g   | 500g   | Origin  |
|----------------------------|--|-----|-------|--------|--------|--------|---------|
| Jamaican Dogwood Root Bark | <i>Piscidia piscipula</i> (=erythrina) |     | £5.05 | £14.35 | £30.55 | £46.65 | Jamaica |
| Jasmine Flowers            | <i>Jasminum officinale</i>             |     | £4.15 | £11.89 | £25.39 | £38.75 | China   |
| Juniper Berries            | <i>Juniperus communis</i>              |     | £3.85 | £10.99 | £23.49 | £35.85 | Italy   |

## K

| Common Name            | Latin Name                 | 10g | 25g   | 100g  | 250g   | 500g   | Origin     |
|------------------------|----------------------------|-----|-------|-------|--------|--------|------------|
| Kelp Powder, Norwegian | <i>Ascophyllum nodosum</i> |     | £1.95 | £5.39 | £11.45 | £17.59 | France     |
| Knotgrass Herb         | <i>Polygonum aviculare</i> |     | £2.35 | £6.59 | £14.15 | £21.49 | Czech Rep. |

## L

| Common Name                   | Latin Name   | 10g | 25g   | 100g   | 250g   | 500g   | Origin   |
|-------------------------------|--|-----|-------|--------|--------|--------|----------|
| Lady's Bedstraw Herb          | <i>Galium verum</i>  |     | £3.39 | £9.55  | £20.39 | £31.09 | Hungary  |
| Lady's Mantle Herb            | <i>Alchemilla vulgaris</i>   |     | £3.95 | £11.25 | £23.89 | £36.49 | Turkey   |
| Lapacho Bark (Pau D'arco)     | <i>Handroanthus</i> (=Tabebuia) <i>impetiginosus</i>                                   |     | £3.09 | £8.85  | £18.79 | £28.69 | Brazil   |
| Lavender Flowers              | <i>Lavandula</i> sp.   |     | £4.35 | £12.25 | £26.09 | £39.89 | France   |
| Lemon Peel                    | <i>Citrus limon</i>  |     | £2.99 | £8.55  | £18.15 | £27.75 | Turkey   |
| Lemon Verbena Leaves          | <i>Aloysia citriodora</i> (=triphyllo)   |     | £4.69 | £13.29 | £28.35 | £43.25 | Morocco  |
| Lemongrass Herb               | <i>Cymbopogon citratus</i>   |     | £2.35 | £6.59  | £14.15 | £21.49 | Egypt    |
| Lime Flowers (Linden Blossom) | <i>Tilia tomentosa</i> , <i>T. europaea</i> , or <i>T. cordata</i> depending on supply |     | £5.55 | £15.79 | £33.65 | £51.39 | Bulgaria |
| Liquorice Root Powder         | <i>Glycyrrhiza glabra</i>  |     | £2.25 | £6.25  | £13.39 | £20.49 | Spain    |
| Liquorice Root Sticks         | <i>Glycyrrhiza glabra</i>  |     | £4.05 | £11.55 | £24.55 | £37.45 | Iran     |
| Liquorice Root, Decorticated  | <i>Glycyrrhiza glabra</i>  |     | £2.85 | £8.05  | £17.15 | £26.19 | China    |
| Lungwort Herb                 | <i>Pulmonaria officinalis</i>  |     | £3.99 | £11.45 | £24.35 | £37.19 | EU       |

## M

| Common Name                          | Latin Name  | 10g   | 25g    | 100g   | 250g   | 500g    | Origin             |
|--------------------------------------|---|-------|--------|--------|--------|---------|--------------------|
| Mallow Herb                          | Malva sylvestris  |       | £4.79  | £13.49 | £28.89 | £44.15  | Bulgaria           |
| Marigold Petals (Calendula)          | Calendula officinalis   |       | £2.85  | £8.15  | £17.45 | £26.59  | Egypt              |
| Marjoram Herb, Sweet                 | Origanum majorana   |       | £1.85  | £5.19  | £11.09 | £16.89  | Egypt              |
| Marshmallow Herb                     | Althaea officinalis   |       | £3.09  | £8.79  | £18.69 | £28.59  | Bulgaria / Poland  |
| Marshmallow Root                     | Althaea officinalis   |       | £3.35  | £9.45  | £20.15 | £30.79  | Bulgaria / Poland  |
| Marshmallow Root Powder              | Althaea officinalis   |       | £3.89  | £11.09 | £23.59 | £36.05  | Europe             |
| Meadowsweet Herb                     | Filipendula ulmaria   |       | £2.25  | £6.35  | £13.49 | £20.59  | Poland / Hungary   |
| Meadowsweet Herb Powder              | Filipendula ulmaria   |       | £2.99  | £8.65  | £18.35 | £28.05  | Europe             |
| Melilot Herb (Sweet Clover)          | Melilotus officinalis   |       | £3.89  | £11.15 | £23.65 | £36.15  | Europe             |
| Milkthistle Seed Powder              | Silybum marianum (=Carduus marianus)  |       | £2.69  | £7.49  | £15.89 | £24.35  | Europe             |
| Milkthistle Seeds                    | Silybum marianum (=Carduus marianus)  |       | £1.99  | £5.59  | £11.95 | £18.29  | Ukraine            |
| Mint                                 | Mentha piperita   |       | £1.99  | £5.55  | £11.85 | £18.09  | Egypt              |
| Mistletoe Herb                       | Viscum album  |       | £2.69  | £7.69  | £16.39 | £24.95  | Romania / Bulgaria |
| Mixed Herbs                          | Basil, Marjoram, Oregano, Parsley, Sage and Thyme                                   |       | £2.55  | £7.25  | £15.39 | £23.49  | Blended UK         |
| Mixed Spice Powder                   | Coriander Seed, Cinnamon (Verum), Ginger, Mustard, Nutmeg, Fennel, Clove & Cardamom |       | £2.29  | £6.55  | £13.95 | £21.29  | Blended UK         |
| Moringa Leaf Powder                  | Moringa oleifera  |       | £4.95  | £14.15 | £29.99 | £45.75  | Paraguay           |
| Moringa Seeds                        | Moringa oleifera  | £4.85 | £10.89 | £31.15 | £66.29 | £101.25 | India              |
| Motherwort Herb                      | Leonurus cardiaca   |       | £2.79  | £7.89  | £16.79 | £25.69  | Poland             |
| Motherwort Herb Powder               | Leonurus cardiaca   |       | £3.75  | £10.55 | £22.45 | £34.29  | Germany / Poland   |
| Mountain Ash Berries (Rowan Berries) | Sorbus aucuparia  |       | £2.99  | £8.55  | £18.15 | £27.75  | Bulgaria           |
| Mouse-Ear Hawkweed Herb              | Pilosella officinarum   |       | £5.49  | £15.69 | £33.45 | £50.95  | Bulgaria           |
| Mugwort Herb                         | Artemisia vulgaris  |       | £2.45  | £6.95  | £14.85 | £22.65  | Hungary            |
| Muiru Puama Bark                     | Ptychopetalum olacoides   |       | £2.95  | £8.39  | £17.95 | £27.35  | Brazil             |
| Muiru Puama Bark Powder              | Ptychopetalum olacoides   |       | £3.65  | £10.29 | £21.85 | £33.45  | Brazil             |
| Mullein Flowers, Great               | Verbascum thapsus   |       | £7.05  | £20.19 | £42.95 | £65.49  | Egypt              |
| Mullein Herb, Great                  | Verbascum thapsus   |       | £2.45  | £6.95  | £14.75 | £22.55  | Bulgaria           |
| Mustard Seed Powder, Mix             | Brassica juncea & Sinapis alba  |       | £3.09  | £8.65  | £18.35 | £28.05  | Canada             |
| Mustard Seeds, Black                 | Brassica juncea   |       | £1.55  | £4.45  | £9.55  | £14.49  | Canada / India     |
| Mustard Seeds, White                 | Sinapis alba (=Brassica hirta)  |       | £3.49  | £9.99  | £21.29 | £32.45  | Ukraine            |

## N

| Common Name            | Latin Name         | 10g | 25g   | 100g   | 250g   | 500g   | Origin            |
|------------------------|--------------------|-----|-------|--------|--------|--------|-------------------|
| Nettle Herb            | Urtica dioica      |     | £2.35 | £6.65  | £14.15 | £21.65 | Europe            |
| Nettle Root            | Urtica dioica      |     | £3.89 | £10.99 | £23.49 | £35.85 | Bulgaria / Serbia |
| Nettle Root Powder     | Urtica dioica      |     | £4.79 | £13.69 | £29.09 | £44.45 | Europe            |
| Nettle Seeds (Organic) | Urtica dioica      |     | £6.39 | £19.59 | £41.69 | £70.99 | EU                |
| Nutmeg Powder          | Myristica fragrans |     | £3.75 | £10.55 | £22.45 | £34.29 | Indonesia         |
| Nutmegs, Whole         | Myristica fragrans |     | £4.15 | £11.85 | £25.25 | £38.49 | Indonesia         |

## O

| Common Name                | Latin Name   | 10g | 25g   | 100g   | 250g   | 500g   | Origin    |
|----------------------------|--|-----|-------|--------|--------|--------|-----------|
| Oak Bark                   | Quercus robur  |     | £2.95 | £8.49  | £18.05 | £27.55 | Hungary   |
| Oak Bark Powder            | Quercus robur  |     | £4.35 | £12.39 | £26.29 | £40.19 | Europe    |
| Olive Leaves               | Olea europaea  |     | £1.85 | £5.15  | £10.99 | £16.75 | Spain     |
| Orange Peel, Sweet         | Citrus x sinensis  |     | £2.05 | £5.79  | £12.39 | £18.95 | Turkey    |
| Orange Slices Dried, Sweet | Citrus x sinensis  |     | £3.85 | £10.99 | £23.49 | £35.85 | S. Africa |
| Oregano Herb               | Origanum vulgare or Origanum onites (Wild or Pot marjoram) |     | £2.05 | £5.79  | £12.35 | £18.69 | Turkey    |
| Oregon Mountain Grape Root | Mahonia (=Berberis) aquifolium                             |     | £7.39 | £21.05 | £44.79 | £68.49 | USA       |
| Orris Root Powder          | Iris x germanica   |     | £6.25 | £17.85 | £37.95 | £57.99 | Morocco   |

## P

| Common Name                         | Latin Name   | 10g   | 25g    | 100g   | 250g   | 500g    | Origin            |
|-------------------------------------|--|-------|--------|--------|--------|---------|-------------------|
| Paprika Powder                      | Capsicum annuum  |       | £1.55  | £4.45  | £9.55  | £14.49  | Spain             |
| Paprika Powder, Smoked              | Capsicum annuum  |       | £3.35  | £9.55  | £20.29 | £30.95  | Spain             |
| Parsley Herb                        | Petroselinum crispum   |       | £2.49  | £7.05  | £14.99 | £22.85  | UK                |
| Partridge Berry Herb (Squaw Vine)   | Mitchella repens   | £5.69 | £12.99 | £36.99 | £78.79 | £120.35 | USA               |
| Passiflora Herb (Passion Flower)    | Passiflora incarnata   |       | £2.89  | £8.19  | £17.45 | £26.69  | Italy             |
| Patchouli Leaves                    | Pogostemon cablin  |       | £5.69  | £16.29 | £34.65 | £52.95  | Indonesia         |
| Pellitory-of-the-wall Herb, Eastern | Parietaria officinalis   |       | £3.79  | £10.89 | £23.15 | £35.35  | Italy             |
| Pennyroyal Herb, European           | Mentha pulegium  |       | £3.79  | £10.79 | £23.05 | £35.15  | Morocco / Hungary |
| Peony Petals                        | Paeonia officinalis  |       | £8.55  | £24.29 | £56.15 | £78.89  | Bulgaria          |
| Pepper Powder, Black                | Piper nigrum   |       | £3.29  | £9.29  | £19.75 | £30.25  | Brazil            |
| Peppercorns, Black                  | Piper nigrum   |       | £4.05  | £11.45 | £24.55 | £37.39  | Vietnam           |
| Peppercorns, Pink                   | Schinus terebinthifolius   |       | £5.05  | £14.35 | £30.55 | £46.65  | Brazil            |
| Peppermint Herb                     | Mentha x piperita  |       | £2.05  | £5.79  | £12.35 | £18.69  | Poland            |
| Pickling Spice                      | Coriander, Yellow Mustard Seed, Ginger, Cassia, Bay leaves, Cloves, Allspice, Birds Eye Chillies & Black Peppercorns |       | £2.09  | £6.05  | £12.85 | £19.59  | Mixed in UK       |
| Pimento Berries (Allspice)          | Pimenta dioica (=officinalis)  |       | £3.09  | £8.75  | £18.55 | £28.39  | C. America        |
| Pipsissewa Herb (Prince's Pine)     | Chimaphila umbellata   |       | £10.65 | £30.45 | £64.85 | £98.99  | USA               |
| Plantain Herb Powder, Broadleaf     | Plantago major   |       | £3.89  | £11.15 | £23.65 | £36.15  | EU                |
| Plantain Herb, Narrowleaf           | Plantago lanceolata  |       | £2.85  | £8.15  | £17.45 | £26.59  | Poland            |
| Poke Root                           | Phytolacca americana (=decandra)   |       | £7.65  | £21.85 | £46.49 | £70.99  | Various           |
| Polypody Root                       | Polypodium vulgare   |       | £5.89  | £16.79 | £35.79 | £54.59  | Bosnia            |
| Poppy Seeds                         | Papaver somniferum   |       | £1.95  | £5.49  | £11.75 | £17.89  | Czech Rep.        |
| Prickly Ash Bark                    | Zanthoxylum clava-herculis   |       | £5.79  | £16.49 | £35.09 | £53.65  | USA               |
| Psyllium Seeds, Blonde              | Plantago ovata   |       | £3.09  | £8.79  | £18.69 | £28.59  | India             |
| Psyllium Seeds, Dark                | Plantago psyllium  |       | £3.09  | £9.09  | £19.39 | £29.59  | Poland            |

## Q

| Common Name            | Latin Name       | 10g | 25g   | 100g   | 250g   | 500g   | Origin  |
|------------------------|------------------|-----|-------|--------|--------|--------|---------|
| Quassia Bark, Jamaican | Picrasma excelsa |     | £4.09 | £11.65 | £24.79 | £37.85 | Jamaica |

## R

| Common Name               | Latin Name  | 10g | 25g   | 100g   | 250g   | 500g   | Origin        |
|---------------------------|---|-----|-------|--------|--------|--------|---------------|
| Raspberry Leaf Powder     | Rubus idaeus  |     | £4.15 | £11.79 | £25.15 | £38.39 | Serbia        |
| Raspberry Leaves          | Rubus idaeus  |     | £2.49 | £7.19  | £15.29 | £23.29 | Bulgaria      |
| Red Clover Blossom Powder | Trifolium pratense  |     | £4.95 | £14.15 | £29.99 | £45.75 | Albania       |
| Red Clover Blossoms       | Trifolium pratense  |     | £4.15 | £11.89 | £25.39 | £38.75 | Albania       |
| Rhubarb Root Powder       | Rheum plantarum, R. officinale, or a hybrid between the two |     | £4.79 | £13.69 | £29.09 | £44.45 | China         |
| Rose Buds, Pink           | Rosa x centifolia   |     | £7.29 | £20.79 | £47.85 | £67.55 | Morocco       |
| Rose Buds, Red            | Rosa x centifolia   |     | £8.59 | £24.45 | £56.65 | £79.39 | Pakistan      |
| Rose Buds, Yellow         | Rosa x damascena  |     | £5.69 | £16.35 | £37.19 | £52.99 | Iran          |
| Rose Petals, Red          | Rosa x centifolia/Rosa gallica                              |     | £3.29 | £9.29  | £17.55 | £30.15 | Pakistan      |
| Rosehip Granules          | Rosa canina   |     | £3.09 | £8.65  | £18.35 | £28.05 | Chile / China |
| Rosehips, Whole           | Rosa canina   |     | £2.19 | £6.25  | £13.25 | £20.29 | Various       |
| Rosemary Herb             | Rosmarinus officinalis                                      |     | £1.49 | £4.15  | £8.99  | £13.75 | Spain         |
| Rosemary Herb Powder      | Rosmarinus officinalis                                      |     | £1.55 | £4.45  | £9.55  | £14.49 | Spain         |
| Rue Herb                  | Ruta graveolens   |     | £3.55 | £10.09 | £21.49 | £32.75 | Poland        |

## S

| Common Name                  | Latin Name                                     | 10g   | 25g    | 100g   | 250g   | 500g    | Origin   |
|------------------------------|--|-------|--------|--------|--------|---------|----------|
| Saffron Threads, Box of 1g   | Crocus sativus                                 |       |        | £6.59  |        |         | Spain    |
| Sage Herb                    | Salvia officinalis & S. fruticosa (=triloba)   |       | £1.75  | £4.89  | £10.39 | £15.85  | Turkey   |
| Sage Herb Powder             | Salvia officinalis & S. fruticosa (=triloba)   |       | £3.19  | £9.09  | £19.39 | £29.59  | Turkey   |
| Sage Herb Powder, Red Garden | Salvia officinalis (Red cultivar)              |       | £4.45  | £12.69 | £26.99 | £41.25  | Albania  |
| Sarsaparilla Root            | Smilax officinalis                             |       | £4.79  | £13.49 | £28.89 | £44.15  | Mexico   |
| Sarsaparilla Root Powder     | Smilax officinalis                             |       | £9.05  | £25.85 | £54.99 | £84.05  | Mexico   |
| Saw Palmetto Berries         | Serenoa repens (=Sabal serrulata)              | £5.79 | £13.15 | £37.59 | £80.05 | £122.19 | USA      |
| Saw Palmetto Berry Powder    | Serenoa repens (=Sabal serrulata)              | £6.39 | £14.55 | £41.55 | £88.39 | £135.05 | USA      |
| Scullcap Herb                | Scutellaria lateriflora                        |       | £12.49 | £35.85 | £76.25 | £116.49 | USA      |
| Scullcap Herb Powder         | Scutellaria lateriflora                        |       | £9.15  | £26.09 | £55.55 | £84.85  | USA      |
| Self Heal Herb               | Prunella vulgaris                              |       | £7.59  | £21.59 | £45.95 | £70.15  | China    |
| Senna Leaf Powder            | Senna alexandrina (=Cassia senna/angustifolia) |       | £3.55  | £10.09 | £21.49 | £32.75  | India    |
| Senna Leaves                 | Senna alexandrina (=Cassia senna/angustifolia) |       | £1.75  | £5.05  | £10.75 | £16.45  | India    |
| Senna Pods                   | Senna alexandrina (=Cassia senna/angustifolia) |       | £2.09  | £5.89  | £12.49 | £19.15  | India    |
| Shepherd's Purse Herb        | Capsella bursa-pastoris                        |       | £2.45  | £7.05  | £14.99 | £22.85  | EU       |
| Slippery Elm Bark Powder     | Ulmus rubra                                    |       | £9.99  | £28.55 | £60.79 | £92.85  | USA      |
| Small Flowered Willow Herb   | Epilobium parviflorum                          |       | £3.95  | £11.25 | £23.89 | £36.49  | Serbia   |
| Soapwort Herb                | Saponaria officinalis                          |       | £4.55  | £12.79 | £27.19 | £41.55  | Bulgaria |
| Soapwort Root                | Saponaria officinalis                          |       | £3.79  | £10.79 | £23.05 | £35.15  | Bulgaria |
| Southernwood Herb            | Artemisia abrotanum                            |       | £3.55  | £10.05 | £21.39 | £32.65  | Poland   |
| Spearmint                    | Mentha piperita                                |       | £1.99  | £5.55  | £11.85 | £18.09  | Egypt    |
| Speedwell Herb               | Veronica officinalis                           |       | £2.59  | £7.45  | £15.85 | £24.19  | Bulgaria |
| St John's Wort Herb, Common  | Hypericum perforatum                           |       | £2.09  | £5.89  | £12.49 | £19.15  | Poland   |
| Strawberry Leaves            | Fragaria vesca                                 |       | £2.99  | £8.59  | £18.29 | £27.95  | Bulgaria |

## T

| Common Name                 | Latin Name            | 10g   | 25g    | 100g   | 250g   | 500g    | Origin    |
|-----------------------------|-----------------------|-------|--------|--------|--------|---------|-----------|
| Tansy Herb                  | Tanacetum vulgare     |       | £3.79  | £10.75 | £22.89 | £34.99  | EU        |
| Tarragon Herb               | Artemisia dracunculus |       | £4.15  | £12.05 | £25.59 | £39.09  | EU        |
| Thuja Leaves (Tree of Life) | Thuja occidentalis    |       | £5.09  | £14.45 | £30.79 | £46.95  | EU / USA  |
| Thyme Herb                  | Thymus vulgaris       |       | £1.49  | £4.15  | £8.99  | £13.75  | N. Africa |
| Thyme Herb, Lemon           | Thymus citriodorus    | £6.39 | £14.49 | £41.35 | £87.99 | £134.35 | Spain     |
| Thyme Herb, Wild            | Thymus serpyllum      |       | £2.69  | £7.55  | £16.09 | £24.55  | Europe    |
| Tonquin Beans (Tonka)       | Dipteryx odorata      | £5.35 | £12.15 | £34.55 | £73.49 | £112.19 | Brazil    |
| Tormentil Root              | Potentilla erecta     |       | £5.99  | £16.95 | £36.09 | £55.09  | Europe    |
| Tormentil Root Powder       | Potentilla erecta     |       | £6.25  | £17.89 | £38.05 | £58.15  | Poland    |
| Turmeric Root Powder        | Curcuma longa         |       | £1.85  | £5.19  | £11.09 | £16.89  | India     |

## V

| Common Name          | Latin Name            | 10g | 25g   | 100g   | 250g   | 500g   | Origin   |
|----------------------|-----------------------|-----|-------|--------|--------|--------|----------|
| Valerian Root        | Valeriana officinalis |     | £3.75 | £10.55 | £22.45 | £34.29 | Poland   |
| Valerian Root Powder | Valeriana officinalis |     | £3.95 | £11.19 | £23.79 | £36.35 | Poland   |
| Vanilla Pods Each    | Vanilla planifolia    |     |       | £3.39  |        |        | Various  |
| Vervain Herb         | Verbena officinalis   |     | £2.75 | £7.89  | £16.75 | £25.59 | Bulgaria |
| Vine Leaves          | Vitis vinifera        |     | £3.65 | £10.35 | £22.05 | £33.65 | Bulgaria |
| Violet Leaves, Sweet | Viola Odorata         |     | £6.39 | £18.29 | £38.85 | £59.29 | Italy    |

## W

| Common Name              | Latin Name                | 10g | 25g   | 100g   | 250g   | 500g   | Origin   |
|--------------------------|---------------------------|-----|-------|--------|--------|--------|----------|
| Walnut Leaves            | Juglans regia             |     | £3.79 | £10.79 | £23.05 | £35.15 | Bulgaria |
| White Poplar Bark        | Populus alba, Populus sp. |     | £6.25 | £17.85 | £37.95 | £57.99 | Poland   |
| White Willow Bark        | Salix alba                |     | £2.69 | £7.55  | £16.09 | £24.55 | Bulgaria |
| White Willow Bark Powder | Salix alba                |     | £4.05 | £11.45 | £24.55 | £37.39 | Europe   |
| Wild Cherry Bark         | Prunus serotina           |     | £5.69 | £16.19 | £34.55 | £52.75 | USA      |
| Wild Lettuce Herb        | Lactuca virosa            |     | £4.79 | £13.39 | £28.55 | £43.59 | Europe   |
| Wild Yam Root            | Dioscorea villosa         |     | £4.15 | £12.05 | £25.59 | £39.09 | Mexico   |
| Wild Yam Root Powder     | Dioscorea villosa         |     | £3.75 | £10.69 | £22.79 | £34.79 | Mexico   |
| Witch Hazel Bark         | Hamamelis virginiana      |     | £6.65 | £19.05 | £40.49 | £61.85 | USA / EU |
| Witch Hazel Leaves       | Hamamelis virginiana      |     | £4.45 | £12.49 | £26.69 | £40.75 | USA / EU |
| Wood Betony Herb         | Stachys officinalis       |     | £3.79 | £10.75 | £22.89 | £34.99 | Bulgaria |
| Wood Sage Herb           | Teucrium scorodonia       |     | £5.69 | £16.39 | £34.95 | £53.25 | Germany  |
| Woodruff Herb            | Galium odoratum           |     | £6.95 | £19.65 | £41.79 | £63.85 | Europe   |
| Wormwood Herb            | Artemisia absinthium      |     | £2.59 | £7.29  | £15.59 | £23.89 | EU       |
| Wormwood Herb Powder     | Artemisia absinthium      |     | £4.69 | £13.35 | £28.45 | £43.45 | Europe   |

## Y

| Common Name        | Latin Name           | 10g | 25g   | 100g   | 250g   | 500g   | Origin  |
|--------------------|----------------------|-----|-------|--------|--------|--------|---------|
| Yarrow Herb        | Achillea millefolium |     | £2.59 | £7.29  | £15.59 | £23.89 | Hungary |
| Yarrow Herb Powder | Achillea millefolium |     | £3.79 | £10.69 | £22.79 | £34.79 | EU      |
| Yellow Dock Root   | Rumex crispus        |     | £3.59 | £10.25 | £21.85 | £33.29 | Various |

## Organic Herbs

All our organic herbs and packaging processes are fully certified by the Soil Association.



| Common Name                              | Latin Name                        | 10g   | 25g    | 100g   | 250g   | 500g    | Origin            |
|--|-----------------------------------|-------|--------|--------|--------|---------|-------------------|
| Burdock Root                             | Arctium lappa                     |       | £3.45  | £10.49 | £22.25 | £37.89  | Poland            |
| Chamomile Flowers (German)               | Matricaria recutita (=chamomilla) |       | £3.79  | £11.69 | £24.89 | £42.39  | Croatia / Egypt   |
| Chickweed Herb                           | Stellaria media                   |       | £3.99  | £12.35 | £26.19 | £44.55  | Europe            |
| Cleavers Herb (Clivers)                  | Galium aparine                    |       | £3.45  | £10.49 | £22.25 | £37.89  | Bulgaria          |
| Comfrey Herb* (Knitbone)                 | Symphytum officinale              |       | £3.49  | £10.65 | £22.75 | £38.65  | Croatia           |
| Comfrey Root* (Knitbone)                 | Symphytum officinale              |       | £3.85  | £11.85 | £25.15 | £42.85  | Europe            |
| Coneflower Root (Echinacea Angustifolia) | Echinacea angustifolia            | £4.35 | £9.85  | £30.15 | £64.15 | £109.15 | Germany           |
| Dandelion Herb                           | Taraxacum officinale              |       | £3.79  | £11.59 | £24.69 | £41.99  | Poland            |
| Dandelion Root                           | Taraxacum officinale              |       | £4.09  | £12.49 | £26.69 | £45.39  | Poland / Morocco  |
| Echinacea Root (Purpurea)                | Echinacea purpurea                |       | £8.59  | £26.35 | £56.05 | £95.45  | Germany           |
| Elderflower                              | Sambucus nigra                    |       | £4.15  | £12.95 | £27.49 | £46.79  | Bosnia / Romania  |
| Guarana Powder                           |                                   |       |        | £7.29  | £13.49 | £22.85  | Bosnia / Romania  |
| Hawthorn Berries                         | Crataegus sp.                     |       | £3.09  | £9.79  | £20.79 | £35.35  | Poland            |
| Irish Moss (Carageenan)                  | Chondrus crispus                  |       | £4.69  | £12.69 | £26.59 | £40.55  | Ireland           |
| Irish Moss, Purple (Carageenan)          | Chondrus crispus                  |       | £5.55  | £15.95 | £33.79 | £51.79  | Ireland           |
| Lime Flowers                             | Tilia cordata                     |       | £6.75  | £20.75 | £44.15 | £75.09  | Europe            |
| Liquorice Root                           | Glycyrrhiza glabra                |       | £3.49  | £10.75 | £22.85 | £38.85  | Various           |
| Marshmallow Root                         | Althea officinalis                |       | £3.59  | £10.99 | £23.29 | £39.59  | Europe            |
| Mistletoe Herb                           | Viscum album                      |       | £3.45  | £10.49 | £22.29 | £37.95  | Poland            |
| Nettle Herb                              | Urtica dioica                     |       | £3.59  | £10.99 | £23.29 | £39.59  | EU                |
| Oat Tops, Milky                          | Avena sativa                      |       | £3.89  | £11.89 | £25.35 | £43.09  | Poland            |
| Passiflora Herb (Passion Flower)         | Passiflora incarnata              |       | £3.79  | £11.69 | £24.89 | £42.39  | EU                |
| Peppermint Herb                          | Mentha x piperita                 |       | £3.55  | £10.89 | £23.05 | £39.19  | Various           |
| Raspberry Leaves                         | Rubus idaeus                      |       | £3.59  | £10.99 | £23.39 | £39.85  | Europe            |
| Rosemary Herb                            | Rosmarinus officinalis            |       | £2.75  | £8.29  | £17.79 | £30.15  | Morocco           |
| Sage Herb                                | Salvia officinalis                |       | £3.49  | £10.65 | £22.65 | £38.45  | Europe            |
| Scullcap Herb                            | Scutellaria lateriflora           |       | £14.15 | £43.55 | £92.55 | £157.49 | USA               |
| Spearmint Herb                           | Mentha spicata                    |       | £3.55  | £10.89 | £23.05 | £39.19  | Egypt             |
| St. John's Wort Herb                     | Hypericum perforatum              |       | £3.29  | £10.05 | £21.29 | £36.25  | Europe            |
| Turmeric Root Powder                     | Curcuma longa                     |       | £3.55  | £10.89 | £23.05 | £39.19  | India / Sri Lanka |
| Valerian Root                            | Valeriana officinalis             |       | £5.15  | £15.79 | £33.65 | £57.19  | Poland            |
| Vervain (Verbena)                        | Verbena officinalis               |       | £3.75  | £11.45 | £24.45 | £41.59  | EU                |
| White Willow Bark                        | Salix alba                        |       | £3.65  | £11.15 | £23.59 | £40.15  | Poland            |
| Yarrow Herb                              | Achillea millefolium              |       | £3.45  | £10.49 | £22.25 | £37.89  | EU                |

## Chinese Herbs

| Common Name                        | Latin Name                                     | 10g    | 25g    | 100g   | 250g    | 500g    | Chinese Name     |
|------------------------------------|--|--------|--------|--------|---------|---------|------------------|
| Angelica Root, Chinese (Dong Quai) | Angelica sinensis                              |        | £8.19  | £23.49 | £49.89  | £84.75  | Dang Gui         |
| Astragalus Root                    | Astragalus propinquus (=membranaceus)          |        | £4.55  | £12.85 | £27.25  | £46.29  | Huang Qi         |
| Astragalus Root Powder             | Astragalus propinquus (=membranaceus)          |        | £3.99  | £11.45 | £24.29  | £41.25  | Huang Qi         |
| Atractylodes Tuber, White          | Atractylodes macrocephala                      |        | £6.65  | £18.99 | £40.29  | £68.45  | Bai Zhu          |
| Chrysanthemum Flower               | Chrysanthemum (=Dendranthema) morifolium       |        | £4.95  | £13.99 | £29.75  | £50.55  | Ju Hua           |
| Cinnamon Bark (Gui Pi)             | Cinnamomum cassia                              |        | £2.95  | £8.39  | £17.89  | £30.35  | Gui Pi           |
| Codonopsis Root                    | Codonopsis pilosula                            |        | £8.05  | £22.99 | £48.85  | £82.95  | Dang Shen        |
| Fleeceflower (Fo-Ti)               | Reynoutria multiflora (=Polygonum multiflorum) |        | £3.49  | £9.89  | £20.99  | £35.65  | He Shou Wu (Zhi) |
| Ginseng Red, Korean                | Panax ginseng                                  | £11.15 | £25.25 | £72.05 | £153.09 | £260.25 | Ren Shen         |
| Goji Berries (Lycium, Wolfberries) | Lycium barbarum                                |        | £3.49  | £9.99  | £21.09  | £35.85  | Gou Qi Zi        |
| Ligusticum Root (Szechuan Lovage)  | Ligusticum striatum (=chuanxiong)              |        | £3.95  | £11.29 | £23.89  | £40.75  | Chuan Xiong      |
| Liquorice Root, Chinese            | Glycyrrhiza uralensis                          |        | £3.85  | £10.89 | £23.09  | £39.25  | Gan Cao          |
| Peony Root, White                  | Paeonia lactiflora                             |        | £3.99  | £11.39 | £24.15  | £40.99  | Bai Shao Yao     |
| Poria Cocos                        | Wolfiporia extensa (=Poria sclerotium)         |        | £4.05  | £11.55 | £24.55  | £41.59  | Fu Ling          |
| Red Dates (Jujubes)                | Ziziphus jujuba                                |        | £3.79  | £10.79 | £22.99  | £39.09  | Da Zao           |
| Rehmannia Prepared Root            | Rehmannia glutinosa                            |        | £3.79  | £10.89 | £23.05  | £39.15  | Shu Di Huang     |
| Schizandra Berries                 | Schisandra chinensis                           |        | £7.15  | £20.39 | £43.15  | £73.39  | Wu Wei Zi        |
| Siberian Solomonseal               | Polygonatum sibiricum                          |        | £4.59  | £12.99 | £27.65  | £46.95  | Huang Jing       |
| Yam Root, Chinese                  | Dioscorea opposita                             |        | £4.09  | £11.69 | £24.79  | £42.19  | Shan Yao         |

## Ayurvedic Herbs

| Common Name  | Latin Name  | 25g   | 100g   | 250g   | 500g   |
|--|---|-------|--------|--------|--------|
| Amla Fruit Powder (Amalaki)                                | Phyllanthus emblica (=Embilica officinalis)                   | £4.65 | £13.19 | £27.99 | £47.59 |
| Andrographis Powder (Kalmegh)                              | Andrographis paniculata                                       | £5.99 | £16.99 | £36.15 | £61.35 |
| Ashwagandha Root   | Withania somnifera  | £4.09 | £11.69 | £24.79 | £42.09 |
| Ashwagandha Root Powder                                    | Withania somnifera  | £3.79 | £10.69 | £22.79 | £38.69 |
| Bhringaraj Powder, White                                   | Eclipta prostrata (=alba)                                     | £4.95 | £14.05 | £29.75 | £50.59 |
| Guduchi Powder   | Tinospora cordifolia  | £5.55 | £15.85 | £33.69 | £57.19 |
| Holy Basil Powder (Tulsi)                                  | Ocimum tenuiflorum (=sanctum)                                 | £5.35 | £15.29 | £32.49 | £55.19 |
| Neem Leaf Powder   | Azadirachta indica  | £5.19 | £14.85 | £31.45 | £53.49 |
| Neem Leaves  | Azadirachta indica  | £3.09 | £8.95  | £18.99 | £32.25 |
| Shatavari Root   | Asparagus racemosus   | £4.45 | £12.65 | £26.79 | £45.49 |
| Shatavari Root Powder                                      | Asparagus racemosus   | £5.55 | £15.89 | £33.75 | £57.39 |
| Trikatu Powder (Three Spices: Ginger, Long & Black Pepper) | Piper longum, Piper nigrum, zingiber officinale               | £5.69 | £16.19 | £34.49 | £58.55 |
| Triphala Powder (Three Fruits: Amla, Bibhitaki & Haritaki) | Phyllanthus emblica, Terminalia bellirica, Terminalia chebula | £5.69 | £16.19 | £34.49 | £58.55 |

## Gums

| Common Name                            | Latin Name  | 10g    | 25g    | 100g   | 250g    | 500g    | Origin        |
|--|---|--------|--------|--------|---------|---------|---------------|
| Agar Agar Powder                       | From Gelidium amansii                             |        | £4.45  | £12.65 | £26.89  | £45.75  | Spain         |
| Aloes, Cape                            | Aloe ferox (=capensis)                            |        | £4.05  | £11.59 | £24.59  | £41.85  | S. Africa     |
| Arabic (Acacia)                        | Senegalia (=Acacia) senegal & other sp.           |        | £3.09  | £8.69  | £18.39  | £31.29  | Sudan         |
| Arabic (Acacia) Powder                 | Senegalia (=Acacia) senegal & other sp.           |        | £2.89  | £8.29  | £17.69  | £30.09  | Sudan         |
| Benzoin                                | Styrax sp.  |        | £3.35  | £9.45  | £20.15  | £34.19  | Singapore     |
| Colophony (Pine Resin)                 | Pinus palustris                                   |        | £3.09  | £9.05  | £19.25  | £32.69  | Portugal      |
| Colophony Powder (Pine Resin)          | Pinus palustris                                   |        | £3.35  | £9.55  | £20.19  | £34.29  | Portugal      |
| Frankincense & Myrrh Grains            | Boswellia carterii/papyrifera & Commiphora myrrha |        | £3.49  | £9.99  | £21.09  | £35.99  | Sudan / Kenya |
| Frankincense Grains (Olibanum)         | Boswellia carterii/papyrifera                     |        | £2.69  | £7.55  | £15.95  | £27.19  | Sudan         |
| Frankincense Powder, Indian (Olibanum) | Boswellia serrata (=thurifera)                    |        | £2.29  | £6.45  | £13.75  | £23.35  | India         |
| Mastic                                 | Pistacia lentiscus                                | £10.89 | £24.69 | £70.49 | £150.05 | £255.39 | Greece        |
| Myrrh Grains                           | Commiphora myrrha (=molmol)                       |        | £4.55  | £12.95 | £27.55  | £46.79  | Kenya         |
| Myrrh Powder                           | Commiphora myrrha (=molmol)                       |        | £6.49  | £18.45 | £39.25  | £66.75  | Kenya         |
| Pine Resin (Colophony)                 | Pinus palustris                                   |        | £4.99  | £14.25 | £30.35  | £46.29  | Portugal      |
| Pine Resin Powder (Colophony)          | Pinus palustris                                   |        | £8.65  | £24.69 | £52.59  | £80.29  | Portugal      |
| Sandarac                               | Tetraclinis articulata (=Callitris quadrivalvis)  |        | £6.95  | £19.69 | £41.95  | £71.39  | Morocco       |
| Tragacanth Powder                      | Astragalus gummifer                               |        | £9.55  | £27.25 | £57.95  | £98.59  | Iran          |

## Clays

| Common Name           | Latin Name              | 25g   | 100g  | 250g   | 500g   | Origin  |
|-----------------------|-------------------------|-------|-------|--------|--------|---------|
| Bentonite Clay Powder | Sodium bentonite        | £1.75 | £4.95 | £10.55 | £16.09 | USA     |
| Green Clay Powder     | Montmorillonite, Illite | £2.89 | £8.19 | £17.45 | £26.69 | France  |
| Red Clay Powder       | Illite                  | £3.09 | £8.99 | £19.19 | £29.29 | Germany |

## Baldwin's Growing Seeds

|                           |       |                          |       |                          |       |
|---------------------------|-------|--------------------------|-------|--------------------------|-------|
| Angelica, Wild            | £2.39 | Cicely, Sweet            | £2.39 | Marsh Mallow             | £2.39 |
| Avens, Wood (Herb-Bennet) | £2.39 | Dandelion                | £2.39 | Meadowsweet              | £2.39 |
| Basil, Wild               | £2.39 | Echinacea                | £2.39 | Mullein, Great           | £2.39 |
| Betony                    | £2.39 | Evening Primrose, Common | £2.39 | Pansy, Wild (Heartsease) | £2.39 |
| Burdock, Greater          | £2.39 | Feverfew                 | £2.39 | Poppy, Common            | £2.39 |
| Burnet, Salad             | £2.39 | Garlic, Wild (Ramsons)   | £2.39 | Selfheal                 | £2.39 |
| Chamomile (Wild)          | £2.39 | Hyssop                   | £2.39 | Sorrel, Common           | £2.39 |
| Chicory                   | £2.39 | Marigold, Pot            | £2.39 | Vervain                  | £2.39 |
| Chives, Wild              | £2.39 | Marjoram, Wild           | £2.39 |                          |       |

## What are tinctures?

Tinctures offer a more convenient alternative to herbs. The herb is placed into a mixture of alcohol\* and water, the strength of which is varied depending on the material from which the tincture is made. Simply mix 2-5ml of tincture in water and drink.

\*Alcohol is derived from sugarbeet.

## Tinctures

| Common Name                                     | Latin Name                        | 50ml   | 100ml  | 250ml  | 500ml   | Ratio | Proof |
|---|-----------------------------------|--------|--------|--------|---------|-------|-------|
| <b>Agnus Castus Berry (Chaste Tree)</b>         | Vitex agnus-castus                | £7.65  | £11.09 | £21.19 | £38.25  | 1:3   | 0.45  |
| <b>Agrimony Herb</b>                            | Agrimonia eupatoria               | £7.39  | £10.59 | £19.95 | £35.99  | 1:4   | 0.25  |
| <b>Alfalfa Leaf (Lucerne)</b>                   | Medicago sativa                   | £7.45  | £10.75 | £20.45 | £36.79  | 1:4   | 0.25  |
| <b>Artichoke, Globe</b>                         | Cynara cardunculus var. scolymus  | £7.69  | £11.29 | £21.69 | £39.09  | 1:3   | 0.25  |
| <b>Asafoetida Gum BP</b>                        | Ferula assa-foetida               | £11.65 | £19.19 | £41.39 | £74.55  | 1:5   | 0.7   |
| <b>Avena Sativa</b>                             | Avena sativa                      | £8.05  | £12.05 | £23.49 | £42.19  | 1:2   | 0.25  |
| <b>Balm (Lemon Balm, Melissa)</b>               | Melissa officinalis               | £8.09  | £12.05 | £23.65 | £42.59  | 1:3   | 0.45  |
| <b>Barberry Bark</b>                            | Berberis vulgaris                 | £8.79  | £13.49 | £27.05 | £48.79  | 1:4   | 0.45  |
| <b>Bearberry (Uva Ursi)</b>                     | Arctostaphylos uva-ursi           | £8.49  | £12.79 | £25.45 | £45.75  | 1:3   | 0.25  |
| <b>Bilberry Berry</b>                           | Vaccinium myrtillus               | £11.79 | £19.49 | £42.19 | £75.89  | 1:3   | 0.25  |
| <b>Birch Leaf, Silver</b>                       | Betula alba                       | £8.29  | £12.49 | £24.79 | £44.69  | 1:4   | 0.25  |
| <b>Bladderwrack</b>                             | Fucus vesiculosus                 | £7.59  | £10.99 | £21.05 | £37.89  | 1:2   | 0.25  |
| <b>Blue Flag Root</b>                           | Iris versicolor                   | £9.65  | £15.09 | £31.19 | £56.15  | 1:3   | 0.45  |
| <b>Buchu Leaf</b>                               | Agathosma (=Barosma) betulina     | £18.29 | £32.39 | £74.45 | £134.05 | 1:4   | 0.6   |
| <b>Burdock Root</b>                             | Arctium lappa                     | £7.19  | £10.19 | £18.95 | £34.05  | 1:3   | 0.25  |
| <b>Calendula (Marigold)</b>                     | Calendula officinalis             | £8.15  | £12.15 | £23.79 | £42.89  | 1:4   | 0.9   |
| <b>California Poppy Herb</b>                    | Eschscholzia californica          | £9.25  | £14.39 | £29.49 | £53.05  | 1:4   | 0.45  |
| <b>Cascara Tincture</b>                         | Rhamnus purshiana                 | £9.79  | £15.39 | £31.99 | £57.55  | 1:3   | 0.25  |
| <b>Cayenne Pepper</b>                           | Capsicum annum/ C. frutescens     | £8.19  | £12.25 | £24.15 | £43.45  | 1:3   | 0.7   |
| <b>Celery Seed</b>                              | Apium graveolens                  | £7.89  | £11.59 | £22.45 | £40.45  | 1:3   | 0.6   |
| <b>Chamomile Flower, German</b>                 | Matricaria chamomilla (=recutita) | £8.59  | £13.09 | £25.99 | £46.89  | 1:4   | 0.45  |
| <b>Chickweed Herb</b>                           | Stellaria media                   | £7.49  | £10.79 | £20.49 | £36.89  | 1:4   | 0.25  |
| <b>Cinnamon Bark</b>                            | Cinnamon zeylanicum               | £7.79  | £11.45 | £22.05 | £39.69  | 1:3   | 0.45  |
| <b>Cleavers (Clivers) Herb</b>                  | Galium aparine                    | £7.55  | £10.99 | £20.79 | £37.55  | 1:4   | 0.25  |
| <b>Cohosh Root, Black</b>                       | Cimicifuga racemosa               | £14.29 | £24.45 | £54.55 | £98.25  | 1:3   | 0.6   |
| <b>Cohosh Root, Blue</b>                        | Caulophyllum thalictroides        | £13.49 | £23.05 | £51.15 | £92.05  | 1:3   | 0.7   |
| <b>Cola (Kola)</b>                              | Cola nitida (=vera)               | £17.65 | £12.49 | £24.69 | £44.45  | 1:3   | 0.45  |
| <b>Collinsonia (Stone Root)</b>                 | Collinsonia canadensis            | £11.45 | £18.89 | £40.55 | £73.09  | 1:3   | 0.45  |
| <b>Coneflower Root (Echinacea Angustifolia)</b> | Echinacea angustifolia            | £12.45 | £20.69 | £45.19 | £81.39  | 1:3   | 0.45  |
| <b>Cornsilk</b>                                 | Zea mays                          | £7.49  | £10.89 | £20.65 | £37.19  | 1:4   | 0.25  |
| <b>Couch Grass Root (Dog Grass)</b>             | Agropyron repens                  | £7.69  | £11.25 | £21.59 | £38.85  | 1:3   | 0.45  |
| <b>Cramp Bark</b>                               | Viburnum opulus                   | £8.65  | £13.09 | £26.25 | £47.29  | 1:3   | 0.45  |

## Tinctures

| Common Name                          | Latin Name   | 50ml   | 100ml  | 250ml  | 500ml  | Ratio | Proof |
|--------------------------------------|--|--------|--------|--------|--------|-------|-------|
| Damiana Leaf                         | Turnera diffusa  | £8.65  | £13.09 | £26.25 | £47.29 | 1:4   | 0.6   |
| Dandelion Root                       | Taraxacum officinale   | £8.09  | £12.15 | £23.75 | £42.79 | 1:3   | 0.45  |
| Devil's Claw Root                    | Harpagophytum procumbens   | £9.19  | £14.25 | £28.99 | £52.25 | 1:3   | 0.25  |
| Echinacea Purpurea Root              | Echinacea purpurea   | £8.59  | £12.99 | £25.95 | £46.75 | 1:5   | 0.45  |
| Elderberry                           | Sambucus nigra   | £4.15  | £6.69  | £13.89 | £24.95 | 1:3   | 0.25  |
| Elderflower                          | Sambucus nigra   | £8.55  | £12.89 | £25.75 | £46.39 | 1:4   | 0.25  |
| Elecampane Root                      | Inula helenium   | £8.29  | £12.49 | £24.65 | £44.35 | 1:3   | 0.45  |
| Eyebright Herb                       | Euphrasia officinalis  | £9.19  | £14.25 | £29.09 | £52.39 | 1:3   | 0.25  |
| Fennel Seed                          | Foeniculum vulgare   | £7.79  | £11.45 | £22.19 | £39.99 | 1:3   | 0.45  |
| Fenugreek Seed                       | Trigonella foenum-graecum  | £7.29  | £10.49 | £19.75 | £35.55 | 1:3   | 0.45  |
| Feverfew Herb                        | Tanacetum parthenium   | £8.29  | £12.45 | £24.55 | £44.09 | 1:3   | 0.45  |
| Gentian Root                         | Gentiana lutea   | £10.39 | £16.65 | £35.19 | £63.39 | 1:3   | 0.45  |
| Ginger Root                          | Zingiber officinale  | £9.79  | £15.39 | £31.99 | £57.55 | 1:2   | 0.9   |
| Ginkgo Biloba Leaf (Maidenhair Tree) | Ginkgo biloba  | £7.45  | £10.75 | £20.39 | £36.69 | 1:4   | 0.25  |
| Ginseng Root, Siberian               | Eleutherococcus senticosus   | £8.09  | £12.15 | £23.69 | £42.65 | 1:3   | 0.3   |
| Golden Rod Herb, European            | Solidago virgaurea   | £7.99  | £11.89 | £23.25 | £41.85 | 1:3   | 0.25  |
| Gotu Kola (Hydrocotyle)              | Centella (=Hydrocotyl) asiatica  | £7.55  | £10.99 | £20.79 | £37.55 | 1:4   | 0.25  |
| Gravel Root                          | Eupatorium Purpurea  | £12.99 | £21.95 | £48.55 | £87.35 | 1:3   | 0.25  |
| Ground Ivy                           | Glechoma hederacea   | £8.49  | £12.89 | £25.95 | £46.75 | 1:4   | 0.25  |
| Holy Thistle                         | Carduus Benedictus   | £6.85  | £9.65  | £17.69 | £31.95 | 1:4   | 0.25  |
| Hops Strobile                        | Humulus lupulus  | £8.29  | £12.45 | £24.55 | £88.19 | 1:5   | 0.6   |
| Horehound Herb, White                | Marrubium vulgare  | £7.29  | £10.39 | £19.49 | £35.09 | 1:4   | 0.25  |
| Horse Chestnut Seed                  | Aesculus hippocastanum   | £7.05  | £9.99  | £18.29 | £32.95 | 1:3   | 0.25  |
| Horsetail Herb                       | Equisetum arvense  | £7.29  | £10.39 | £19.39 | £34.95 | 1:4   | 0.25  |
| Hydrangea Root                       | Hydrangea arborescens  | £12.39 | £20.55 | £44.89 | £80.79 | 1:3   | 0.45  |
| Hyssop Herb                          | Hyssopus officinalis   | £8.19  | £12.35 | £24.29 | £43.69 | 1:3   | 0.45  |
| Jamaican Dogwood Bark                | Piscidia piscipula (=erythrina)  | £11.59 | £19.05 | £41.09 | £73.95 | 1:3   | 0.45  |
| Juniper Berry                        | Juniperus communis   | £9.29  | £14.45 | £29.59 | £53.29 | 1:3   | 0.45  |
| Lavender Compound BP (Red Lavender)  | Compound contains: Nutmeg Powder, Cinnamon Powder, Lavender Oil, Natural Colouring, Rosemary Oil | £6.95  | £9.79  | £17.95 | £32.25 | 1:5   | 0.87  |
| Lime Flower                          | Tilia x europea  | £9.79  | £15.39 | £31.99 | £57.55 | 1:4   | 0.25  |
| Liquorice Root                       | Glycyrrhiza glabra   | £7.55  | £10.89 | £20.69 | £37.29 | 1:3   | 0.25  |
| Marshmallow Root                     | Althaea officinalis  | £8.19  | £12.25 | £24.19 | £43.55 | 1:3   | 0.25  |
| Meadowsweet Herb                     | Filipendula ulmaria  | £7.29  | £10.55 | £19.75 | £35.65 | 1:3   | 0.25  |
| Milk Thistle Seed                    | Silybum marianum (=Carduus marianus)   | £7.59  | £10.99 | £21.05 | £37.89 | 1:3   | 0.5   |
| Mistletoe Leaf                       | Viscum album   | £7.29  | £10.39 | £19.59 | £35.29 | 1:3   | 0.25  |
| Motherwort Herb                      | Leonurus cardiaca  | £8.09  | £12.15 | £23.75 | £42.79 | 1:4   | 0.25  |

## Tinctures

| Common Name                | Latin Name                             | 50ml   | 100ml  | 250ml  | 500ml   | Ratio | Proof |
|----------------------------|--|--------|--------|--------|---------|-------|-------|
| Muir Puama Bark            | Ptychopetalum olacoides                | £7.89  | £11.69 | £22.65 | £40.75  | 1:3   | 0.45  |
| Mullein Leaf, Great        | Verbascum thapsus                      | £7.29  | £10.55 | £19.85 | £35.79  | 1:4   | 0.25  |
| Myrrh Gum                  | Commiphora myrrha (=molmol)            | £10.89 | £17.65 | £37.59 | £67.69  | 1:3   | 0.9   |
| Nettle Leaf                | Urtica dioica                          | £7.75  | £11.29 | £21.75 | £39.15  | 1:4   | 0.45  |
| Nettle Root                | Urtica dioica                          | £8.39  | £12.69 | £25.15 | £45.25  | 1:3   | 0.45  |
| Oak Bark                   | Quercus robur                          | £7.65  | £11.19 | £21.49 | £38.69  | 1:3   | 0.25  |
| Olive Leaf                 | Olea europaea                          | £7.55  | £10.99 | £20.79 | £37.55  | 1:3   | 0.25  |
| Oregon Mountain Grape Root | Mahonia (=Berberis) aquifolium         | £11.79 | £19.45 | £42.09 | £75.79  | 1:3   | 0.45  |
| Passion Flower Herb        | Passiflora incarnata                   | £7.55  | £10.89 | £20.75 | £37.39  | 1:4   | 0.25  |
| Pau D'Arco Bark            | Handroanthus (=Tabebuia) impetiginosus | £7.89  | £11.55 | £22.29 | £40.19  | 1:4   | 0.45  |
| Plantain Leaf, Narrowleaf  | Plantago lanceolata                    | £8.05  | £12.05 | £23.49 | £42.35  | 1:3   | 0.25  |
| Poke Root                  | Phytolacca americana (=decandra)       | £12.79 | £21.49 | £47.15 | £84.95  | 1:3   | 0.45  |
| Prickly Ash Bark           | Zanthoxylum Americanum                 | £12.99 | £21.95 | £48.55 | £87.35  | 1:3   | 0.45  |
| Raspberry                  | Rubus idaeus                           | £6.85  | £9.65  | £17.69 |         | 1:4   | 0.25  |
| Red Clover Flowers         | Trifolium pratense                     | £8.29  | £12.49 | £24.59 | £44.29  | 1:5   | 0.25  |
| Rosehip                    | Rosa canina                            | £8.15  | £12.25 | £24.09 | £43.35  | 1:4   | 0.45  |
| Rosemary Leaf              | Rosmarinus officinalis                 | £7.25  | £10.35 | £19.39 | £34.95  | 1:4   | 0.45  |
| Sage Leaf                  | Salvia officinalis                     | £7.49  | £10.79 | £20.55 | £36.99  | 1:4   | 0.45  |
| Sarsaparilla Root          | Smilax Aristolchiaesolia               | £10.35 | £16.59 | £34.95 | £62.79  | 1:3   | 0.45  |
| Saw Palmetto Berry         | Serenoa repens                         | £9.99  | £15.85 | £33.15 | £59.65  | 1:3   | 0.6   |
| Scullcap Herb              | Scutellaria lateriflora                | £12.39 | £20.59 | £44.99 | £80.95  | 1:4   | 0.25  |
| Shepherd's Purse Herb      | Capsella bursa-pastoris                | £7.29  | £10.55 | £19.75 | £35.65  | 1:4   | 0.25  |
| Small Flowered Willow Herb | Epilobium parviflorum                  | £8.65  | £13.15 | £26.29 | £47.39  | 1:3   | 0.45  |
| St John's Wort Herb        | Hypericum perforatum                   | £8.05  | £11.95 | £23.39 | £42.09  | 1:3   | 0.35  |
| Thuja Leaf (Tree of Life)  | Thuja occidentalis                     | £10.05 | £15.89 | £33.19 | £59.75  | 1:4   | 0.6   |
| Thyme Herb                 | Thymus vulgaris                        | £7.69  | £11.29 | £21.65 | £38.95  | 1:3   | 0.45  |
| Turmeric Root              | Curcuma longa                          | £7.55  | £10.99 | £20.89 | £37.59  | 1:3   | 0.6   |
| Valerian Root              | Valeriana officinalis                  | £9.99  | £15.59 | £32.65 | £58.85  | 1:3   | 0.45  |
| Vervain Herb               | Verbena officinalis                    | £7.49  | £10.89 | £20.59 | £37.09  | 1:3   | 0.25  |
| Violet Herb, Sweet         | Viola Odorata                          | £10.19 | £16.19 | £33.95 | £61.15  | 1:4   | 0.25  |
| White Willow Bark          | Salix alba                             | £7.49  | £10.79 | £20.49 | £36.89  | 1:3   | 0.25  |
| Wild Indigo Root           | Baptisia tinctoria                     | £16.89 | £29.65 | £67.55 | £121.65 | 1:5   | 0.6   |
| Wild Yam Root              | Dioscorea villosa                      |        | £14.05 | £28.55 | £51.45  | 1:3   | 0.45  |
| Witch Hazel Bark           | Hamamelis virginiana                   | £10.35 | £16.55 | £34.79 | £62.65  | 1:3   | 0.25  |
| Wood Betony Herb           | Stachys officinalis (=betonica)        | £8.29  | £12.45 | £24.55 | £44.09  | 1:4   | 0.25  |
| Yarrow Flower              | Achillea millefolium                   | £7.59  | £10.99 | £20.99 | £37.79  | 1:4   | 0.25  |
| Yellow Dock Root           | Rumex crispus                          | £9.35  | £14.55 | £29.95 | £53.95  | 1:3   | 0.25  |

## Chinese Tinctures

| Common Name                                   | Latin Name                                     | 50ml   | 100ml  | 250ml  | 500ml   | Ratio | Proof | Chinese Name   |
|---|--|--------|--------|--------|---------|-------|-------|----------------|
| Andrographis Herb                             | Andrographis paniculata                        | £7.95  | £11.75 | £22.79 | £41.05  | 1:3   | 0.25  | Chuan Xin Lian |
| Angelica Root, Chinese (Dong Quai)            | Angelica sinensis                              | £10.15 | £16.09 | £33.69 | £60.69  | 1:3   | 0.45  | Dang Gui       |
| Artemisia Annua (Sweet Annie, Sweet Wormwood) | Artemisia annua                                | £8.75  | £13.29 | £26.79 | £48.15  | 1:3   | 0.45  | Qing Hao       |
| Astragalus Root                               | Astragalus propinquus (=membranaceus)          | £8.75  | £13.35 | £26.85 | £48.25  | 1:3   | 0.3   | Huang Qi       |
| Codonopsis Root                               | Codonopsis pilosula                            | £14.05 | £23.89 | £53.29 | £95.89  | 1:3   | 0.25  | Dang Shen      |
| Fleeceflower Root                             | Reynoutria multiflora (=Polygonum multiflorum) | £8.19  | £12.35 | £24.19 | £43.59  | 1:3   | 0.25  | He Shou Wu     |
| Ginseng Korean, Red                           | Panax ginseng                                  | £22.55 | £40.95 | £95.79 | £172.39 | 1:3   | 0.45  | Ren Shen       |
| Ginseng, Chinese                              | Panax notoginseng                              | £17.65 | £31.05 | £71.15 | £127.99 | 1:3   | 0.45  | San Qi         |
| Gold Coin Grass (Lysimachia)                  | Lysimachia christinae                          | £10.75 | £17.35 | £36.89 | £66.29  | 1:3   | 0.45  | Jin Qian Cao   |
| Liquorice Root, Chinese                       | Glycyrrhiza uralensis                          | £8.49  | £12.79 | £25.45 | £45.75  | 1:3   | 0.25  | Gan Cao        |
| Peony Root, White                             | Paeonia lactiflora                             | £10.19 | £16.29 | £34.09 | £61.35  | 1:3   | 0.25  | Bai Shao Yao   |
| Poria Cocos                                   | Wolfiporia extensa (=Poria sclerotium)         | £9.19  | £14.29 | £29.09 | £52.49  | 1:3   | 0.25  | Fu Ling        |
| Rehmannia Root                                | Rehmannia glutinosa                            | £10.25 | £16.35 | £34.29 | £61.65  | 1:3   | 0.25  | Shu Di Huang   |
| Reishi Mushroom                               | Reishi   | £17.65 | £31.15 | £71.35 | £128.39 | 1:3   | 0.25  | Ling Zhi       |
| Rhodiola Rosea Root                           | Rhodiola rosea                                 | £12.15 | £20.05 | £43.69 | £78.59  | 1:3   | 0.45  | Hong Jing Tian |
| Schizandra Berries                            | Schisandra chinensis                           | £12.49 | £20.95 | £45.75 | £82.45  | 1:3   | 0.25  | Wu Wei Zi      |

## Ayurvedic Tinctures

| Common Name      | Latin Name          | 50ml  | 100ml  | 250ml  | 500ml  | Ratio | Proof |
|------------------|---------------------|-------|--------|--------|--------|-------|-------|
| Ashwagandha Root | Withania somnifera  | £8.75 | £13.35 | £26.89 | £48.29 | 1:3   | 0.45  |
| Brahmi Leaf      | Bacopa monnieri     | £7.65 | £11.19 | £21.39 | £38.45 | 1:3   | 0.45  |
| Neem Leaf        | Azadirachta indica  | £7.45 | £10.69 | £20.25 | £36.39 | 1:3   | 0.25  |
| Shatavari Root   | Asparagus racemosus | £7.59 | £11.09 | £21.09 | £37.95 | 1:3   | 0.25  |

## What are herbal fluid extracts?

Fluid extracts are prepared so that 25ml of the extract equals to 25g of the herb, making them 3-4 times stronger than tinctures. Alcohol Free Fluid Extracts maybe prepared in the same way but using vegetable glycerine as the solvent. 5-10 drops of the extract in water is the normal dosage.

### Herbal Fluid Extracts

| Common Name          | Latin Name              | 25ml   | 50ml   | Ratio | Proof |
|----------------------|-------------------------|--------|--------|-------|-------|
| Barberry Bark        | Berberis vulgaris       | £9.75  | £15.29 | 1:1   | 0.45  |
| Bearberry (Uva Ursi) | Arctostaphylos uva-ursi | £9.25  | £14.35 | 1:1   | 0.45  |
| Burdock Root         | Arctium lappa           | £7.49  | £10.89 | 1:1   | 0.25  |
| Calendula (Marigold) | Calendula officinalis   | £9.05  | £13.95 | 1:1   | 0.9   |
| Damiana Leaf         | Turnera diffusa         | £9.89  | £15.59 | 1:1   | 0.6   |
| Dandelion Root       | Taraxacum officinale    | £8.29  | £12.49 | 1:1   | 0.25  |
| Echinacea Root       | Echinacea angustifolia  | £14.85 | £25.59 | 1:1   | 0.45  |
| Liquorice Root       | Glycyrrhiza glabra      | £7.49  | £10.75 | 1:1   | 0.25  |
| Motherwort Herb      | Leonurus cardiaca       | £10.09 | £15.99 | 1:1   | 0.45  |
| Nettle Leaf          | Urtica dioica           | £8.05  | £11.89 | 1:1   | 0.25  |
| Passion Flower Herb  | Passiflora incarnata    | £7.95  | £11.75 | 1:1   | 0.25  |
| Red Clover Flower    | Trifolium pratense      | £8.29  | £12.49 | 1:1   | 0.25  |
| Valerian Root        | Valeriana officinalis   | £11.39 | £18.59 | 1:1   | 0.45  |

## Nature's Answer – What are alcohol free fluid extracts?

Alcohol free extracts are produced using alcohol, water and natural extractants. All alcohol and extractants are then removed by a cold extraction process yielding a Holistically Balanced standardized extract. Holistically Balanced guarantees that the constituents of the extract are in the same synergistic ratios as in the plants.

### Alcohol Free Extracts

| Common Name                | 30ml   | Herbal Liquid | Common Name           | 30ml   | Herbal Liquid | Common Name                             | 30ml   | Herbal Liquid |
|----------------------------|--------|---------------|-----------------------|--------|---------------|---|--------|---------------|
| Ashwagandha (per 60ml)     | £22.49 | (1:1)         | Ginkgo                | £15.99 | (1:1)         | Pau D'Arco                              | £13.99 | (1:1)         |
| Astragalus                 | £15.99 | (1:1)         | Goldenseal            | £26.99 | (1:1)         | Propolis                                | £19.99 | (1:1)         |
| Black Cohosh               | £14.99 | (1:1)         | Gotu Kola             | £13.99 | (1:1)         | Red Clover                              | £13.99 | (1:1)         |
| Black Walnut               | £14.99 | (1:1)         | Gymnema               | £14.99 | (1:1)         | Reishi                                  | £24.99 | (1:1)         |
| Burdock Root               | £14.99 | (1:1)         | Hawthorn              | £13.99 | (1:1)         | Rhodiola Root                           | £15.99 | (1:1)         |
| Cat's Claw Bark (per 60ml) | £21.99 | (1:1)         | Horsetail             | £13.99 | (1:1)         | Sage                                    | £13.99 | (1:1)         |
| Chamomile Flowers          | £12.99 | (1:1)         | Hyssop                | £13.99 | (1:1)         | Saw Palmetto                            | £13.99 | (1:1)         |
| Cinammon*                  | £13.99 | (1:1)         | Liquorice             | £14.99 | (1:1)         | Schisandra Berry                        | £13.99 | (1:1)         |
| Damiana Leaf               | £13.99 | (1:1)         | Lobelia*              | £14.99 | (1:1)         | Skullcap                                | £14.99 | (1:1)         |
| Dandelion Root             | £14.99 | (1:1)         | Milkthistle           | £14.99 | (1:1)         | Siberian Ginseng (Eleuthero) (per 60ml) | £19.99 | (1:1)         |
| Devils Claw                | £17.99 | (1:1)         | Mullein               | £15.99 | (1:1)         | St John's Wort                          | £14.99 | (1:1)         |
| Dong Quai                  | £14.99 | (1:1)         | Nettle                | £14.99 | (1:1)         | Turmeric 3                              | £24.99 | (1:1)         |
| Echinacea                  | £15.99 | (1:1)         | Oil Of Oregano        | £29.99 | (1:1)         | Valerian Root                           | £13.99 | (1:1)         |
| Echinacea (per 60ml)       | £25.99 | (1:1)         | Olive Leaf (per 60ml) | £19.99 | (1:1)         | Valerian Root (per 60ml)                | £22.99 | (1:1)         |
| Eyebright Herb             | £13.99 | (1:1)         | Passion Flower        | £13.99 | (1:1)         | Vitex Agnus-Castus                      | £13.99 | (1:1)         |

\*Low alcohol, not alcohol free

Order now at [www.baldwins.co.uk](http://www.baldwins.co.uk)

## Alcohol Free Combinations

| Common Name                     | 30ml   | Herbal Liquid |
|---------------------------------|--------|---------------|
| Bitters & Ginger (per 60ml)     | £19.99 | (1:1)         |
| Black Walnut & Wormwood Complex | £14.99 | (1:1)         |
| Echinacea & Goldenseal          | £21.99 | (1:1)         |
| Immune Boost                    | £10.99 | (1:1)         |
| Liver Tone Complex              | £13.99 | (1:1)         |

| Common Name                                   | 30ml   | Herbal Liquid |
|---|--------|---------------|
| Liver Support                                 | £13.99 | (1:1)         |
| Sambucus Kids (Elderberry) (per 120ml)        | £17.99 | (1:1)         |
| Slumber (Dormatone)                           | £14.99 | (1:1)         |
| Ut Answer (D-Mannose & Cranberry) (per 120ml) | £34.99 | (1:1)         |

## Herbal Remedies

After many years of selling Swedish Bitters produced by other suppliers, we decided to introduce our own version. The Baldwin's Swedish Bitters uses the original formula laid out in the Maria Treben's book Health Through God's Pharmacy but with the Aloe, which because of Brexit is now impossible to obtain, replaced by Wormwood.

### Soothing Creams and Ointments by G. Baldwin & Co

Calendula and Chickweed are traditionally used to help alleviate inflamed, irritated, dry, itchy skin. Tocopherol (Vitamin E) and Avocado Oil can help protect the skin from pollution and sun damage.

|                                | 60ml  | 120ml  |
|--------------------------------|-------|--------|
| Chickweed & Calendula Ointment | £8.75 | £14.85 |

Rich and Soothing ointment.

|                             | 120ml | 250ml  |
|-----------------------------|-------|--------|
| Chickweed & Calendula Cream | £9.55 | £17.25 |

A moisturising, rich and easily absorbed cream.

## Swedish Bitters

Swedish Bitters is a traditional formula made popular by Maria Treben, an Austrian Herbalist. More information about the various benefits of Swedish Bitters can be found in the book, Health through God's Pharmacy.

|                               | 100g Packet | 250g Packet | 500g Packet |
|-------------------------------|-------------|-------------|-------------|
| Herbs (Instructions Included) | £15.25      | £32.45      | £49.55      |

|       | 30ml  | 60ml   | 120ml  |
|-------|-------|--------|--------|
| Cream | £8.99 | £14.99 | £19.99 |

### Books by Maria Treben

|                               |        |
|-------------------------------|--------|
| Maria Treben's Cures          | £11.99 |
| Health Through God's Pharmacy | £11.99 |

### Bio-Ear Topical Formula

All natural, easy to use topical formula for tinnitus and sensitivity to noise. Ingredients: Aloe vera gel, in an alcohol base (18-22%), purified water, bio-chelated extracts of the following highly concentrated herbs: gentian root, bitter orange peel, dandelion root, myrrh gum, rhubarb root, senna leaves, angelica root and blessed thistle seed.

|      |        |
|------|--------|
| 15ml | £14.99 |
|------|--------|



## Napier's

### Echinacea & Elderflower Compound

100ml

£14.49

One of our most popular formulas containing herbs which support the immune system, have antiseptic and anti-bacterial properties as well as anti-catarrrhal and expectorant effects. Used for colds, flu and similar viral conditions.

### Elderberry & Honey Throat Spray

50ml

£14.49

Used at the first signs of a sore throat this spray will stop infections in their tracks. Providing anti-viral and anti-microbial properties as well as the soothing action of organic honey, it is a must have for the winter season.

### Sweet Sleeps Compound

100ml

£16.49

A traditional herbal remedy used by herbalists to calm the mind and relax, supporting a restful night's sleep. Valerian has a long history of use as a gentle sedative, Valerian teas are a popular bed time drink. Scullcap is used for its muscle relaxing properties and to ease mental tension and anxiety, when your mind is crowded with unwanted thoughts, this is the herb to take. Passionflower and Hops are gentle carminative herbs. This blend can be used occasionally or regularly to help establish a sleep pattern.

### Slippery Elm Bark Capsules

90 Capsules

£20.99

Easy to use antacid and pre-biotic. We use this to ease symptoms of IBS, over-acidity and heartburn.

### Composition Essence

100ml

£14.49

Herbs and Spices blended together into an old time pick me up. Take hot for a warming hot toddy or cold for a daily boost to the immune system.

### Echinacea Super Plus Compound

100ml

£16.49

Developed for those who are experiencing repeat infection, feeling run down and tired. Practitioner strength Echinacea for immune support with Goldenseal and Thyme to target infection, and the adaptogen properties of Liquorice for adrenal support. Lemon Balm has anti-viral qualities.

### Marigold Compound

100ml

£10.49

A blend of soothing and antiseptic herbs for use as a pleasant mouthwash. Helps to treat and prevent mouth ulcers. It can also be used as a skin rinse due to its antibacterial properties, so good for acne prone skin.

### Stress Blend

100ml

£14.49

Herbs are used to support the whole body, as stress affects our whole system. Muscle tension is eased, anxious thoughts reduced, the tense bowel relaxed and the nervous system restored. Useful in fatigue, post-viral problems, low mood and anxiety, and daily stress.

## Bio-Health Ointments

| Common Name                            | 84g    | 500g   | Description  |
|--|--------|--------|--|
| Arnica, Chamomile and Comfrey Ointment | £16.79 |        | Used for warming aching muscles and joints, also healing for bumps, bruises and scrapes.   |
| Calendula and Chamomile Ointment       | £16.79 |        | Soothes baby's bottom of nappy rash and helps mum with sore nipples, also helps with red inflamed skin, including sunburn.                 |
| Chickweed Ointment                     | £16.79 | £38.99 | Emollient for dry itchy skin. Helps to break the itch/scratch cycle.   |
| Comfrey Ointment                       | £16.79 | £38.99 | Known for its healing and repairing properties. Used for sprains breaks, sports injuries, and painful joints.                              |
| Echinacea and Tree Tea Ointment        | £16.79 |        | A combination of Anti-viral and anti-septic herbs helpful with cold sores, insect bites stings, athletes' foot and supports wound healing. |
| Witchazel Ointment                     | £16.79 |        | This Herb helps to tone up skin. Useful for raised capillaries blemishes and haemorrhoids.   |

## Bio-Health - Herbal Capsules

| Common Name                               | Size  | Description             | Price                   | Common Name   | Size             | Description             | Price                   |
|---|-------|-------------------------|-------------------------|---|------------------|-------------------------|-------------------------|
| Capsicum Fruit                            | 250mg | 60 vegetarian capsules  | £11.25                  | Melissa Herb  | 450mg            | 60 vegetarian capsules  | £11.25                  |
| Celery Seed                               | 450mg | 60 vegetarian capsules  | £12.25                  | Panax Ginseng   | 500mg            | 30 vegetarian capsules  | £18.25                  |
| Cinnamon Bark                             | 350mg | 60 vegetarian capsules  | £11.25                  | Papaya Enzymes  | 120mg            | 60 vegetarian capsules  | £12.49                  |
| Damiana Herb                              | 300mg | 60 vegetarian capsules  | £11.25                  | Passiflora Herb   | 300mg            | 60 vegetarian capsules  | £12.49                  |
| Dandelion Leaf                            | 300mg | 60 vegetarian capsules  | £11.25                  | Psyllium Husk   | 400mg            | 120 vegetarian capsules | £16.95                  |
| Fenugreek Seed                            | 550mg | 60 vegetarian capsules  | £11.25                  | Raspberry Leaf Extract  | 500mg            | 60 vegetarian capsules  | £11.25                  |
| Garlic (Whole Clove)                      | 300mg | 60 vegetarian capsules  | £11.25                  | Red Clover  | 325mg            | 60 vegetarian capsules  | £11.25                  |
| Ginger Root                               | 500mg | 60 vegetarian capsules  | £11.25                  | Runo Turmeric+ (450mg Powdered Turmeric Rhizome, 90mg Black Pepper) | 540mg            | 60 vegetarian capsules  | £13.49                  |
| Ginkgo Leaf                               | 450mg | 60 vegetarian capsules  | £11.25                  |   | 540mg            | 120 vegetarian capsules | £21.25                  |
|   | 450mg | 120 vegetarian capsules | £17.95                  | Slippery Elm  | 300mg            | 60 vegetarian capsules  | £24.99                  |
| Hawthorn Berry                            | 450mg | 60 vegetarian capsules  | £11.25                  |   |                  | 300mg                   | 120 vegetarian capsules |
|   |       | 450mg                   | 120 vegetarian capsules | £17.95  | Turmeric Rhizome | 500mg                   | 60 vegetarian capsules  |
| Kelp (Super) 500mg Plus 122mg of Vitamins | 622mg | 60 vegetarian capsules  | £11.25                  |   |                  | 500mg                   | 120 vegetarian capsules |
| Liquorice Root                            | 400mg | 60 vegetarian capsules  | £11.25                  | Wormwood Herb   | 250mg            | 60 vegetarian capsules  | £11.25                  |

The following herbal capsules and tablets are recognised under the Traditional Herbal Medicines Registration Scheme (THR). All capsules are suitable for Vegans and Vegetarians.

### Echinacea Root

60 capsules

£12.50

400mg - Used to relieve the symptoms of the common cold and influenza type of infections

### Extra Calcium +

60 capsules

£11.49

120 capsules

£17.99

800mg - with Magnesium, Zinc and Vitamin D

### Extra Magnesium +

60 capsules

£10.99

125mg - Providing 100mg Elemental Magnesium per vegetable capsule

### Extra Mineral Complex

60 capsules

£10.99

Multi Mineral and Trace elements.

### Extra Zinc +

60 capsules

£10.99

15mg - Providing 15mg Elemental Zinc, 50mg Magnesium, 1000ug Copper, 10mg B6

### Goodnight®

50 capsules

£12.75

400mg of Valerian, including 400mg of Valerian Root - For the temporary relief of sleep disturbance

### St John's Wort

60 capsules

£13.00

300mg - Used to relieve the symptoms of slightly low mood and mild anxiety

### Angus Castus

60 capsules

£11.50

120 capsules

£17.25

400mg - Used to help relieve premenstrual symptoms such as irritability, mood swings, breast tenderness, bloating and menstrual cramps

### Milk Thistle

60 capsules

£11.25

120 capsules

£17.95

450mg - Used to relieve the symptoms associated with the occasional indulgence of food and drink, such as headache and stomach upset

### Valerian Root

60 capsules

£11.50

400mg - For the temporary relief of symptoms of mild anxiety and to aid sleep

### Vitamin B Complex

60 capsules

£13.49

Yeast-free, high potency capsules

### Vitamin C Crystals

150g

£23.49

Purest quality Calcium Ascorbate fine crystals

## A. Vogel Best Sellers

A. Vogel is one of the leading European herbal brands using the formulations of the eminent Swiss Naturopath, Alfred Vogel. A. Vogel uses the freshest possible herbs of the highest quality in its range, controlling the whole organic growing process. Rapid harvesting and processing helps to preserve the vital ingredients present in fresh herbs. The herbs are holistically standardised ensuring that the whole spectrum of active ingredients in each plant is included.

### Milk Thistle Oral Drops

|        |        |
|--------|--------|
| 50ml   | 100ml  |
| £12.99 | £21.99 |

A combination of Milk Thistle, Globe Artichoke, Peppermint, Boldo and Dandelion.

### Milk Thistle Tablets

|            |            |
|------------|------------|
| 20 Tablets | 60 Tablets |
| £4.99      | £12.99     |

The seeds of Milk Thistle are combined with three other important herbs used in healthcare for centuries - fresh extracts of Dandelion, Artichoke and dried Boldo leaves.

## Circulatory Health

### Ginkgo Biloba

|        |        |
|--------|--------|
| 50ml   | 100ml  |
| £12.99 | £21.99 |

An extract of fresh Ginkgo biloba leaves, known traditionally as Memory Tree for its circulation-boosting properties to the brain. Easy to absorb, vegan and gluten-free, these drops can be used long-term to support brain function and chilly extremities.

### Hawthorn Crataegus

|        |
|--------|
| 50ml   |
| £12.99 |

Fresh Hawthorn berries are used for this remedy, traditionally used as a heart tonic, and suitable to be taken long-term to gently support and strengthen the heart. Vegan, gluten-free and easily absorbed.

## Aches & Pains

### Atrogel Arnica Gel

|       |        |
|-------|--------|
| 50ml  | 100ml  |
| £8.99 | £13.99 |

A herbal choice for aches and pains - Made from extracts of freshly harvested arnica, A.Vogel Atrogel® Muscle Aches & Pains Arnica Gel is a traditional herbal medicinal product for use in the symptomatic relief of muscular aches, pains and stiffness, sprains, bruises and swelling after contusions, exclusively based upon long-standing use as a traditional remedy. Atrogel is an easy to apply non-greasy gel which has the pleasant scent of Arnica flowers. It is ideal for sporting injuries, or simply for those niggly aches and pains. Always read the leaflet.

## Sleep Support

### Dormeasan

|       |        |
|-------|--------|
| 15ml  | 50ml   |
| £5.49 | £12.99 |

Dormeasan® Valerian-Hops oral drops is a traditional herbal medicinal product for use in the temporary relief of sleep disturbances caused by the symptoms of mild anxiety, exclusively based upon long-standing use as a traditional remedy.

### Sleep Well Sachets

|            |
|------------|
| 14 Sachets |
| £15.99     |

A unique formula combining extracts of Lemon Balm and Lactuca sativa, to contribute to a calm, restful sleep that includes more time spent in deep, restorative sleep stages. Granule formula is easy to use, gluten-free and vegan, and suitable for age 12+.

## Eye Health

### Eye Drops Moisturising

|        |
|--------|
| 10ml   |
| £11.99 |

Dry, irritated or tired eyes? - Eyes can become dry and irritated as a result of a number of reasons in our modern world. Long hours looking at a computer screen, heating, pollution and getting older are all contributory factors. A.Vogel Eye Drops contain Euphrasia and hyaluronic acid and help to maintain lubrication of the eye to ease dry, irritated or tired eyes. Can be used while wearing contact lenses. Always read the leaflet.

### Eye Drops Extra Moisturising

|        |
|--------|
| 10ml   |
| £14.99 |

A.Vogel Extra Moisturising Eye Drops contain double the amount of hyaluronic acid for an extra soothing and longer lasting experience.

## Coughs, Colds & Immunity

### Echinaforce® Throat Spray

|        |
|--------|
| 30 ml  |
| £12.99 |

This Spray directs Fresh Echinacea purpurea extract to the back of the throat, effectively supporting immune cells in their fight against incoming bugs. Enhanced by pain-quelling Sage extract, it is easy to use on the go, gluten-free and vegan.

### Echinaforce® Lozenges

|       |
|-------|
| 40g   |
| £2.49 |

Each lozenge contains: sugar, glucose syrup, invert sugar syrup, citric acid, acerola powder, fruit juice concentrate (blackcurrant), natural flavours, extract of Echinacea (0.14%), elderberry extract, water, herb extract and salt.

### Echinaforce® Echinacea drops

|        |        |
|--------|--------|
| 50ml   | 100ml  |
| £12.99 | £21.99 |

Echinaforce® Echinacea drops are a traditional herbal remedy used for the symptomatic relief of colds, influenza type infections and similar upper respiratory tract conditions.

### Nature-C Chewable Vitamin C Tablets

|            |
|------------|
| 36 Tablets |
| £9.99      |

Tastily tangy, these chewable tablets are bursting with real fruit extracts, featuring Passion Fruit, Sea Buckthorn, Blackcurrant and Prickly Gooseberry, as well as Acerola and Lemon. Suitable for age 6+, a stomach-friendly, vegan and gluten-free way to enrich your vitamin C levels.

### Bronchosan

|        |
|--------|
| 100 ml |
| £11.99 |

An extract of fresh spruce shoots and pine oil combine to bring delicious and soothing relief to throats irritated by a tickly cough. Spruce extract additionally helps clear mucus from the respiratory tract.

## From Amyris to Ylang Ylang

We obtain all our Essential Oils from a variety of sources around the world to ensure the supply of quality products at competitive prices.

**Amyris** - Anti-inflammatory, Antiseptic, Antiviral, Fixative.

**Angelica** - Anti-inflammatory, Antiseptic, Stimulant, Tonic. **P**

**Aniseed** - Potent Oil, use with caution. **P**

**Basil** - Tonic, Uplifting. **P**

**Bay** - Antiseptic, Stimulant, Tonic. **P**

**Benzoin Resinoid** - Deodorant, Relaxing, Uplifting.

**Bergamot** - Antiviral, Relaxing, Tonic, Uplifting.

**Birch** - Anti-inflammatory, Antiseptic, Tonic. **P**

**Black Pepper** - Stimulant, Tonic, Warming.

**Cade** - Anti-inflammatory, Antiseptic, Calming.

**Cajuput** - Antiseptic, Soothing, Tonic.

**Camphor** - To optimise effective respiration, Use with caution. **P**

**Cardamon** - Antiseptic, Relaxing, Stimulant, Tonic.

**Carnation** - Anti-inflammatory, Antiseptic, Aphrodisiac, Relaxing. **P**

**Caraway** - Antiseptic, Soothing, Stimulant, Tonic. **P**

**Carrot Seed** - Stimulant, Tonic. **P**

**Cedarwood** - Atlas Antiseptic, Aphrodisiac, Soothing for skin, Stimulant, Tonic. **P**

**Cedarwood** - Virginia Antiseptic, Stimulant. **P**

**Chamomile Blue Egyptian** - Anti-inflammatory, Relaxing, Soothing for skin.

**Chamomile Roman Antiseptic** - Relaxing, Soothing, Tonic. **P**

**Cinnamon** - Warming, Stimulating. Not recommended for use on the skin. **P**

**Cinnamon Bark** - Anti-bacterial, Anti-fungal, Anti-inflammatory, Relaxing - not recommended for use on the skin. **P**

**Citronella** - Antiseptic, Uplifting. **P**

**Clary Sage** - Balancing, Uplifting. **P**

**Clove Leaf** - Antiseptic, Spicy. Not recommended for use on the skin. **P**

**Clove Bud** - Anti-bacterial, Anti-fungal, Stimulant - not recommended for use on the skin. **P**

**Coriander** - Aphrodisiac, Revitalising, Stimulant, Tonic.

**Cumin Seed** - Antiseptic, Aphrodisiac, Stimulating, Warming, Stimulating, Tonic. **P**

**Cypress** - Antiseptic, Restoring, Tonic. **P**

**Eucalyptus** - Globulus Antiseptic, Stimulant. To optimise effective respiration. Soothing for skin.

**Eucalyptus Radiata** - Cooling, Refreshing, Energising.

**Fennel** - Anti-inflammatory, Antiseptic, Relaxing, Stimulating, Tonic. **P**

**Frankincense** - Anti-inflammatory, Antiseptic, Rejuvenating, Tonic.

**Garlic** - Antiseptic, Antiviral, Tonic.

## ! Precautions

- Never take Essential Oils internally.
- Avoid contact with eyes and other sensitive areas.
- During pregnancy check with a professional/doctor before using Essential Oils.
- Should you suffer a reaction to any Essential Oil, stop using it immediately.

- If you suffer from a medical condition (high blood pressure, epilepsy, etc.) check with a doctor before using Essential Oils.
- Never use Essential Oils undiluted on the skin.
- Never use Essential Oils on babies or small children except under professional guidance.

**P = Best avoided during pregnancy. This list is to be used only as a guide.**

**Niaouli** - Antiseptic, Antiviral, Stimulant, Tonic. Similar to Tea Tree in action.

**Nutmeg** - Spicy, Warming. Not recommended for use on the skin. **P**

**Oakmoss Resin** - Antiseptic, Fixative, To optimise effective respiration. **P**

**Orange** - Anti-inflammatory, Antiseptic, Astringent, Relaxing, Soothing, Tonic.

**Origanum** - Potent oil, Not recommended for use on the skin. Use with caution. **P**

**Original Bush Tea Tree** - Strongly Antibacterial, Antifungal, Anti-inflammatory and Antiviral.

**Palmarosa** - Antiseptic, Stimulant, Tonic. Good for balancing dry or oily skin.

**Parsley Seed** - Potent oil, use with caution. **P**

**Patchouli** - Anti-inflammatory, Antiseptic, Antiviral Aphrodisiac, Astringent, Stimulant, Tonic.

**Peppermint** - Anti-inflammatory, Antiseptic, Antiviral, Astringent, Cooling and Stimulating. **P**

**Petitgrain** - Antiseptic, Relaxing, Stimulant, Tonic.

**Pimento** - Warming. Use with caution. **P**

**Pine** - Aphrodisiac, Antiseptic, Antiviral, Cleansing, Stimulant, Good in a vaporiser.

**Ravensara** - Antiseptic, Antiviral, Stimulant, Tonic.

**Rose Maroc/Turkish** - Aphrodisiac, Astringent, Antiseptic, Euphoric, Sensual, Tonic. **P**

**Rosemary** - Antiseptic, Aphrodisiac, Astringent, Stimulating, Tonic. **P**

**Sage** - Anti-inflammatory, Antiseptic, Astringent, Tonic. Potent oil. Use with caution.

**Sandalwood Mysore/New Caledonia** - Antiseptic, Aphrodisiac, Astringent, Exotic, Fixative, Relaxing, Sensual, Tonic.

**Spearmint** - Anti-inflammatory, Astringent, Antiseptic, Stimulating, Tonic. **P**

**Spike Lavender** - Antibacterial, Camphor. **P**

**Tagette** - Potent oil. Use with caution. **P**

**Tea Tree** - Antibacterial, Antifungal, Anti-inflammatory and Antiviral.

**Thyme** - (Red) Stimulating, Revitalising.

**Tonka Bean Absolute** - Relaxing, Aphrodisiac, Fixative. **P**

**Valerian Root** - Relaxing.

**Verbena** - Aphrodisiac.

**Vetivert** - Antiseptic, Relaxing, Stimulant, Tonic.

**Violet Leaf Absolute** - Anti-inflammatory, Antirheumatic, Antiseptic, Decongestant, Relaxing, Skin soothing. **P**

**Wintergreen** - Anti-inflammatory, Astringent, Stimulant.

**Yarrow** - Anti-inflammatory, Antiseptic, Tonic.

**Ylang Ylang** - Aphrodisiac, Antiseptic, Relaxing, Soothing, Tonic.

**Geranium** - Anti-inflammatory, Antiseptic, Balancing, Stimulating, Tonic, Uplifting.

**Ginger** - Antiseptic, Balancing, Stimulating, Tonic, Warming.

**Grapefruit** - Antiseptic, Refreshing, Stimulating, Tonic.

**Helichrysum** - Anti-inflammatory, Antiseptic, Fixative, Revitalising, Soothing for skin.

**Ho Leaf** - Relaxing. Often substituted for Rosewood.

**Hyssop** - Antiseptic, Antiviral, Clarifying, Relaxing, Stimulating, Tonic. **P**

**Jasmine** - Anti-inflammatory, Antiseptic, Aphrodisiac, Relaxing, Tonic. **P**

**Jasmine Sambac** - Aphrodisiac, Antidepressant, Sedative, Antispasmodic, Skin nourishing, skin balancing. **P**

**Juniper** - Antiseptic, Aphrodisiac, Relaxing, Tonic. **P**

**Lavender** - Anti-inflammatory, Antiviral, Antiseptic, Balancing, Relaxing, Soothing for skin. Tonic. The most popular oil. **P**

**Labdanum Absolute** - Anti-microbial, Antiseptic, Expectorant, Emmenagogue, Mature skin, Relaxing, Fixative.

**Lemon** - Antibacterial, Astringent, Tonic.

**Lemon Eucalyptus** - Anti-inflammatory, Antiseptic, Antiviral, Calming, Stimulating.

**Lemon Myrtle** - A powerful antibacterial, antiseptic, and antifungal agent. Energising yet calming and clarifying. Good in a vaporiser. Potent oil. Use with caution. **P**

**Lemongrass** - Anti-inflammatory, Antiseptic, Astringent, Calming, Uplifting, Stimulant, Tonic.

**Lime** - Antibacterial, Antiseptic, Antiviral, Calming, Stimulant.

**Mandarin** - Antiseptic, Harmonising, Stimulating, Tonic, Uplifting.

**Manuka** - Antiseptic, Relaxing. **P**

**Marjoram** - (Cultivated) Antiseptic, Antiviral, Balancing, Calming, Relaxing everyday aches and pains, Tonic. **P**

**Marjoram** - (Spanish) Antiseptic, Calming, Decongestant, Stimulant.

**May Chang** - Antibacterial, Relaxing. **P**

**Melissa** - Emotional balancer, Relaxing. **P**

**Myrrh** - Anti-inflammatory, Antiseptic, Antiviral, Astringent, Calming, Dry skin, Problem skin, Tonic. **P**

**Myrtle** - Generally aids respiratory & immune system.

**Neroli** - Antiseptic, Aphrodisiac, Balancing, Calming, Deeply relaxing, Euphoric, Tonic.

## Essential Oils

| Common Name                           | Latin Name                                       | 5ml    | 10ml   | 25ml    | 50ml    | Part of Plant                | Method of Extraction               | Country of Origin |
|---------------------------------------|--|--------|--------|---------|---------|------------------------------|------------------------------------|-------------------|
| Allspice (Pimento)                    | Pimento dioica (=officinalis)                    | £12.49 | £20.79 | £41.59  | £70.69  | leaves                       | S                                  | Jamaica           |
| Amyris                                | Amyris balsamifera                               |        | £10.99 | £21.95  | £37.29  | wood                         | S                                  | Haiti             |
| Angelica Root, Garden                 | Angelica archangelica                            | £30.65 | £58.45 | £116.85 | £198.65 | dried roots                  | S                                  | Hungary           |
| Anise (Star Anise)                    | Illicium verum                                   |        | £9.45  | £18.89  | £32.09  | fruits                       | S                                  | China             |
| Balm (Lemon Balm, Melissa)            | Melissa officinalis                              | £34.99 |        |         |         | flowering tops, leaves       | S                                  | England           |
| Basil                                 | Ocimum basilicum                                 |        | £11.39 | £22.79  | £38.69  | herb                         | S                                  | Vietnam           |
| Bay Leaf, West Indian                 | Pimento racemosa                                 | £10.19 | £16.19 | £32.45  | £55.09  | leaves                       | S                                  | Dominica          |
| Benzoin Resinoid 50%                  | Styrax benzoin                                   |        | £10.99 | £21.95  | £37.29  | resin                        | A                                  | Thailand          |
| Bergamot                              | Citrus x aurantium bergamia                      |        | £10.75 | £21.49  | £36.39  | fruit                        | E                                  | Italy             |
| Bergamot FCF*                         | Citrus x aurantium bergamia                      |        | £10.99 | £21.95  | £37.29  | peel of fresh fruit          | E                                  | Italy             |
| Birch, Rectified                      | Betula alba                                      | £11.19 | £17.55 | £35.05  | £59.59  | tar (from all parts of tree) | D, S, V                            | Russia            |
| Black Pepper                          | Piper nigrum                                     |        | £9.15  | £18.29  | £31.05  | dried berries                | S                                  | India             |
| Cade, Rectified                       | Juniperus oxycedrus                              |        | £8.95  | £17.69  | £30.15  | tar (from wood)              | D, S / V                           | France            |
| Cajeput                               | Melaleuca leucadendra                            |        | £9.65  | £19.25  | £32.65  | leaves                       | S                                  | Indonesia         |
| Camphor, White                        | Cinnamomum camphora                              |        | £6.45  | £12.85  | £21.85  | wood                         | S                                  | China             |
| Cardamon Seed                         | Elettaria cardamomum                             | £14.75 | £25.35 | £50.59  | £85.99  | Pods                         | S                                  | Guatemala         |
| Carnation                             | Dianthus caryophyllus                            | £64.99 |        |         |         | flowers                      | A                                  | France            |
| Caraway Seed                          | Carum carvi                                      |        | £10.89 | £21.85  | £37.15  | seeds                        | S                                  | France            |
| Carrot Seed                           | Daucus carota                                    | £9.35  | £13.89 | £27.75  | £47.05  | seeds                        | S                                  | India             |
| Cedarwood Atlas                       | Cedrus atlantica                                 |        | £7.75  | £15.45  | £26.19  | wood                         | S                                  | Morocco           |
| Cedarwood Virginia                    | Juniperus virginiana                             |        | £8.19  | £16.39  | £27.85  | wood                         | S                                  | USA               |
| Chamomile Blue Egyptian               | Matricaria chamomilla (=recutita)                | £20.99 | £37.85 | £75.69  | £128.75 | flowering tops               | S                                  | Egypt             |
| Chamomile Roman                       | Chamaemelum nobile (=Anthemis nobilis)           | £15.95 | £27.85 | £55.59  | £94.49  | flowering tops               | S                                  | England           |
| Cinnamon Leaf                         | Cinnamomum zelanicum                             |        | £6.85  | £13.49  | £23.05  | leaves                       | S                                  | Sri Lanka         |
| Cinnamon Bark                         | Cinnamomum zeylanicum                            | £9.35  | £13.89 | £27.75  | £47.09  | bark                         | S                                  | Sri Lanka         |
| Citronella                            | Cymbopogon winterianus                           |        | £7.29  | £14.55  | £24.75  | grass                        | S                                  | Sri Lanka / China |
| Clary Sage                            | Salvia sclarea                                   | £8.95  | £13.09 | £26.09  | £44.35  | flowering tops, leaves       | S                                  | Russia            |
| Clove Leaf                            | Syzygium aromaticum (=Eugenia caryophyllata)     |        | £6.39  | £12.79  | £21.75  | leaves                       | S                                  | Madagascar        |
| Copaiba Balsam (Oil)                  | Copaifera officinalis                            |        | £11.55 | £23.09  | £39.19  |                              | Steam distillation of crude balsam | Brazil            |
| Coriander Seed                        | Coriandrum sativum                               |        | £12.89 | £25.75  | £43.69  | seed                         | S                                  | Ukraine           |
| Cumin Seed                            | Cuminum cyminum                                  | £9.65  | £14.45 | £28.89  | £49.15  | seed                         | S                                  | Egypt             |
| Cypress                               | Cupressus sempervirens                           |        | £8.19  | £16.39  | £27.85  | needles, twigs, branches     | S                                  | Spain / France    |
| Eucalyptus Globulus                   | Eucalyptus globulus                              |        | £6.45  | £12.89  | £21.95  | leaves                       | S                                  | China             |
| Eucalyptus Radiata                    | Eucalyptus radiata var. australiana              |        | £7.99  | £15.95  | £27.05  | leaves                       | S                                  | Australia         |
| Fennel Seed, Sweet                    | Foeniculum vulgare (var. dulce)                  |        | £8.95  | £17.85  | £30.25  | seed                         | S                                  | Hungary           |
| Frankincense                          | Boswellia carterii                               | £10.05 | £15.89 | £31.79  | £54.09  | gum resin                    | S                                  | Somalia           |
| Galbanum                              | Ferula gummosa = Ferula galbaniflua & Ferula sp. | £12.75 | £21.29 | £42.65  | £72.49  | resin                        | S                                  | France            |
| Garlic                                | Allium sativum                                   |        | £13.79 |         |         | bulb                         | S                                  | China             |
| Geranium                              | Pelargonium graveolens                           |        | £12.95 | £25.85  | £43.95  | aerial parts                 | S                                  | China             |
| Ginger                                | Zingiber officinalis                             |        | £9.29  | £18.55  | £31.55  | roots                        | S                                  | China             |
| Grapefruit                            | Citrus x paradisi                                |        | £8.49  | £16.99  | £28.85  | fruit                        | E                                  | Israel            |
| Helichrysum (Everlasting, Immortelle) | Helichrysum angustifolium                        | £27.15 | £51.49 | £102.89 | £174.95 | flowering tops               | S                                  | Balkans           |
| Ho Leaf                               | Cinnamomum camphora                              |        | £7.95  | £15.89  | £26.99  | leaves                       | S                                  | China             |

## Essential Oils

| Common Name                         | Latin Name                                   | 5ml     | 10ml   | 25ml    | 50ml    | Part of Plant           | Method of Extraction | Country of Origin       |
|-------------------------------------|--|---------|--------|---------|---------|-------------------------|----------------------|-------------------------|
| <b>Hyssop</b>                       | Hyssopus officinalis                         | £11.79  | £19.45 | £38.85  | £65.99  | herb                    | S                    | France / Spain          |
| <b>Jasmine</b>                      | Jasminum officinalis                         | £44.55  |        |         |         | flowers                 | A                    | Egypt                   |
| <b>Juniper</b>                      | Juniperus communis                           |         | £10.39 | £20.79  | £35.35  | berries, needles        | S                    | Slovenia                |
| <b>Lavender</b>                     | Lavandula angustifolia                       |         | £10.49 | £20.95  | £35.65  | flowers                 | S                    | France                  |
| <b>Lemon</b>                        | Citrus limon                                 |         | £8.09  | £16.19  | £27.55  | fruit                   | E                    | Italy                   |
| <b>Lemon Eucalyptus</b>             | Corymbia citriodora (=Eucalyptus citriodora) |         | £7.05  | £14.15  | £23.89  | leaves                  | S                    | Australia               |
| <b>Lemongrass</b>                   | Cymbopogon flexuosus                         |         | £6.69  | £13.35  | £22.75  | grass                   | S                    | India                   |
| <b>Lemon Myrtle</b>                 | Backhousia citriodora                        |         | £14.35 | £28.69  | £48.75  | leaves                  | S                    | Australia               |
| <b>Lemon Verbena</b>                | Aloysia citriodora                           | £27.65  |        |         |         | flowering stalks        | S                    | Morocco                 |
| <b>Lime</b>                         | Citrus x aurantifolia                        |         | £9.55  | £19.05  | £32.35  | fruit                   | E, S                 | Caribbean / Ivory Coast |
| <b>Mandarin</b>                     | Citrus reticulata                            |         | £6.69  | £13.35  | £22.75  | fruit                   | E, S                 | Brazil                  |
| <b>Manuka</b>                       | Leptospermum scoparium                       | £22.65  | £41.25 | £82.45  | £140.15 | leaves, twigs, branches | S                    | New Zealand             |
| <b>Marjoram, Sweet (Cultivated)</b> | Origanum majorana                            |         | £10.15 | £20.29  | £34.49  | herb                    | S                    | Egypt                   |
| <b>Marjoram, Spanish</b>            | Thymus mastichina                            |         | £10.09 | £20.19  | £34.29  | herb                    | S                    | Spain                   |
| <b>May Chang</b>                    | Litsea cubeba                                |         | £9.25  | £18.49  | £31.45  | fruit                   | S                    | China                   |
| <b>Myrrh</b>                        | Commiphora myrrha                            | £14.55  | £24.95 | £49.89  | £84.85  | gum                     | S                    | Somalia                 |
| <b>Myrtle, Common</b>               | Myrtis communis                              |         | £12.49 | £25.05  | £42.65  | leaves, stalks          | S                    | Morocco                 |
| <b>Neroli</b>                       | Citrus aurantium subs. Amara                 | £56.79  |        |         |         | flowers                 | S                    | Tunisia                 |
| <b>Niaouli</b>                      | Melaleuca viridiflora                        |         | £8.75  | £17.45  | £29.65  | leaves                  | S                    | Madagascar              |
| <b>Nutmeg</b>                       | Myristica fragrans                           |         | £9.25  | £18.45  | £31.35  | ground whole nutmegs    | S                    | Indonesia               |
| <b>Oakmoss Resinoid Absolute</b>    | Evernia prunastri                            | £14.39  | £24.69 | £49.39  | £83.95  | lichen                  | S                    | France                  |
| <b>Orange, Sweet</b>                | Citrus x sinensis (Pera variety)             |         | £6.15  | £12.25  | £20.75  | fruit                   | E                    | Brazil                  |
| <b>Oregano, Common</b>              | Origanum vulgare                             |         | £13.49 | £27.05  | £45.95  | flowering tops          | S                    | France                  |
| <b>Palmarosa</b>                    | Cymbopogon martinii                          |         | £11.39 | £22.79  | £38.69  | grass                   | S                    | Madagascar              |
| <b>Palo Santo</b>                   | Bursera graveolens                           | £16.99  | £29.85 | £59.69  | £101.49 | resin                   | S                    | Peru                    |
| <b>Parsley Seed</b>                 | Petroselinum crispum (=sativum)              | £10.79  | £17.55 | £34.99  | £59.49  | seeds                   | S                    | France                  |
| <b>Patchouli</b>                    | Pogostemon cablin                            |         | £13.89 | £27.75  | £47.09  | properly dried leaves   | S                    | Indonesia               |
| <b>Peppermint</b>                   | Mentha piperita                              |         | £7.05  | £14.15  | £23.89  | leaves                  | S                    | USA                     |
| <b>Petitgrain</b>                   | Citrus aurantium                             |         | £8.65  | £17.25  | £29.29  | leaves, twigs           | S                    | Paraguay                |
| <b>Pine (Siberian Fir)</b>          | Abies sibirica                               |         | £9.15  | £18.29  | £31.05  | needles                 | S                    | Siberia                 |
| <b>Ravensara</b>                    | Ravensara aromatica                          |         | £14.85 | £29.59  | £50.29  | leaves                  | S                    | Madagascar              |
| <b>Rose Maroc Absolute</b>          | Rosa x centifolia                            | £41.25  |        |         |         | flowers                 | A                    | Morocco                 |
| <b>Rose Turkish Otto</b>            | Rosa x damascena                             | £194.25 |        |         |         | flowers                 | S                    | Turkey                  |
| <b>Rosemary</b>                     | Rosmarinus officinalis                       |         | £8.79  | £17.55  | £29.75  | herb                    | S                    | Spain                   |
| <b>Sage, Spanish</b>                | Salvia lavandulifolia                        |         | £10.09 | £20.15  | £34.19  | herb                    | S                    | Spain                   |
| <b>Sandalwood, Mysore</b>           | Santalum album                               | £33.75  | £64.69 | £129.39 | £219.89 | heartwood               | S                    | India                   |
| <b>Sandalwood, New Caledonia</b>    | Santalum austrocaledonicum                   | £32.69  | £62.59 | £125.19 | £212.85 | trunk, stump, roots     | S                    | Australia               |
| <b>Spearmint</b>                    | Mentha spicata                               |         | £7.99  | £15.99  | £27.19  | leaves                  | S                    | China                   |
| <b>Spike Lavender</b>               | Lavandula latifolia                          |         | £10.39 | £20.95  | £35.55  | flowering tops          | S                    | Spain / France          |
| <b>Tagette</b>                      | Tagetes minuta (=glandulifera)               | £10.15  | £15.45 | £30.85  | £52.39  | flowering herb          | S                    | Kenya                   |
| <b>Tea Tree</b>                     | Melaleuca alternifolia                       |         | £7.65  | £15.29  | £25.99  | leaves                  | S                    | S. Africa / Australia   |
| <b>Thyme, Red</b>                   | Thymus zygis                                 | £10.69  | £16.59 | £33.19  | £56.35  | flowering tops, leaves  | S                    | Spain                   |
| <b>Tonka Bean Absolute</b>          | Dipteryx odorata                             | £39.09  |        |         |         | bean                    | A, S                 | France                  |
| <b>Turmeric</b>                     | Curcuma longa                                |         | £7.45  | £14.85  | £25.25  | rhizomes                | S                    | India                   |
| <b>Valerian Root</b>                | Valeriana officinalis                        | £11.25  | £18.29 | £36.55  | £62.15  | roots                   | S                    | China                   |

## Essential Oils

| Common Name          | Latin Name                           | 5ml    | 10ml    | 25ml    | 50ml    | Part of Plant | Method of Extraction | Country of Origin |
|----------------------|--------------------------------------|--------|---------|---------|---------|---------------|----------------------|-------------------|
| Vanilla Absolute     | Vanilla planifolia                   | £66.29 | £129.79 | £259.59 | £441.35 | Pods          | A                    | Madagascar        |
| Vetivert             | Chrysopogon (=Vetiveria) zizanioides | £10.09 | £15.99  | £32.05  | £54.45  | dried roots   | S                    | Java              |
| Violet Leaf Absolute | Viola Odorata                        | £38.45 |         |         |         | leaves        | A, S                 | France            |
| Wintergreen          | Gaultheria procumbens                |        | £7.75   | £15.49  | £26.35  | twigs         | S                    | USA               |
| Yarrow               | Achillea millefolium                 | £17.59 | £32.35  | £64.65  | £109.79 | herb          | S                    | England           |
| Ylang Ylang          | Cananga odorata                      |        | £12.35  | £24.65  | £41.89  | flowers       | S                    | Comoros           |

## Organic Essential Oils

Our range of Organic Essential Oils listed below is produced under the strict Soil Association Symbol Scheme of which we are proud to be a part.



| Common Name    | Latin Name             | 5ml   | 10ml   | 25ml   | 50ml   | Part of Plant    | Method of Extraction | Country of Origin  |
|----------------|------------------------|-------|--------|--------|--------|------------------|----------------------|--------------------|
| Eucalyptus     | Eucalyptus globulus    |       | £8.65  | £17.25 | £29.19 | leaves           | S                    | China              |
| Geranium, Rose | Pelargonium graveolens | £9.79 | £14.65 | £29.29 | £49.75 | herbaceous parts | S                    | Madagascar / Kenya |
| Lavender       | Lavandula angustifolia |       | £10.79 | £21.65 | £36.75 | herb             | S                    | Bulgaria           |
| Lemon          | Citrus limon           |       | £8.95  | £17.85 | £30.35 | fruit            | E                    | Italy              |
| Peppermint     | Mentha piperita        |       | £10.05 | £20.05 | £34.09 | herb             | S                    | India              |
| Rosemary       | Rosmarinus officinalis |       | £10.39 | £20.75 | £35.29 | leaves           | S                    | N. Africa          |
| Tea Tree       | Melaleuca alternifolia |       | £9.25  | £18.45 | £31.35 | leaves           | S                    | Australia          |
| Ylang Ylang    | Cananga odorata        |       | £16.59 | £33.15 | £56.35 | flowers          | S                    | Madagascar         |

## Diluted Essential Oils in Jojoba (10%)

Essential Oils are diluted into cold pressed Jojoba oil giving all the benefits of the most expensive Essential Oils at an affordable price.

| Common Name              | 5ml    | 10ml   | Part of Plant          | Method of Extraction | Country of Origin |
|--------------------------|--------|--------|------------------------|----------------------|-------------------|
| Carnation Dilute         | £15.25 | £25.85 | flowers                | A                    | France            |
| Jasmine Dilute           | £11.85 | £19.09 | flowers                | A                    | Egypt             |
| Melissa Dilute           | £10.25 | £15.89 | flowering tops, leaves | S                    | England           |
| Neroli Dilute            | £13.85 | £23.09 | flowers                | S                    | Tunisia           |
| Rose Maroc Dilute        | £11.29 | £17.99 | flowers                | A                    | Morocco           |
| Rose Turkish Dilute      | £36.55 | £68.49 | flowers                | S                    | Turkey            |
| Sandalwood Mysore Dilute | £10.05 | £15.55 | heartwood              | S                    | India             |

## Christmas Oil

Our superb blend of Cinnamon, Clove, Nutmeg, Orange and Pine Essential Oils.

| Name          | 10ml  | 25ml   | 50ml   | Method of Extraction | Country of Origin |
|---------------|-------|--------|--------|----------------------|-------------------|
| Christmas Oil | £6.69 | £13.39 | £22.85 | Crude balsam         | Brazil            |

## Balsams & Resinoids

| Common Name             | Latin Name                       | 30ml   | Method of Extraction | Country of Origin    |
|-------------------------|----------------------------------|--------|----------------------|----------------------|
| Copaiba Balsam          | Copaifera officinalis            | £14.39 | Crude balsam         | El Salvador          |
| Tolu Balsam Absolute    | Myroxylon balsamum var. balsamum | £33.89 |                      |                      |
| Peru Balsam             | Myroxylon balsamum var. pereirae | £20.65 | A                    | Turkey               |
| Storax Resinoid, Levant | Liquidambar orientalis           | £40.05 | A                    | Colombia / Venezuela |

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## Base Oils

We offer a large range of natural and pre-blended Base Oils that can be used on their own or to dilute Essential Oils for use on the skin.

| Common Name                      | Latin Name   | Description  | 25ml   | 50ml   | 100ml  | 250ml  | 500ml   | 750ml  | 1 Litre | 5 Litre | Country of Origin       |
|----------------------------------|--|--|--------|--------|--------|--------|---------|--------|---------|---------|-------------------------|
| <b>Almond, Sweet BP73†</b>       | <i>Prunus amygdalus dulcis</i>                               | Refined  |        |        | £6.25  | £12.35 | £22.29  |        | £43.69  | £198.65 | EU / Argentina          |
| <b>Almond, Sweet</b>             | <i>Prunus amygdalus dulcis</i>                               | Organic, Cold Pressed  |        |        | £4.65  | £6.95  | £10.55  |        | £19.75  |         | Various                 |
| <b>Apricot Kernel</b>            | <i>Prunus armeniaca</i>                                      | Refined  |        |        | £7.59  | £11.65 | £18.19  |        | £34.29  | £128.25 | EU                      |
| <b>Argan</b>                     | <i>Argania spinosa</i>                                       | Organic, Cold Pressed, Deodorised  | £11.39 | £18.39 | £32.19 | £73.09 | £141.15 |        | £280.19 |         | Morocco                 |
| <b>Avocado</b>                   | <i>Persea americana (=gratissima)</i>                        | Organic, Cold Pressed  |        | £8.59  | £12.49 | £23.99 | £42.95  |        | £83.79  |         | Spain / S. Africa       |
| <b>Avocado</b>                   | <i>Persea americana (=gratissima)</i>                        | Refined  |        |        | £8.69  | £14.39 | £23.65  |        | £45.35  | £182.89 | South Africa            |
| <b>Avocado</b>                   | <i>Persea americana (=gratissima)</i>                        | Unrefined, Cold Pressed  |        | £7.65  | £10.69 | £19.39 | £33.75  |        | £65.49  |         | S. Africa               |
| <b>Black Seed (Black Cumin)</b>  | <i>Nigella sativa</i>  | Organic, Cold Pressed  |        | £10.39 | £16.35 | £33.49 | £61.99  |        | £121.69 |         | Israel                  |
| <b>Candlenut (Kukui Nut)</b>     | <i>Aleurites moluccanus</i>                                  | Refined  |        | £7.95  | £11.29 | £20.89 | £36.75  |        | £71.39  |         | Malayasia               |
| <b>Castor</b>                    | <i>Ricinus communis</i>                                      | Refined  |        |        | £8.49  | £11.79 | £18.55  |        | £34.99  |         | India                   |
| <b>Castor</b>                    | <i>Ricinus communis</i>                                      | Organic, Cold Pressed  |        |        | £8.49  | £11.79 | £18.55  |        | £34.99  |         | India                   |
| <b>Coconut</b>                   | <i>Cocos nucifera</i>  | Solid, Refined   |        |        |        | £10.39 | £17.69  |        | £27.29  |         | Indonesia / Phillipines |
| <b>Coconut (Fractionated)</b>    | From <i>Cocos nucifera</i> . Caprylic / Capric triglyceride. | (MCT - Medium Chain Triglycerides)   |        |        | £9.09  | £15.39 | £25.69  |        | £49.29  | £202.99 | Malayasia / Indonesia   |
| <b>Evening Primrose 9% GLA††</b> | <i>Oenothera biennis</i>                                     | Cold Pressed, Lightly Refined w/o use of solvents, to maintain EFA profile |        | £11.25 | £17.79 | £37.19 | £69.25  |        | £136.49 | £638.85 | EU / China              |
| <b>Grapeseed</b>                 | <i>Vitis vinifera</i>  | Refined  |        |        |        | £7.39  | £11.45  |        | £21.59  | £79.75  | EU / S. America         |
| <b>Hemp Seed</b>                 | <i>Cannabis sativa</i>                                       | Organic, Cold Pressed  |        |        | £7.05  | £12.99 | £22.75  |        | £44.15  |         | Netherlands             |
| <b>Jobba Seed</b>                | <i>Simmondsia chinensis</i>                                  | Golden, Cold Pressed   |        | £9.25  | £13.85 | £27.29 | £49.55  |        | £97.05  |         | Israel                  |
| <b>Macadamia Nut</b>             | <i>Macadamia ternifolia</i>                                  | Refined  |        |        | £9.79  | £17.09 | £29.09  |        | £56.09  | £237.09 | Spain                   |
| <b>Moringa Seed</b>              | <i>Moringa oleifera</i>                                      | Cold Pressed   | £9.09  | £13.79 | £22.99 | £50.15 | £95.25  |        | £188.35 |         | India / Kenya           |
| <b>Mustard Seed</b>              | <i>Brassica juncea &amp; Sinapsis alba</i>                   | Cold Pressed   |        | £6.65  | £8.75  |        |         |        |         |         | Germany                 |
| <b>Neem Seed</b>                 | <i>Azadirachta indica (=Melia azadirachta)</i>               | Organic, Cold Pressed  |        |        | £9.15  | £15.55 | £25.95  |        | £49.89  |         | India                   |
| <b>Olive</b>                     | <i>Olea europea</i>  | Refined Virgin   |        |        | £5.79  | £9.85  | £16.35  |        | £31.29  | £128.55 | Spain                   |
| <b>Olive</b>                     | <i>Olea europea</i>  | Extra Virgin   |        |        |        | £4.49  | £7.69   | £10.49 |         | £65.79  | Greece                  |
| <b>Peach Kernel</b>              | <i>Prunus persica</i>  | Refined  |        |        |        | £11.79 | £18.49  |        | £34.95  | £131.19 | EU                      |
| <b>Pomegranate Seed</b>          | <i>Punica granatum</i>                                       | Organic, Cold Pressed  | £8.95  | £13.49 | £22.45 | £48.85 | £92.55  |        |         |         | Turkey                  |
| <b>Rosehip Seed</b>              | <i>Rosa canina</i>   | Organic, Cold Pressed  | £11.69 | £18.99 | £33.29 | £75.89 | £146.89 |        | £291.79 |         | Chile / Bulgaria        |
| <b>Sea Buckthorn Fruit</b>       | <i>Hippophae rhamnoides</i>                                  | Cold Pressed   | £9.75  | £15.05 | £25.45 | £56.15 | £107.35 |        | £212.65 |         | Germany                 |
| <b>Sesame Seed BP†</b>           | <i>Sesamum indicum</i>                                       | Refined  |        |        | £7.89  | £12.45 | £19.75  |        | £37.59  | £144.29 | Mexico                  |
| <b>Tamanu Seed</b>               | <i>Calophyllum inophyllum</i>                                | Organic, Cold Pressed  | £9.19  | £13.99 | £23.35 | £51.05 | £96.99  |        | £191.99 |         | Vietnam                 |
| <b>Vitamin E</b>                 | From wheatgerm   | Refined  |        |        | £11.89 | £21.79 | £37.95  |        | £73.65  | £320.49 | Europe / Argentina      |
| <b>Wheatgerm</b>                 | <i>Triticum aestivum</i>                                     | Unrefined  |        |        | £10.25 | £17.59 | £29.55  |        | £56.85  | £236.45 | Various                 |

## Macerated Oils

These oils are made by a process of cold infusion. The herb is submerged into Sweet Almond (SA), Sunflower Seed (SS) or Coconut Oil (CO) and left for up to a month for the maceration to take place. The oil is then filtered and the properties of the herb retained.

| Common Name            | Latin Name            | Method of Extraction | 50ml  | 100ml  | 250ml  | 500ml  | 1 Litre |
|------------------------|-----------------------|----------------------|-------|--------|--------|--------|---------|
| <b>Comfrey Leaf</b>    | Symphytum officinale  | SS                   | £7.25 | £9.89  | £17.45 | £29.75 | £57.39  |
| <b>Marigold Flower</b> | Calendula officinalis | SS                   | £6.65 | £8.69  | £14.39 | £23.69 | £45.35  |
| <b>Monoï Flower</b>    | Gardenia taitensis    | CO, Supplied in Jars |       |        | £18.45 | £33.89 | £59.69  |
| <b>St John's Wort</b>  | Hypericum perforatum  | SS                   | £8.75 | £12.85 | £24.79 | £44.45 | £86.95  |

## Floral Waters and Distillates

Floral Waters are created in the distillation process when producing floral Essential Oils.

| Common Name                           | Latin Name                     | Description | 100ml  | 250ml  | 500ml  | 1 Litre | 5 Litre | Country of Origin |
|---------------------------------------|--------------------------------|-------------|--------|--------|--------|---------|---------|-------------------|
| <b>Distilled Witch Hazel BP†</b>      | Hamamelis virginiana           |             | £7.79  | £12.15 | £19.25 | £36.39  | £138.39 | USA               |
| <b>Glycerine, Vegetable BP† 99.5%</b> | From Rapeseed (Brassica napus) |             | £8.99  | £13.09 | £20.99 | £39.99  | £156.35 | Germany           |
| <b>Lavender Water</b>                 | Lavandula angustifolia         | Organic     | £9.99  | £17.65 | £30.15 | £58.25  | £247.49 | Bulgaria          |
| <b>Orange Flower Water (Neroli)</b>   | Citrus x aurantium amara       |             | £13.49 | £25.39 | £44.89 | £87.35  | £386.55 | Morocco           |
| <b>Rosewater</b>                      | Rosa damascena                 | Organic     | £9.89  | £17.35 | £29.59 | £57.15  | £242.15 | Bulgaria          |
| <b>Turpentine Pine Essential Oil</b>  | Pinus sp.                      |             | £10.65 | £19.35 | £33.65 | £65.19  | £282.35 | Austria           |

## Waxes

| Common Name                           | Latin Name                     | 25g                      | 100g   | 250g   | 500g   | 1000g  | Country of Origin |  |
|---------------------------------------|--------------------------------|--------------------------|--------|--------|--------|--------|-------------------|--|
| <b>Beeswax Block, Yellow</b>          |                                | £5.79 (approx. 28g each) |        |        |        |        |                   |  |
| <b>Beeswax Pellets, White BP†</b>     |                                | £4.59                    | £13.09 | £27.85 | £47.29 |        |                   |  |
| <b>Beeswax Pellets, Yellow BP†</b>    |                                | £5.15                    | £14.55 | £31.09 | £52.89 |        |                   |  |
| <b>Emulsifying Wax, Vegetable BP†</b> | From Rapeseed (Brassica napus) | £2.49                    | £7.05  | £14.95 | £25.45 |        | USA               |  |
| <b>Jajoba Wax</b>                     |                                | £3.35                    | £9.55  | £20.19 | £34.29 |        |                   |  |
| <b>Rapeseed Wax</b>                   |                                |                          |        |        | £17.45 | £29.65 |                   |  |
| <b>Soya Wax C3</b>                    |                                | £1.65                    | £4.69  | £9.99  | £16.89 |        |                   |  |

Our vegetable waxes are palm oil free.

## Butters

| Common Name                   | Latin Name      | Description       | 100g   | 250g   | Country of Origin |
|-------------------------------|-----------------|-------------------|--------|--------|-------------------|
| <b>Cocoa Butter</b>           | Theobroma cacao | Solid, Deodorised | £5.59  | £11.89 | W. Africa         |
| <b>Cocoa Butter (Organic)</b> | Theobroma cacao | Solid             | £14.75 | £31.29 | Ivory Coast       |

| Common Name         | Latin Name                                  | Description                              | 120ml | 250ml  | 500ml  | Country of Origin      |
|---------------------|---|--|-------|--------|--------|------------------------|
| <b>Mango Butter</b> | Mangifera indica                            | Cold Pressed, Refined (Supplied in jars) |       | £16.95 |        | Costa Rica / Dom. Rep. |
| <b>Shea Butter</b>  | Vitellaria paradoxa (=Butyrospermum parkii) | Refined (Supplied in jars)               | £9.65 | £12.49 | £21.29 | Ghana                  |

†Pharmaceutical Grade (conforms to purity standards set by the British Pharmacopoeia)

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## Base Products

Our mild, gentle and unfragranced bases are the perfect way to create a unique range of natural creams, lotions, massage oils, shampoos and conditioners.

### Base Lotion

| Ingredients   | 250ml  | 500ml  | 1 Litre |
|---|--------|--------|---------|
| Aqua (water), Aloe barbadensis (Organic Leaf) Extract, Helianthus annuus (Organic Sunflower) Oil, Cocos nucifera (Organic Coconut) Oil, Stearic Acid, Cetearyl Alcohol, Glycerin, Phenoxyethanol Ethylhexylglycerin, Cetyl Alcohol, Coco Glucosides, Hippophae rhamnoides (Sea Buckthorn) Extract, Tocopherol, Phytic Acid, Sodium Hydroxide, Benzyl Alcohol. | £10.25 | £15.85 | £26.79  |

### Light Base Cream

| Ingredients   | 250ml  | 500ml  | 1 Litre |
|---|--------|--------|---------|
| Aqua (water), Aloe barbadensis (Organic Leaf) Extract, Caprylic / Capric Triglyceride (Light Coconut Oil), Prunus armeniaca (Apricot Kernel) Oil, Glyceryl Stearate, Stearic Acid, Glycerin, Cetearth-20, Phenoxyethanol & Ethylhexylglycerin, Hippophae rhamnoides (Sea Buckthorn) Extract, Cetyl Alcohol, Carbomer, Tocopherol, Retinyl Palmitate (Vitamin A), Sodium Hydroxide, Benzyl Alcohol | £11.75 | £21.29 | £38.25  |

### Thick Base Cream

| Ingredients   | 250ml  | 500ml  | 1 Litre |
|---|--------|--------|---------|
| Aqua (Water), Aloe barbadensis (Organic Leaf) Extract, Helianthus annuus (Organic Sunflower) Oil, Butyrospermum parkii (Organic Shea) Oil, Cetearyl Alcohol, Cetyl Alcohol, Stearic Acid, Glycerin, Coco Caprylate, Theobroma cacao (Organic Cocoa) Seed Butter, Glyceryl Stearate, Phenoxyethanol & Ethylhexylglycerin, Hippophae rhamnoides (Sea Buckthorn) Extract, Coco Glucosides, Tocopherol, Sodium Hydroxide, Phytic Acid | £11.75 | £21.29 | £38.25  |

### Shower Gel and Bath Base

| Ingredients   | 250ml | 500ml  | 1 Litre |
|---|-------|--------|---------|
| Aqua (Water), Cocamidopropyl Betaine, Decyl Glucoside, Sodium Cocoamphoacetate, Coco Glucoside, Glycerin, Xanthan Gum, Benzyl Alcohol, Dehydro Acetic Acid, Sorbic Acid, Benzoic Acid, Hippophae rhamnoides (Sea Buckthorn) Extract, Quillaja saponaria (Soapbark) Extract, Citric Acid | £9.55 | £14.55 | £24.19  |

### Bath Milk Base

| Ingredients                      | 250ml  | 500ml  | 1 Litre |
|----------------------------------|--------|--------|---------|
| Glycine Soja Oil, Polysorbate 80 | £10.35 | £16.09 | £27.29  |

### Massage Oil Base

| Ingredients   | 250ml | 500ml  | 1 Litre |
|---|-------|--------|---------|
| A blend of Sweet Almond, Grapeseed, Vitamin E, Evening Primrose and Wheatgerm oils. | £8.99 | £13.39 | £21.85  |

### Richer Massage Oil Base

| Ingredients   | 250ml | 500ml  | 1 Litre |
|---|-------|--------|---------|
| A blend of Sweet Almond, Coconut, Grapeseed, Jojoba, Avocado, Evening Primrose, Vitamin E and Wheatgerm oils. | £9.65 | £14.75 | £24.65  |

### Shampoo Base

| Ingredients   | 250ml | 500ml  | 1 Litre |
|---|-------|--------|---------|
| Aqua (Water), Cocamidopropyl Betaine, Coco Glucoside, Sodium Cocoamphoacetate, Decyl Glucoside, Glycerin, Xanthan Gum, Benzyl Alcohol, Dehydro Acetic Acid, Sorbic Acid, Benzoic Acid, Hippophae rhamnoides (Sea Buckthorn) Extract, Quillaja Saponaria (Soapbark) Extract, Citric Acid | £9.35 | £14.25 | £23.55  |

### Conditioner Base

| Ingredients  | 250ml | 500ml  | 1 Litre |
|--|-------|--------|---------|
| Aqua (water), Cetyl Alcohol, Cetrimonium Chloride, Cocos nucifera (Organic Coconut) Oil, Glyceryl Stearate S/E, Phenoxyethanol & Ethylhexylglycerin, Hippophae rhamnoides (Sea Buckthorn) Extract, Citric Acid, Tocopherol, Benzyl Alcohol | £9.19 | £13.89 | £22.85  |

## Olive Tree Base Products

A range of luxury, unscented, skin-friendly personal care products based on the moisturising, conditioning and softening cosmetic properties of olive oil.

### Body Wash Base

A very mild non irritating formula provides excellent cleansing leaving even the most delicate skin types fresh and ready to go.

| Ingredients   | 250ml  | 500ml  | 1 Litre |
|---|--------|--------|---------|
| Aqua - Sodium coco-sulphate - Caprylyl/capryl glucoside - Glycerin - Coco-glucoside - Sodium benzoate - Xanthan gum - Glyceryl oleate - Potassium sorbate - Hydrolysed rice protein - Olea europaea leaf extract. | £10.55 | £16.55 | £28.09  |

### Lotion Base

This light, soothing lotion provides emollience and suppleness for the skin without leaving a greasy feel. Perfect for after a morning shower.

| Ingredients  | 250ml  | 500ml  | 1 Litre |
|--|--------|--------|---------|
| Aqua - Olea europaea fruit oil - Glyceryl stearate - Glycerin - Helianthus annuus seed oil - Ceteareth-20 - Butyrospermum parkii butter - Cetyl alcohol - Sodium benzoate - Xanthan gum - Potassium sorbate - Tocopherol - Olea europaea leaf extract. | £10.25 | £15.85 | £26.79  |

### Light Cream Base

Great for those with a more oily skin type or as a light day cream for all. Leaves the skin velvety smooth.

| Ingredients  | 250ml  | 500ml  | 1 Litre |
|--|--------|--------|---------|
| Aqua - Olea europaea fruit oil - Prunus amygdalis oil - Glyceryl stearate - Cetyl alcohol - Butyrospermum parkii butter - Glycerin - Ceteareth-20 - Sodium benzoate - Olea europaea unsaponifiables - Potassium sorbate - Tocopherol - Olea europaea leaf extract. | £11.39 | £20.49 | £36.65  |

### Rich Cream Base

A rich and deeply moisturising cream to give your skin a lasting soft and elegant feel. A perfect day cream for those with dry skin or as an overnight cream for skin in need of nourishment.

| Ingredients   | 250ml  | 500ml  | 1 Litre |
|---|--------|--------|---------|
| Aqua - Olea europaea fruit oil - Butyrospermum parkii butter - Cetyl alcohol - Glyceryl stearate - Glycerin - Ceteareth-20 - Olea europaea unsaponifiables - Sodium benzoate - Potassium sorbate - Tocopherol - Olea europaea leaf extract. | £11.39 | £20.49 | £36.65  |

### Shampoo Base

A gentle but deep cleansing shampoo mild enough for everyday use. Wheat protein and Panthenol smooth the hair shaft and add shine and freshness to all hair types.

| Ingredients  | 250ml  | 500ml  | 1 Litre |
|--|--------|--------|---------|
| Aqua - Sodium coco-sulphate - Caprylyl/capryl glucoside - Glycerin - Coco-glucoside - Sodium benzoate - Panthenol - Xanthan gum - Glyceryl oleate - Potassium sorbate - Hydrolysed wheat protein - Olea europaea leaf extract. | £10.55 | £16.55 | £28.09  |

### Conditioner Base

A lovely rich and creamy conditioner made with ingredients to leave all hair types exceptionally sleek, healthy and easy to manage.

| Ingredients   | 250ml  | 500ml  | 1 Litre |
|---|--------|--------|---------|
| Aqua - Cetyl alcohol - Glycerin - Behentrimonium methosulfate - Sodium benzoate - Simmondsia chinensis seed oil - Olea europaea fruit oil - Potassium sorbate - Hydroxypropyl guar hydroxypropyltrimonium chloride - Olea europaea leaf extract | £11.25 | £17.89 | £30.85  |



## Neroli and Willow Bark Balancing Skincare

New to our exclusive product range is our Neroli & Willow Bark Balancing Skincare Range. We have specially formulated this luxurious botanical blend to cleanse, balance and revive skin, and help maintain a clear complexion. With added natural ingredients and Essential Oils, it's perfect for combination to oily, acne-prone skin – but suitable for all skin types.

### Balancing Face Wash

A skin balancing face wash to gently remove impurities, leaving skin fresh and clean. The antioxidants and anti-inflammatory properties of Willow Bark makes it an effective botanical for gently exfoliating, balancing and cleansing skin by controlling sebum production and unclogging pores. Neroli will maintain moisture levels and balance oily skin, leaving skin perfectly balanced, looking fresh and clean.

100ml

£11.65

### Balancing Serum

This serum with its light-weight formula soothes irritation and reduces shine in oily/combination skin. Ideal for all skin types including problem/sensitive skin. Leaves skin moisturised and radiant.

30ml

£15.19

### Balancing, Exfoliating Hand & Body Wash

A gentle exfoliating hand and body wash to polish the skin leaving it smooth and refreshed. Neroli is well-known for its skin revitalising benefits and together with Willow Bark their anti-inflammatory properties will revive the appearance of the skin. The added astringent benefits of Willow Bark gently soften and exfoliate dead skin cells leaving your skin cleansed, smooth and refreshed.

250ml

£13.99

### Balancing Clay Face Mask

This Neroli & Willow Bark clay face mask has been carefully blended to unclog pores and absorb excess oil from the skin. With additional botanicals of Chamomile and Aloe Vera to leave your skin smooth and clean.

60ml

£12.85

### Balancing Face Cream

A calming and moisturising cream with Neroli and Bergamot to keep skin hydrated, balanced and clear all day long. The astringent and anti-inflammatory properties of Willow Bark tone the skin and reduce inflammation. The ideal moisturiser for oily/combination skin, as well as all skin types to maintain a clear complexion.

60ml

£16.19

### Balancing Body Lotion

A luxurious body cream that soothes and leaves the skin smooth and hydrated. The wonderful combination of Neroli & Willow Bark have natural anti-inflammatory and skin-reviving properties, to soothe, soften and revitalise skin leaving it smooth and hydrated.

250ml

£13.99



## Face Oils

Our range of facial oils will nourish and refine your skin, leaving it soft and hydrated.

### Dry

A deeply moisturising blend of Apricot, Wheatgerm, Avocado, Jojoba and Vitamin E combined with pure essential oils of Geranium, Benzoin, Chamomile (maroc), Patchouli and Sandalwood to soothe, nourish and rehydrate dry, ageing and sensitive skin.

50ml

£8.29



### Normal

Pure essential oils of Rose (maroc), Lavender, Lemon and Chamomile (maroc) combined with Apricot, Evening Primrose and Vitamin E provide a nourishing and restorative moisturising oil for dry to normal skin types.

50ml

£10.49



## Infant Massage Oil & Foot Lotion

### Infant Massage Oil

This specially formulated oil moisturises and protects baby's skin. The unique blend of Chamomile and Lavender in a Sweet Almond base is suitably gentle yet effective in its soothing properties.

50ml

£5.69

100ml

£7.69



### Foot Lotion

A light soothing lotion which combines the cooling and refreshing effects of Peppermint Oil with the antiseptic deodorising properties of Eucalyptus and Rosemary to revive tired legs and weary feet. The addition of Benzoin helps to ensure its moisturising effects.

60ml

£8.39

120ml

£12.85



## Bath & Body Oils

Carefully selected collection of Essential Oils and natural products will help soothe and restore body and soul.

### De-toxifying

Grapefruit, Fennel and Juniper together with Oregano and Cypress produce a toning effect, stimulating the breakdown of cellulite.

|                 | 50ml         | 100ml         |
|-----------------|--------------|---------------|
| <b>Bath Oil</b> |              | <b>£10.89</b> |
| <b>Body Oil</b> | <b>£8.49</b> | <b>£12.25</b> |

### Harmonising

Lavender, Marjoram and Geranium have been blended to produce a relaxing oil to soothe restore and balance the system.

|                 | 50ml         | 100ml         |
|-----------------|--------------|---------------|
| <b>Bath Oil</b> |              | <b>£11.69</b> |
| <b>Body Oil</b> | <b>£8.15</b> | <b>£11.85</b> |

### Revitalising

An exhilarating blend of Lavender, Peppermint and Lemon, guaranteed to wake you up and leave you feeling raring to go!

|                 | 50ml         | 100ml         |
|-----------------|--------------|---------------|
| <b>Bath Oil</b> |              | <b>£11.35</b> |
| <b>Body Oil</b> | <b>£7.65</b> | <b>£11.09</b> |

### Soothing

The soothing and relaxing properties of Lavender and Chamomile (maroc) have been carefully blended with Bergamot for its uplifting qualities and Neroli known for its sensual effects to produce a luxuriant skin-oil.

|                 | 50ml          | 100ml         |
|-----------------|---------------|---------------|
| <b>Bath Oil</b> |               | <b>£14.75</b> |
| <b>Body Oil</b> | <b>£11.75</b> | <b>£17.05</b> |

## Castile Soap

### 98.79% Organic Liquid Castile Soap

Unscented, mild and gentle can be used in the bath, shower, for shaving, cleaning surfaces, and hand washing clothes. Can also be used in homemade face and body scrubs. Use unscented or add just a few drops of your favourite essential oils to make it your own personal tailored product.

| 250ml        | 500ml        | 1 Litre       |
|--------------|--------------|---------------|
| <b>£6.15</b> | <b>£9.99</b> | <b>£15.35</b> |

### Everyday aches and pains

Nutmeg, Eucalyptus, Marjoram, Rosemary and Black Pepper provide a deeply restorative effect following physical exertion.

|                 | 50ml         | 100ml         |
|-----------------|--------------|---------------|
| <b>Bath Oil</b> |              | <b>£10.39</b> |
| <b>Body Oil</b> | <b>£8.29</b> | <b>£12.05</b> |

### Refreshing

A spicy formula combining Orange and Geranium, this blend is designed to refresh and revitalise both mind and body - the ideal blend for those jaded moments.

|                 | 50ml         | 100ml         |
|-----------------|--------------|---------------|
| <b>Bath Oil</b> |              | <b>£9.85</b>  |
| <b>Body Oil</b> | <b>£7.95</b> | <b>£11.45</b> |

### Sensual

An exotic blend of Essential Oil of Rose (maroc), Jasmine and Ylang Ylang provide a euphoric concoction when combined with the uplifting qualities of Sweet Orange, Clary Sage and the balancing properties of Sandalwood, particularly nourishing for Dry, Mature Skin.

|                 | 50ml          | 100ml         |
|-----------------|---------------|---------------|
| <b>Bath Oil</b> |               | <b>£17.35</b> |
| <b>Body Oil</b> | <b>£11.85</b> | <b>£17.25</b> |



## Body Wash, Body Balm & Bath Salts

Baldwin's Bath and Body range combines the benefits of Essential Oils and natural ingredients to refresh, invigorate and moisturise.

### Citrus

With Mandarin, Grapefruit and Lime. If you lack energy these zesty fragrances, together with that of Lemongrass, Bergamot and Lemon will awaken and refresh you. Enlivening both body and mind.

|                   | 250ml  | 120g   | 280g |
|-------------------|--------|--------|------|
| Citrus Body Wash  | £12.19 |        |      |
| Citrus Body Balm  | £11.75 |        |      |
| Citrus Bath Salts |        | £16.85 |      |

### Moisturising

A luxurious combination of essential oils. The lingering floral fragrance of Ylang Ylang harmonises perfectly with Lavender and Orange to soothe and uplift the mind. Enriched with the replenishing properties of Geranium and Jojoba to leave your skin feeling smooth, supple and protected from dryness.

|                         | 250ml  | 120g | 280g   |
|-------------------------|--------|------|--------|
| Moisturising Body Wash  | £12.65 |      |        |
| Moisturising Body Balm  | £12.35 |      |        |
| Moisturising Bath Salts |        |      | £18.19 |

### Revitalising

An exhilarating blend of Lavender, Peppermint and Lemon, Guaranteed to wake you up and leave you feeling raring to go!

|                         | 250ml  | 120g | 280g   |
|-------------------------|--------|------|--------|
| Revitalising Body Wash  | £12.05 |      |        |
| Revitalising Body Balm  | £11.79 |      |        |
| Revitalising Bath Salts |        |      | £16.95 |

## Shampoos & Conditioners

Our haircare products are made with natural, mild ingredients to gently cleanse, nourish and condition the scalp and hair.

### Anti-Dandruff Shampoo with Sage & Tea Tree

Astringent, antibacterial shampoo for healthy scalp and radiant hair. Essential Oils of Eucalyptus, Peppermint, Lemon, Basil and Tea Tree strengthens, adds shine and stimulates the hair and scalp. Purifying and soothing to the skin especially where dry, scaly dandruff is a problem. Use in conjunction with Sage & Tea Tree conditioner.

250ml £12.69

### Conditioner for Anti-Dandruff Hair with Sage & Tea Tree

Enriched with Coconut and Evening Primrose to maximise beneficial conditioning effects.

250ml £11.89

### Dry Hair Shampoo with Ylang Ylang & Lavender

For dry, damaged and brittle hair the combination of Parsley, Sandalwood and Chamomile provides a restorative effect further enhanced by the nourishing benefits of coconut oil. A gentle shampoo which together with Ylang Ylang & Lavender conditioner will protect and restore vitality to dry, damaged hair.

250ml £15.39

### Conditioner for Dry Hair with Ylang Ylang & Lavender

Will protect and restore vitality to dry, damaged hair.

250ml £13.75

### Normal Hair Shampoo with Geranium & Orange

Gentle yet deeply cleansing and refreshing with Orange, Geranium, Bergamot and Lemon to assist in the removal of residue 'build up' leaving hair strong and shiny. Starflower, Carrot and Jojoba ensure good condition is maintained. For maximum benefit use in conjunction with Geranium & Orange conditioner.

250ml £12.15

### Conditioner for Normal Hair with Geranium & Orange

For increased strength and manageability and a healthy shine.

250ml £13.09



## Amber Alpha Glass Bottles

A range of versatile bottles that can be used with a variety of different closures.



### with Screw Caps and Plug Inserts

These are the bottles we use to pack our essential oils. The black caps are tamper evident, and are fitted with a plastic plug insert. When you screw on the cap the plug insert is pushed into the neck of the bottle, and dispenses a steady flow of drops when the bottle is inverted.

| Size  | Colour | Unit Price (each) | Tray Size | Tray Price |
|-------|--------|-------------------|-----------|------------|
| 5ml   | Amber  | £0.95             | 186       | £154.95    |
| 10ml  | Amber  | £0.95             | 180       | £149.95    |
| 25ml  | Amber  | £1.15             | 168       | £171.39    |
| 30ml  | Amber  | £1.15             | 104       | £106.09    |
| 50ml  | Amber  | £1.25             | 105       | £116.95    |
| 100ml | Amber  | £1.35             | 68        | £82.09     |

Available with Standard Plugs (for normal viscosity oils) or Thick Plugs (for use with thicker oils). Please specify which plug you require when ordering. If you do not require a cap with a plug insert, please see our Alpha bottles with Plain Caps.

### with Lotion Pump Tops

| Size  | Colour | Unit Price (each) | Tray Size | Tray Price |
|-------|--------|-------------------|-----------|------------|
| 5ml   | Amber  | £2.39             | 186       | £398.69    |
| 10ml  | Amber  | £2.39             | 180       | £385.85    |
| 25ml  | Amber  | £2.59             | 168       | £391.55    |
| 30ml  | Amber  | £2.59             | 104       | £242.39    |
| 50ml  | Amber  | £2.69             | 105       | £254.55    |
| 100ml | Amber  | £2.79             | 68        | £171.25    |

### with Pipettes

| Size  | Colour | Unit Price (each) | Tray Size | Tray Price |
|-------|--------|-------------------|-----------|------------|
| 5ml   | Amber  | £1.85             | 186       | £311.65    |
| 10ml  | Amber  | £1.85             | 180       | £301.59    |
| 25ml  | Amber  | £2.09             | 168       | £312.95    |
| 30ml  | Amber  | £2.09             | 104       | £193.69    |
| 50ml  | Amber  | £2.29             | 105       | £215.25    |
| 100ml | Amber  | £2.39             | 68        | £145.75    |

### with Plain Caps (No Plug Insert)

| Size  | Colour | Unit Price (each) | Tray Size | Tray Price |
|-------|--------|-------------------|-----------|------------|
| 5ml   | Amber  | £0.95             | 186       | £154.95    |
| 10ml  | Amber  | £0.95             | 180       | £149.95    |
| 25ml  | Amber  | £1.15             | 168       | £171.39    |
| 30ml  | Amber  | £1.15             | 104       | £106.09    |
| 50ml  | Amber  | £1.25             | 105       | £116.95    |
| 100ml | Amber  | £1.35             | 68        | £82.09     |

### with Atomiser Spray Tops

| Size  | Colour | Unit Price (each) | Tray Size | Tray Price |
|-------|--------|-------------------|-----------|------------|
| 5ml   | Amber  | £2.39             | 186       | £398.69    |
| 10ml  | Amber  | £2.39             | 180       | £385.85    |
| 25ml  | Amber  | £2.59             | 168       | £391.55    |
| 30ml  | Amber  | £2.59             | 104       | £242.39    |
| 50ml  | Amber  | £2.69             | 105       | £254.55    |
| 100ml | Amber  | £2.79             | 68        | £171.25    |

### Alpha Lotion Pump Top

This lotion pump top is suitable for dispensing serums, creams and lotions.

£1.75

### Alpha Atomiser Spray Top

This handy spray top is an ideal way to dispense your favourite Baldwins products, and fits our Alpha bottles.

£1.75

## Amber Syrup Glass Bottles

All sizes of Amber Syrup Glass Bottles have a 28mm neck and can be used with screw caps, pump tops and atomiser spray tops.



### with Screw Caps

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 100ml  | Amber  | £1.15             | 104       | £106.09    |
| 150ml  | Amber  | £1.25             | 84        | £93.55     |
| 200ml  | Amber  | £1.35             | 67        | £80.89     |
| 250ml  | Amber  | £1.65             | 63        | £93.75     |
| 300ml  | Amber  | £1.75             | 51        | £80.69     |
| 500ml  | Amber  | £1.85             | 35        | £58.65     |
| 1000ml | Amber  | £4.69             | 20        | £84.05     |

### with Lotion Pump Tops

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 100ml  | Amber  | £2.29             | 104       | £213.19    |
| 150ml  | Amber  | £2.39             | 84        | £180.05    |
| 200ml  | Amber  | £2.49             | 67        | £149.89    |
| 250ml  | Amber  | £2.79             | 63        | £158.65    |
| 300ml  | Amber  | £2.89             | 51        | £133.19    |
| 500ml  | Amber  | £2.99             | 35        | £94.69     |
| 1000ml | Amber  | £5.79             | 20        | £104.65    |

### with Trigger Spray Tops

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 100ml  | Amber  | £3.19             | 104       | £300.79    |
| 150ml  | Amber  | £3.35             | 84        | £250.79    |
| 200ml  | Amber  | £3.45             | 67        | £206.35    |
| 250ml  | Amber  | £3.65             | 63        | £205.79    |
| 300ml  | Amber  | £3.75             | 51        | £171.39    |
| 500ml  | Amber  | £3.85             | 35        | £120.89    |
| 1000ml | Amber  | £6.75             | 20        | £121.49    |

### with Atomiser Spray Tops

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 100ml  | Amber  | £1.85             | 104       | £174.25    |
| 150ml  | Amber  | £1.99             | 84        | £148.59    |
| 200ml  | Amber  | £2.09             | 67        | £124.79    |
| 250ml  | Amber  | £2.39             | 63        | £135.05    |
| 300ml  | Amber  | £2.49             | 51        | £114.09    |
| 500ml  | Amber  | £2.59             | 35        | £81.59     |
| 1000ml | Amber  | £5.49             | 20        | £99.05     |

### Pump Top

This easy to use Pump Top is great for lotions and creams, and fits our Glass Syrup and Plastic (PET) Bottles.

£1.55

### Screw Cap

Tamper-evident screw caps fit all our syrup glass and plastic (PET) bottles.

£0.35

### Atomiser Spray 28mm

This Atomiser Spray will fit both Plastic PET Bottles and the Glass Syrup Bottles range - ideal for spray-misting floral waters.

£1.75

### Trigger Spray

This handy Trigger Spray is an ideal way to dispense your favourite Baldwins product and fits our Glass Syrup and Plastic (PET) Bottles.

£2.29

# Amber & Clear Glass - Winchester, Beta & Roll-on Bottles

## Winchester Wide Mouth Glass Bottles with Screw Caps

| Size  | Colour | Unit Price (each) | Tray Size | Tray Price |
|-------|--------|-------------------|-----------|------------|
| 10ml  | Amber  | £1.35             | 162       | £195.59    |
| 30ml  | Amber  | £1.35             | 120       | £144.89    |
| 50ml  | Amber  | £1.45             | 90        | £117.09    |
| 100ml | Amber  | £1.75             | 86        | £136.05    |



## Beta Glass Bottles with Pipettes

The natural rubber bulb of the pipette has been treated to make it resistant to Essential Oils.

| Size | Colour | Unit Price (each) | Tray Size | Tray Price |
|------|--------|-------------------|-----------|------------|
| 10ml | Amber  | £2.09             | 162       | £301.75    |
| 30ml | Amber  | £2.09             | 120       | £223.55    |



## Pipettes

|            |       |
|------------|-------|
| Small 10ml | £1.25 |
| Large 30ml | £1.25 |



## Amber & Clear Roll-On Glass Bottles with Plastic Rollers and Screw Caps

| Size | Colour | Unit Price (each) | Tray Size | Tray Price |
|------|--------|-------------------|-----------|------------|
| 10ml | Clear  | £1.35             | 572       | £690.65    |
| 10ml | Amber  | £1.35             | 572       | £690.65    |

## Amber & Clear Roll-On Glass Bottles with Spray Caps

| Size | Colour | Unit Price (each) | Tray Size | Tray Price |
|------|--------|-------------------|-----------|------------|
| 10ml | Clear  | £1.65             | 572       | £851.29    |
| 10ml | Amber  | £1.65             | 572       | £851.29    |

## Amber & Clear Roll-On Glass Bottles with Metal Rollers and Screw Caps

| Size | Colour | Unit Price (each) | Tray Size | Tray Price |
|------|--------|-------------------|-----------|------------|
| 10ml | Clear  | £1.45             | 572       | £744.19    |
| 10ml | Amber  | £1.45             | 572       | £744.19    |

## Amber & Clear Roll-On Glass Bottles with Screw Caps (No Roller)

| Size | Colour | Unit Price (each) | Tray Size | Tray Price |
|------|--------|-------------------|-----------|------------|
| 10ml | Clear  | £0.75             | 572       | £369.45    |
| 10ml | Amber  | £0.75             | 572       | £369.45    |



## Amber & Clear - Glass and Plastic Jars

### Amber Glass Jars with Screw Top Lids

Amber glass jars come with either black or silver screw top lids.

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 30ml*  | Amber  | £1.45             | 72        | £93.69     |
| 60ml*  | Amber  | £1.55             | 72        | £100.39    |
| 100ml  | Amber  | £1.85             | 68        | £88.79     |
| 120ml* | Amber  | £2.59             | 53        | £97.89     |
| 180ml  | Amber  | £3.09             | 42        | £97.95     |
| 250ml  | Amber  | £5.79             | 35        | £83.75     |
| 500ml  | Amber  | £5.59             | 16        | £80.50     |

For some sizes we also offer an option of a silver screw top lid. Please specify your choice when ordering jars marked with an asterisk.



### Clear Glass Jars with Screw Top Lids

Clear glass jars come with either black or silver screw top lids.

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 15ml   | Clear  | £1.35             | 110       | £132.85    |
| 30ml*  | Clear  | £1.45             | 110       | £143.09    |
| 60ml*  | Clear  | £1.55             | 72        | £100.39    |
| 120ml* | Clear  | £1.85             | 63        | £105.55    |
| 250ml  | Clear  | £3.65             | 40        | £130.69    |

For some sizes we also offer an option of a silver screw top lid. Please specify your choice when ordering jars marked with an asterisk.



### Amber & Clear Reagent Glass Jars with Traditional Ground Glass Stoppers

| Size  | Colour | Unit Price (each) | Tray Size | Tray Price |
|-------|--------|-------------------|-----------|------------|
| 50ml  | Clear  | £13.49            | 40        | £486.35    |
| 100ml | Clear  | £15.29            | 10        | £137.49    |
| 250ml | Clear  | £20.05            | 10        | £180.55    |
| 500ml | Clear  | £26.29            | 15        | £486.35    |
| 50ml  | Amber  | £13.49            | 40        | £659.99    |
| 100ml | Amber  | £15.29            | 48        | £541.65    |
| 250ml | Amber  | £20.05            | 30        | £236.69    |
| 500ml | Amber  | £26.29            | 10        | £227.61    |



### Clear Plastic (PET) Jars with Screw Top Lids

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 75ml   | Clear  | £1.65             | 90        | £133.95    |
| 150ml  | Clear  | £2.79             | 190       | £508.59    |
| 250ml  | Clear  | £2.89             | 190       | £339.49    |
| 500ml  | Clear  | £4.69             | 84        | £298.79    |
| 1000ml | Clear  | £3.35             | 42        | £258.45    |



## Amber Plastic (PET) Bottles

We offer a complete range of Amber Plastic (PET) Bottles, these are similar in appearance to the Syrup Glass Bottles and take the same tamper-evident screw cap, pump top and atomiser spray top.

### with Screw Caps

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 100ml  | Amber  | £1.65             | 112       | £166.69    |
| 150ml  | Amber  | £1.85             | 202       | £338.45    |
| 250ml  | Amber  | £1.99             | 130       | £229.99    |
| 500ml  | Amber  | £3.09             | 80        | £223.89    |
| 1000ml | Amber  | £3.65             | 61        | £199.25    |

### with Lotion Pump Tops

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 100ml  | Amber  | £2.59             | 112       | £261.05    |
| 150ml  | Amber  | £2.79             | 202       | £508.59    |
| 250ml  | Amber  | £2.89             | 130       | £339.49    |
| 500ml  | Amber  | £4.69             | 80        | £298.79    |
| 1000ml | Amber  | £3.35             | 61        | £258.45    |

### with Atomiser Spray Tops

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 100ml  | Amber  | £2.39             | 112       | £240.05    |
| 150ml  | Amber  | £2.59             | 202       | £470.79    |
| 250ml  | Amber  | £2.69             | 130       | £315.15    |
| 500ml  | Amber  | £3.75             | 80        | £268.85    |
| 1000ml | Amber  | £4.25             | 61        | £233.55    |

### with Trigger Spray Tops

| Size   | Colour | Unit Price (each) | Tray Size | Tray Price |
|--------|--------|-------------------|-----------|------------|
| 100ml  | Amber  | £3.65             | 112       | £365.85    |
| 150ml  | Amber  | £3.85             | 202       | £697.69    |
| 250ml  | Amber  | £3.95             | 130       | £461.19    |
| 500ml  | Amber  | £4.99             | 80        | £358.69    |
| 1000ml | Amber  | £5.49             | 61        | £302.05    |

### Pump Top

This easy to use Pump Top is great for lotions and creams, and fits our Glass Syrup and Plastic (PET) Bottles. **£1.55**

### Atomiser Spray 28mm

This Atomiser Spray will fit both Plastic PET Bottles and the Glass Syrup Bottles range - ideal for spray-misting floral waters. **£1.05**

### Screw Cap

Tamper-evident screw caps fit all our syrup glass and plastic (PET) bottles. **£0.59**

### Trigger Spray

This handy Trigger Spray is an ideal way to dispense your favourite Baldwins product and fits our Glass Syrup and Plastic (PET) Bottles. **£2.29**



## Amber Plastic (PET) Bottle (18mm Neck)

Small and very versatile for use with your choice of Alpha range caps and tops.



| Description                     | Size | Colour | Unit Price (each) | Tray Size | Tray Price |
|---------------------------------|------|--------|-------------------|-----------|------------|
| With Screw Cap and Plug Insert  | 50ml | Amber  | £1.05             | 550       | £509.65    |
| With Plain Cap (No Plug Insert) | 50ml | Amber  | £1.05             | 550       | £509.65    |
| With Pipette                    | 50ml | Amber  | £2.19             | 550       | £1,075.95  |
| With Atomiser Spray Top         | 50ml | Amber  | £2.49             | 550       | £1,230.39  |
| With Pump Top                   | 50ml | Amber  | £2.49             | 550       | £1,230.39  |



### Lip Balm Tin

| Size | Colour | Unit Price (each) |
|------|--------|-------------------|
| 15ml | Silver | £0.95             |



### Plastic Sample Jar

| Size | Colour | Unit Price (each) |
|------|--------|-------------------|
| 5ml  | Clear  | £0.59             |



### Lip Balm Tubes with Push On Caps (Twist Base)

Plastic Lip Balm Tube with push-on cap and twist-up base. The case allows you to propel and retract the product up and down the tube. These lip balm containers are ideal for lip balms, concealers, herbal products and other cosmetics. Available in White and Translucent (please specify when ordering)

| Size | Colour      | Unit Price (each) |
|------|-------------|-------------------|
| 4.3g | White       | £1.25             |
| 4.3g | Translucent | £1.25             |



### Bomex Glass Beakers

| Size   | Unit Price (each) |
|--------|-------------------|
| 50ml   | £3.19             |
| 100ml  | £3.65             |
| 250ml  | £4.15             |
| 600ml  | £7.59             |
| 1000ml | £11.85            |

### Jerricans

| Size             | Unit Price (each) |
|------------------|-------------------|
| 5 litre          | £6.95             |
| 10 litre         | £19.25            |
| 25 litre         | £56.59            |
| 5 litre Pump top | £6.65             |

### Polypropylene Measuring Cylinders

| Size  | Unit Price (each) |
|-------|-------------------|
| 10ml  | £14.35            |
| 25ml  | £14.55            |
| 100ml | £25.25            |

### Plastic Funnels

| Size | Unit Price (each) |
|------|-------------------|
| 10cm | £10.39            |
| 12cm | £10.69            |
| 18cm | £22.45            |

### Glass Stirring Rod

| Size | Unit Price (each) |
|------|-------------------|
| 15cm | £2.89             |



## Baldwin's Supplements

We believe that our range of Multivitamins, Minerals, Omegas and superfoods offer the best combination of quality and value.

### Multivitamins & Minerals

#### Ultimate Multi, Multi-Vitamin & Mineral

Our specially designed formula includes a full spectrum of vegan vitamins and minerals, supergreens like watercress, spirulina and wheatgrass and a huge array of anti-oxidant ingredients to help the body cope with the strains of modern living. Now with 50mg of Coenzyme Q10 and 400iu of Vitamin D3.

|                   |        |
|-------------------|--------|
| 60 vegan capsules | £31.55 |
|-------------------|--------|

#### Hair Skin & Nails Multi

|                       |        |
|-----------------------|--------|
| 60 vegetarian tablets | £32.39 |
|-----------------------|--------|

#### Basic Multi

|                       |        |
|-----------------------|--------|
| 30 vegetarian tablets | £15.35 |
| 60 vegetarian tablets | £24.95 |
| 90 vegetarian tablets | £33.75 |

#### Women's Multi

Women's Multi is specifically formulated to suit the nutritional demands of today's women.

|                       |        |
|-----------------------|--------|
| 90 vegetarian tablets | £43.55 |
|-----------------------|--------|

### A Vitamins

#### Vitamin A 3000 mcg (10,000 IU)

Vitamin A is essential to the maintenance of healthy eyes, skin and mucous membranes. Required to support a healthy immune system.

|              |        |
|--------------|--------|
| 100 softgels | £12.15 |
|--------------|--------|

#### Vitamin A & D 10,000 IU A + 400 IU D

These vitamins are important for promoting strong teeth, bones, eyes, as well as to support growth and the immune system.

|              |        |
|--------------|--------|
| 100 softgels | £12.95 |
|--------------|--------|

#### Cod Liver Oil

Naturally sourced from fish liver oil which provides both vitamins A and D in a low dosage.

|              |        |
|--------------|--------|
| 100 softgels | £15.19 |
| 250 softgels | £29.49 |

#### Natural Beta Carotene 15,000 mcg (25,000 IU)

Beta-carotene is not only an important antioxidant, it is also an excellent source of pro-vitamin A. Our Beta Carotene product is 100% natural and contains other beneficial carotenoids that can be found in a variety of fruits and vegetables.

|              |        |
|--------------|--------|
| 50 softgels  | £19.95 |
| 100 softgels | £35.09 |

### B Complex

The B Vitamins are involved in nerve health and energy metabolism.

#### Balanced B-100

Balanced B-100 is a comprehensive and well balanced higher potency formula for those wanting greater nutritional support.

|                  |        |
|------------------|--------|
| 60 vegan tablets | £28.95 |
| 90 vegan tablets | £40.95 |

#### Balanced B-50

Our Balanced B-50 tablets are formulated to provide a balanced combination in a single tablet.

|                  |        |
|------------------|--------|
| 60 vegan tablets | £17.55 |
| 90 vegan tablets | £24.29 |



## B Vitamins

B Vitamins have been shown to provide maximum benefit when taken together, supporting their diverse role in the body, including skin, hair, eye, nerve, adrenal and cardiovascular health.

### Biotin 5mg

Biotin is part of the Vitamin B family and is important for skin, hair and nails, as well as its role in energy production.

|                   |               |
|-------------------|---------------|
| 60 vegan capsules | <b>£19.69</b> |
|-------------------|---------------|

### No Flush Niacin - 525mg V

Also known as Vitamin B3. Promotes healthy cholesterol levels and supports energy production.

|                    |               |
|--------------------|---------------|
| 100 vegan capsules | <b>£48.65</b> |
|--------------------|---------------|

### Pantothenic Acid

A member of the B Vitamins, Pantothenic Acid plays an essential role supporting metabolism, the adrenals, and in the proper utilization of PABA and Choline. Especially beneficial during times of stress.

|                  |               |
|------------------|---------------|
| 60 vegan tablets | <b>£27.95</b> |
|------------------|---------------|

### Vitamin B6 100mg

B6 is required for the metabolism of fats and proteins and for energy production.

|                   |               |
|-------------------|---------------|
| 100 vegan tablets | <b>£15.19</b> |
|-------------------|---------------|

### Methyl Folate

Folate, also known as folic acid, or Vitamin B9, is required for many critical functions in the body. L-Methylfolate is the biologically active form of B9. We cannot make folate on our own and depend on supplementation or dietary ingestion to maintain normal levels. Regardless of the source, (folate or folic acid) it must be converted into its active form (methylfolate) to be useful to the body, and this conversion can be problematic. Once it is in the methylfolate (active) form it can be transported into cells, tissues and across the blood-brain barrier. Low levels of Folate can be caused by low dietary intake, poor absorption or altered folate metabolism due to genetic defects. Folate deficiencies have been linked to increased risk of neural tube defects, and other negative health concerns

|                  |               |
|------------------|---------------|
| 90 vegan tablets | <b>£23.75</b> |
|------------------|---------------|

### B-12 Lozenge 1000mcg

|                    |               |
|--------------------|---------------|
| 100 vegan lozenges | <b>£22.09</b> |
|--------------------|---------------|

### Vitamin B12 1000mcg (Prolonged Release)

Essential for proper energy metabolism, nerve function, red blood cell formation and cardiovascular health.

|                  |               |
|------------------|---------------|
| 30 vegan tablets | <b>£10.05</b> |
|------------------|---------------|

|                  |               |
|------------------|---------------|
| 60 vegan tablets | <b>£15.75</b> |
|------------------|---------------|



## C Vitamins

Vitamin C is important for immune health and is involved in the renewal and repair of tissues. A daily supplement regimen with Vitamin C plus Rosehips offers powerful protection against free radical damage.

### Buffered Vitamin C 1000mg Plus Minerals (Prolonged Release)

Buffered C lowers the acidity, offering better tolerance to those with gastric irritation. Gentle and easy to digest and contains additional health promoting minerals.

|                   |               |
|-------------------|---------------|
| 100 vegan tablets | <b>£58.25</b> |
|-------------------|---------------|

### Vitamin C Crystal Powder

|            |               |
|------------|---------------|
| 113g vegan | <b>£24.55</b> |
|------------|---------------|

|            |               |
|------------|---------------|
| 227g vegan | <b>£40.19</b> |
|------------|---------------|

### Vitamin C 500mg Plus Rosehips

Vitamin C and Rosehips work synergistically for a more effective supplement in providing antioxidant protection.

|                   |               |
|-------------------|---------------|
| 100 vegan tablets | <b>£16.19</b> |
|-------------------|---------------|

|                   |               |
|-------------------|---------------|
| 250 vegan tablets | <b>£35.55</b> |
|-------------------|---------------|

### Vitamin C 1000mg Plus Rosehips

A high potency C plus Rosehips for added support.

|                  |               |
|------------------|---------------|
| 50 vegan tablets | <b>£15.75</b> |
|------------------|---------------|

|                   |               |
|-------------------|---------------|
| 100 vegan tablets | <b>£27.29</b> |
|-------------------|---------------|

|                   |               |
|-------------------|---------------|
| 250 vegan tablets | <b>£58.25</b> |
|-------------------|---------------|

Order now at [www.baldwins.co.uk](http://www.baldwins.co.uk)

## D Vitamins

### Vitamin D3 400 IU

Equivalent to 10mcg

100 softgels **£10.25**

### Vitamin D3 1,000 IU

100 softgels **£13.89**

### Vitamin D3 2,000 IU

120 tablets **£17.85**

### Vitamin D3-K2 tablets

A vitamin D3-K2 complex providing 2,500iu of vitamin D3 paired with 55mcg of K2 as menaquinone 7

60 vegetarian tablets **£23.75**

### Vitamin D3 5,000 IU

Vitamin D helps maintain healthy bones by stimulating the absorption of calcium in the body and promotes overall cellular wellness, immune, bone and prostate health.

60 vegetarian tablets **£18.69**

### Liquid Vitamin D3

25mcg (1,000iu) per drop

30ml vegetarian **£22.65**



## E Vitamins

Vitamin E is an antioxidant nutrient needed to maintain heart and circulatory health, nerves, muscles and red blood cells.

### Vitamin E 200 IU (Mixed Tocopherols)

100% natural Vitamin E from soy. Popular low potency formula with the added benefits of mixed tocopherols, the form closest to the way vitamin E is found in nature.

60 softgels **£15.35**

90 softgels **£21.29**

### Vitamin E 400 IU (Mixed Tocopherols)

Most popular dosage associated with promoting cardiovascular health.

60 softgels **£21.95**

90 softgels **£29.75**

### Vitamin E 1000 IU (Mixed Tocopherols)

Our highest potency Vitamin E with mixed tocopherols.

30 softgels **£26.99**

## K Vitamins

### Activated K2 Mixed Menaquinones

75 mcg of Mixed Menaquinones, including MK-7, which is thought to be the best supplemental form of vitamin K2 by having unique effects on vascular and bone biology; with the addition of choline which supports liver health and function where most vitamin K activity and metabolism occurs.

60 vegan capsules **£23.75**

## Mineral Combinations

### Cal-Mag Citrate Complex with Vitamin D3

Our Cal-Mag Citrate complex includes citrate and ascorbate forms of calcium for higher absorbability.

100 vegetarian tablets **£25.85**

### Cal-Mag 1:1 With Vitamin D3

Our Cal-Mag 1:1 with vitamin D3 supports bone and nervous system health by providing these essential nutrients required to maintain bone density, muscle and nerve health.

90 vegetarian capsules **£20.15**

## Individual Minerals

### Calcium 600mg with Vitamin D3

Calcium is required to maintain strong and healthy bones and teeth.

100 softgels **£20.75**

### Calcium Citrate with Vitamin D3

Calcium citrate has been found to be the most efficiently absorbed form of calcium available, and mixed with vitamin D makes for an outstanding bone support product.

60 vegetarian tablets **£15.19**

### Selenium - 100mcg (Yeast Free)

Supports eye and cardiovascular health.

100 capsules **£16.89**

### Magnesium Bisglycinate - 400mg

Magnesium is the second most abundant element inside human cells. As one of the most common co-factors in the body, magnesium's presence is crucial to glucose & fat breakdown; the production of protein, enzymes and antioxidants such as glutathione; the creation of DNA & RNA and the regulation of cholesterol production.

90 vegan caps **£29.89**

### Magnesium L-Threonate

Magnesium is the second most abundant element inside human cells. It is an essential mineral best known for its role in bone and nervous system function; together with calcium it contributes to bone density, and it works to nourish the nervous system. Recent research has demonstrated that it is also critical for normal brain health and normal cognitive function. Magtein™ is a patented form of magnesium that readily crosses the blood-brain barrier for utilization in the brain. Laboratory studies indicate that Magtein™ supports brain health and may facilitate learning and memory, as well as a relaxed mood.

90 vegan caps **£57.99**

## Bones & Joints

### Glucosamine Chondroitin MSM

375mg Glucosamine, 300mg Chondroitin & 375mg MSM

120 tablets **£49.55**

### Glucosamine Sulphate - 500mg (Prolonged Release)

Glucosamine Sulphate is a natural seafood extract derived from crab shell and is an important building block of joint tissue.

60 tablets **£19.09**

90 tablets **£25.59**

### Vegetarian Glucosamine - 750mg V

60 vegan capsules **£29.99**

### Iron Complex - 29mg (prolonged release)

Contains iron, folic acid, vitamin B-6 and B-12 which are all essential for the formation of healthy red blood cells.

30 vegan capsules **£12.75**

### Chromium Picolinate

Chromium Picolinate plays a role in regulating metabolism, helps to support healthy blood levels of sugars and fats, as well as the development of lean muscle tissue.

100 capsules **£16.89**

### Zinc Picolinate

Zinc supports a healthy immune system as well as healthy skin. Also important for men's health.

100 capsules **£21.59**

### Potassium - 99mg

An electrolyte that regulates the balance of fluids inside and outside the cells, including the bold. Important for heart, nerve and muscle health.

100 vegan tablets **£13.89**

### Hyaluronic Acid Botanical Complex

Hyaluronic acid is an important component of the connective tissue that fills the spaces between cells of the skin and other tissues, and is a major ingredient of the synovial fluid that lubricates and cushions joints as well as the vitreous humour that fills the inner chamber of the eye.

50 vegan capsules **£34.49**

### Glucosamine & Chondroitin

Chondroitin attracts fluid into web-like cartilage that covers the bone and joint, acting as shock absorption to surrounding bones. This pair has been shown to support anti-inflammatory activities and to promote decreased pain.

90 tablets **£46.55**

180 tablets **£79.65**

### MSM (OptiMSM)

Methylsulphonylmethane supports over 150 compounds in the body, including amino acid production, connective tissues, and skin.

60 vegan tablets **£15.45**

120 vegan tablets **£26.79**

## Fatty Acids

Essential fatty acids (EFAs) are just that, they are essential, meaning that they must be provided through the diet or supplements. There are two important classes of essential fatty acids, omega-3 and omega-6, which refer to the chemical structure of the fat molecule. Both are important to maintain adequate health. Aging, stress or a high consumption of saturated or trans fatty acids can contribute to an imbalance of EFAs in the body.

### Starflower Oil - 1000mg

Borage oil is nature's most concentrated source of GLA (gamma-linolenic acid) and is a good way to ensure adequate EFA uptake.

30 softgels **£19.39**

### Concentrated Omega-3 - 1200mg

A highly concentrated fish oil softgel. Each softgel contains a minimum of 360mg EPA and 240mg DHA. Molecularly distilled, and sourced from fresh, coldwater sources. Includes all natural Florida orange oil for a pleasing taste.

60 softgels **£30.35**

120 softgels **£55.29**



### Omega 3-Fish Oil Epa & Dha - 1000mg

Our Omega-3 Fish oil softgels are derived from a high potency fish oil concentrate and provide two important Omega-3 fatty acids, EPA and DHA. Contains 180mg EPA and 120mg DHA a total 300mg of Omega-3 fatty acids.

100 softgels **£21.59**

### Ultimate Omega Complex

Provides a comprehensive blend of EFAs from Flax seed oil, Borage oil, and Fish oil all in one capsule. Contains 10 IUs of Vitamin E, included as a natural antioxidant.

90 softgels **£41.35**

### Flax Seed Oil - 1000mg

Made with Organic flax seed oil, nature's richest vegetarian source of essential fatty acids. ALA (omega-3) and LA (omega-6). These fatty acids produce prostaglandins that help maintain healthy skin, joints and cell membrane structure and promote cardiovascular and nervous system health.

90 softgels **£21.39**

180 softgels **£37.79**

### Cod Liver Oil Soft Gels

Cod Liver Oil provides a natural source of important omega-3 fatty acids EPA & DHA, plus vitamins A & D, helping to maintain healthy skin, eyes, brain & heart.

100 softgels **£15.19**

250 softgels **£29.49**

## Heart Health

### High Allicin Garlic - (Odour Free) 500mg

The health benefits of garlic have been known for thousands of years. Used by the Romans, Egyptians, Chinese and much of southern Europe as medicine and food, garlic has been documented throughout history as a valuable herb.

60 vegan tablets **£21.49**

### Niacin

Also known as Vitamin B3. Promotes healthy cholesterol levels and supports energy production.

100 vegan tablets **£19.39**

## Food Supplements

### Lecithin - 1200mg

Provides phospholipids found in all the body cells that help in the emulsification of fats in the body.

100 softgels **£19.69**

### 8 in 1 Mushroom Defense Mix

Mushrooms have been valued for their medicinal properties for millennia. Each capsule provides a variety of mushrooms providing natural immune-stimulating compounds.

60 vegan capsules **£37.89**

## Antioxidants

### Co-Enzyme Q10 - 30mg

Coenzyme CoQ10 also known as Ubiquinone, is an important component in the energy producing systems in the body's cells.

|                        |        |
|------------------------|--------|
| 30 vegetarian capsules | £12.45 |
| 60 vegetarian capsules | £19.95 |

### Co-Enzyme Q10 - 60mg

Our highest dosage of CoQ10 provides potent antioxidant benefits.

|                        |        |
|------------------------|--------|
| 30 vegetarian capsules | £18.99 |
| 60 vegetarian capsules | £34.59 |

### Advanced Antioxidant Complex

This complex contains high amount of Alpha Lipoic Acid and speciality antioxidants. For overall cellular wellness.

|                   |        |
|-------------------|--------|
| 60 vegan capsules | £34.15 |
|-------------------|--------|

### Alpha-Lipoic Acid - 100mg

Alpha-lipoic acid was discovered in 1951, and has long been recognised as a coenzyme needed to break down sugar for energy production.

|                  |        |
|------------------|--------|
| 60 vegan tablets | £23.49 |
|------------------|--------|

### Quercetin Complex

A powerful antioxidant that can provide benefits to the body. Quercetin is a naturally occurring Bioflavonoid compound. Bioflavonoids are compounds that give colour to fruit and vegetables. This naturally occurring plant pigment has also been found to reduce wheezing and sneezing common symptoms of hay fever.

|                    |        |
|--------------------|--------|
| 100 vegan capsules | £51.65 |
|--------------------|--------|

## Digestive Health

### Chewable Peppermint Enzymes

Provides a plant based formula with a broad range of enzymes used to break down fats, carbohydrates and proteins. Contains natural fruit digestive enzymes from bromelain (pineapple), and papain (papaya).

|                   |        |
|-------------------|--------|
| 100 vegan tablets | £32.19 |
|-------------------|--------|

### Enzyme Complex

A complete enzyme complex using only the highest quality non-GMO raw materials additional digestive herbs are included for additional support.

|                   |        |
|-------------------|--------|
| 90 vegan capsules | £33.55 |
|-------------------|--------|

## Eye Health

### Lutein - 20mg

Lutein, a carotenoid found in plants, is an important nutrient shown to help support eye health. Research shows that 6-20mg is optimal for eye health.

|               |        |
|---------------|--------|
| 60 vegan caps | £23.65 |
|---------------|--------|

### Ultimate Eye Formula

Our Ultimate Eye Formula is an advanced botanical eye supplement that contains the highest quality extracts available. Provides the full potency of lutein (from: Tagetes erecta) recommended for maintaining optimal eye health, and contains pure Bilberry extract with added Blueberry for additional support.

|                   |        |
|-------------------|--------|
| 30 vegan capsules | £31.89 |
|-------------------|--------|

## Greens

### Kelp - 225mcg

Contains kelp powder, the most popular source of iodine. A healthy thyroid requires iodine to function properly.

|                   |        |
|-------------------|--------|
| 100 vegan tablets | £11.45 |
|-------------------|--------|

### Spirulina - 500mg

One of the world's best "superfoods". Spirulina is a rich source of important nutrients. Spirulina is nature's answer to providing an easy-to-utilise supplement that is purely food based. Beta-carotene, B vitamins, iron, essential fatty acids and complete protein are all packed into each serving of the green "superfood".

|                   |        |
|-------------------|--------|
| 100 vegan tablets | £19.69 |
| 250 vegan tablets | £40.19 |

## Amino Acids

Amino acids are the building block of protein. Protein has an important job in building and rebuilding body tissue and providing the body with nitrogen.

### Acetyl L Carnitine - 500mg V

Acetyl L-Carnitine (ALC) is a molecule composed of acetic acid and L-Carnitine bound together. Free form amino acid Acetyl L Carnitine can be used for nervous system health, sports performance as well as to support adrenal glands and other brain functions.

30 vegan capsules **£26.59**

### L-Arginine - 500mg

This amino acid has several roles in the body, such as assisting in wound healing, stimulating immune function as well as promoting secretion of several hormones.

90 capsules **£22.75**

### L-Carnitine - 500mg

Carnitine releases fatty acids allowing them to be converted to energy. Carnitine is a popular supplement for heart health, liver health and weight loss.

30 vegan capsules **£27.49**

### L-Tyrosine - 500mg

L-Tyrosine is the direct precursor to several important neuro transmitters which affect many functions in the brain and is also an important component for hormones that are produced by the thyroid.

90 capsules **£24.89**

### N-Acetyl Cysteine - 600mg

N-Acetyl Cysteine has been shown to provide numerous health benefits to the body, such as promoting heart health, supporting immune function, and helping to protect the body from toxins.

60 vegetarian capsules **£25.59**

### L-Glutamine - 500mg

The most abundant amino acid found in muscle. Popular for sports nutrition

50 capsules **£14.75**

100 capsules **£25.95**

### L-Lysine - 500mg

Often taken to help strengthen the immune system and also improves calcium absorption. Many use it as an alternative therapy for herpes and cold sores.

50 vegan capsules **£13.69**

### L-Theanine

An amino acid used to calm the mood, reduce anxiety & stress levels whilst also supporting focus and attention.

60 vegan capsules **£37.65**

## Capsule Making

### Capsule Machine

We offer both size 0 and 00 capsule machines and capsules. The weight that each capsule contains varies depending on the powder density, but as a guide if the size 0 holds 544mg, the 00 will hold 728mg. Please specify 0 or 00 when ordering.

Capsule Machine - Size 0

**£25.39**

Capsule Machine - Size 00

**£25.39**

### Empty Capsules

These can be filled with the herb or powder of your choice. Simply separate the two halves, fill the larger one with the chosen ingredient and re-seal.

| Gelatine Capsules | 100   | 500   | 1000   | 5000   | 10000  | 25000   | Vegetarian (HPMC*) Capsules | 100   | 500    | 1000   | 5000   | 10000   | 25000   |
|-------------------|-------|-------|--------|--------|--------|---------|-----------------------------|-------|--------|--------|--------|---------|---------|
| Size 0            | £2.45 | £6.95 | £12.95 | £54.95 | £96.99 | £226.29 | Size 0                      | £3.09 | £10.15 | £19.49 | £87.75 | £155.89 | £365.39 |
| Size 00           | £2.45 | £6.95 | £12.95 | £54.95 | £96.99 | £226.29 | Size 00                     | £3.09 | £10.15 | £19.49 | £87.75 | £155.89 | £365.39 |

\*HPMC is an abbreviation for hydro-mellose (hydroxypropyl methylcellulose). These are vegetarian capsules made from plant fibres. HPMC capsules are renowned for their long storage life and are best suited for the encapsulation of moisture sensitive powders.

24hr Orderline **020 7703 5550**

## Gifts

Whether you are looking for a birthday present, or want to treat a loved one, our gift boxes are perfect for any occasion.

### Facial Gift Box

#### Neroli & Willow Bark Facial Gift Box

Contains: Neroli & Willow Bark Balancing Face Wash 100ml, Clay Mask 60ml, Serum 30ml, Face Cream 60ml and Natural Cotton Flannel.

£55.95



### Bath & Body Gift Boxes

#### Citrus Bath & Body Gift Box

Contains: Citrus Body Wash 250ml, Citrus Body Balm 250ml, Citrus Soap 25g, Citrus blend Aroma Candle and Natural Cotton Flannel.

£34.75

#### Moisturising Bath & Body Gift Box

Contains: Moisturising Body Wash 250ml, Moisturising Body Balm 250ml, Moisturising Soap 25g, Moisturising blend Aroma candle and Natural Cotton Flannel.

£34.75

#### Revitalising Bath & Body Gift Box

Contains: Revitalising Body Wash 250ml, Revitalising Body Balm 250ml, Revitalising Soap 25g, Revitalising Aroma candle and Natural Cotton Flannel.

£34.75

### Oil Diffusers



#### Liv Diffuser

Small, compact diffuser that runs off your computers USB socket. Available in White or Copper.

|        |        |
|--------|--------|
| White  | £34.99 |
| Copper | £34.99 |

#### Alina Diffuser

The Alina has intermittent mist control, it automatically shuts off when the water falls below certain level, effecting complete safety and ideal for use around children and pets.

£43.99

## Hobbies

An extensive range of crafts and supplies to bring your hobbies to life.

### Tea Making

#### Cha Cult Premium Quality Chlorine & Bleach Free Paper Tea Filter

1. Fill the filter with the tea or herb
2. Hold the string on one end
3. Pull the other end of the string
4. Use just like a teabag

The filter is made out of very carefully selected raw materials.

The very fine pores of this taste-free material guarantee a perfect tea infusion. The filters are compostable too.

50 Tea Filters **£6.75**

#### Tea Ball

Tea Ball is ideal for the easy infusion of herbs.

|                 |              |                  |              |
|-----------------|--------------|------------------|--------------|
| Tea Ball (45mm) | <b>£5.09</b> | Tea Tongs (45mm) | <b>£4.39</b> |
| Tea Ball (65mm) | <b>£5.99</b> | Tea Tongs (65mm) | <b>£7.59</b> |

#### Electric Spice & Nut Grinder

With the Cuisinart Electric Spice & Nut Grinder (model SG21U), whole spices and nuts can be grinded just before use to ensure optimal flavour and aroma. Comes with 3 year warranty. **£59.99**

#### Glass Teapot

Our beautiful hand blown, eco-friendly, heat-proof, borosilicate-toughened glass teapots are fantastic for brewing your favourite herbal blends, black teas and great for watching your blooming teas unfurl. Dishwasher proof with a built-in, removable, infuser; they are the perfect piece of tea and herb brewing equipment.

|               |               |
|---------------|---------------|
| Small (500ml) | <b>£17.99</b> |
| Large (750ml) | <b>£19.99</b> |

#### Pestle & Mortar

Unglazed porcelain for easy grinding of wet and dry mixes.

|                |               |
|----------------|---------------|
| Size 0 - 142ml | <b>£19.99</b> |
| Size 1 - 199ml | <b>£24.99</b> |
| Size 2 - 284ml | <b>£29.99</b> |
| Size 3 - 426ml | <b>£39.99</b> |
| Size 4 - 568ml | <b>£49.99</b> |
| Size 6 - 946ml | <b>£59.99</b> |

### Soap Making

#### Melt and Mould Soap

The easy way to start soap making is with our Melt and Mould soap. So easy to use, melt in a microwave or bain marie, add fragrance, colour, dried flowers or anything else. Leave to set for a couple of hours and Voilà, you're a soap maker.

|                               | 500g          | 1kg           |
|-------------------------------|---------------|---------------|
| Clear                         | <b>£8.09</b>  | <b>£13.29</b> |
| Organic (Natural Light Brown) | <b>£10.19</b> | <b>£17.45</b> |
| White                         | <b>£8.09</b>  | <b>£13.29</b> |
| Clear (SLS Free)              | <b>£8.29</b>  | <b>£13.69</b> |
| White (SLS Free)              | <b>£8.29</b>  | <b>£13.69</b> |

#### Silicone Soap Mould

Baldwin's Silicone soap moulds are made from high quality silicone. Makes 6 x 150g (approx.) bars. Each bar will measure HxWxL: 26mmx59mmx79mm (approx.) **£7.25**

#### The Natural Soap Book

Clear guidance and step by step instruction on making your own soaps both additive free and natural. Susan Miller Cavitch is the founder and president of Soap Essentials Inc. This authoritative book on making herbal vegetable based soaps is an invaluable soap maker's purchase. **£12.99**

#### Zeal General Purpose Thermometer

Made from the highest quality glass that has been specially selected to have uniform Capillary bore and to be free from strain.

Total Length 215mm/21.5cm **£9.39**

### Candle Making

| Common Name                 | 25g          | 100g          | 250g          | 500g          | 1000g         |
|-----------------------------|--------------|---------------|---------------|---------------|---------------|
| Beeswax Pellets, White BP†  | <b>£4.59</b> | <b>£13.09</b> | <b>£27.85</b> | <b>£47.29</b> |               |
| Beeswax Pellets, Yellow BP† | <b>£5.15</b> | <b>£14.55</b> | <b>£31.09</b> | <b>£52.89</b> |               |
| Rapeseed Wax                |              |               |               | <b>£17.45</b> | <b>£29.65</b> |
| Soya Wax C3                 | <b>£1.65</b> | <b>£4.69</b>  | <b>£9.99</b>  | <b>£16.89</b> |               |

|                      | Pack x10     | Pack x25     | Pack x50     |
|----------------------|--------------|--------------|--------------|
| Candle Wicks         | <b>£1.95</b> | <b>£4.79</b> | <b>£9.59</b> |
|                      |              | 9cl          | 20cl         |
| Clear Candle Glasses |              | <b>£1.25</b> | <b>£3.29</b> |

## Miscellaneous

### Smudge Sticks

Traditionally used by the Native Americans as a means of purification, when lit the smouldering bundle of herbs produces a highly aromatic fragrance.

|   |               |
|---|---------------|
| Badlands Dakota Sage Bundle (Approx. 25cmx4cm)        | <b>£7.25</b>  |
| California White Sage Large Bundle (Approx. 25cmx4cm) | <b>£12.59</b> |
| California White Sage Mini Bundle (Approx. 12cmx4cm)  | <b>£5.75</b>  |
| Cedar Bundle (Approx. 25cmx4cm)                       | <b>£13.75</b> |
| Desert Sage Large Bundle (Approx. 20cmx4cm)           | <b>£14.45</b> |
| Desert Sage Mini Bundle (Approx. 8cmx2.5cm)           | <b>£5.69</b>  |
| Juniper Large Bundle (Approx. 25cmx4cm)               | <b>£14.59</b> |
| Juniper Mini Bundle (Approx. 8cmx2.5cm)               | <b>£6.69</b>  |
| Mugwort (Approx. 25cmx4cm)                            | <b>£14.45</b> |
| Sweetgrass Braid (Approx. 50cm)                       | <b>£30.25</b> |

### Nag Champa

The delightful Indian Incense

|                          |              |
|--------------------------|--------------|
| Approx. 12 Sticks - 15g  | <b>£1.75</b> |
| Approx. 32 Sticks - 40g  | <b>£2.95</b> |
| Approx. 80 Sticks - 100g | <b>£7.15</b> |

### Powders

|                            | 25g          | 100g         | 250g          | 500g          | 1kg           | 5kg           |
|----------------------------|--------------|--------------|---------------|---------------|---------------|---------------|
| Borax Powder               | <b>£1.05</b> | <b>£2.99</b> | <b>£6.39</b>  | <b>£9.79</b>  |               |               |
| Charcoal Powder, Activated | <b>£2.95</b> | <b>£8.39</b> | <b>£17.95</b> | <b>£27.35</b> |               |               |
| Citric Acid Powder         |              | <b>£3.85</b> | <b>£8.15</b>  | <b>£12.45</b> | <b>£24.85</b> | <b>£99.29</b> |

### Bicarbonate of Soda

|  |              |               |
|--|--------------|---------------|
|  | 1kg          | 5kg           |
|  | <b>£8.09</b> | <b>£24.29</b> |

### Epsom Salts

|  |              |              |
|--|--------------|--------------|
|  | 1kg          | 2kg          |
|  | <b>£6.19</b> | <b>£9.29</b> |

### Menthol Crystals

|  |              |
|--|--------------|
|  | 10g          |
|  | <b>£6.35</b> |

### Parchment Paper

|              |               |               |
|--------------|---------------|---------------|
| 10cmx10cm    | 15cmx23cm     | 23cmx30cm     |
| <b>£8.35</b> | <b>£12.35</b> | <b>£44.85</b> |

### Sea Salt

|  |              |
|--|--------------|
|  | 2kg          |
|  | <b>£4.59</b> |

### Muslin Cloth

|                    |              |
|--------------------|--------------|
| 130x130cm (Approx) | <b>£6.85</b> |
|--------------------|--------------|

### Prepared Incense

|           | 50g Pack     | 500g Box      |
|-----------|--------------|---------------|
| Abbey     | <b>£4.79</b> | <b>£21.75</b> |
| Basilica  | <b>£6.49</b> | <b>£33.99</b> |
| Cathedral | <b>£5.59</b> | <b>£26.85</b> |
| Priory    | <b>£4.89</b> | <b>£21.75</b> |
| Sanctuary | <b>£4.99</b> | <b>£26.25</b> |

### Palo Santo Wood Sticks (Holy Wood)

The use of Palo Santo dates back to the Inca Era and is traditionally used in South America in a similar way to how Native Americans in North America use the Smudge sticks, for cleaning and purifying negative energy to clear misfortune.

|                          |               |
|--------------------------|---------------|
| 25g (Approx. 5 sticks)   | <b>£4.95</b>  |
| 100g (Approx. 20 sticks) | <b>£16.29</b> |
| 250g (Approx. 50 sticks) | <b>£39.25</b> |

### Instant Lighting Charcoal

Incense is easily burned using charcoal discs. Light a tablet, place in a heat resistant container, when glowing sprinkle with incense.

|                     |              |
|---------------------|--------------|
| 10 Discs            | <b>£1.49</b> |
| 1 Box of 8x10 Discs | <b>£7.75</b> |

### Empty Fully Compostable & Biodegradable Packets

Perfect for packing herbs, incense and pot pourri. Contents not included.

Maximum dimensions:

|               |              |
|---------------|--------------|
| 76x125x200mm  | <b>£0.15</b> |
| 90x150x300mm  | <b>£0.19</b> |
| 150x200x305mm | <b>£0.35</b> |
| 200x270x350mm | <b>£0.59</b> |

### Baldwin's Large Hessian & Cotton Cloth Bags.

|  |              |
|--|--------------|
| Large, robust Hessian Bag: HxWxD: 40x36x17cm   | <b>£2.65</b> |
| 100% natural, foldable Cloth Bag: HxW: 42x38cm | <b>£1.49</b> |

### Yogamatters Sticky Yoga Mat

|  |               |
|--|---------------|
| 183cm x 61cm                                     |               |
| Available in Black, Purple, Navy and Slate Grey. | <b>£26.99</b> |

### Luxury Barley & Lavender Pillow

|  |               |
|--|---------------|
| 100% Cotton pillow containing Barley & Aromatic Lavender flowers. Sooth and comfort everyday aches, pains and stiff muscles. Warm in microwave for 1-3 minutes or can be used as a cold compress by placing in the refrigerator. | <b>£22.99</b> |
|--|---------------|

# How to order

**Telephone: 020 7703 5550**

(Answerphone outside of business hours).

If you would like to pay by Credit or Debit Card, one of our friendly staff will be happy to take your order. Please have your card details ready.

**Fax: 020 7252 6264**

You may fax in your Credit or Debit Card order. Please make sure you include your telephone number in case of transmission difficulties.

**Internet: [www.baldwins.co.uk](http://www.baldwins.co.uk)**

You can now order from our online catalogue. All credit card purchases are conducted over a secure server link.

We now take Paypal on orders placed on-line.

**Email: [sales@baldwins.co.uk](mailto:sales@baldwins.co.uk)**

## Post

Send your order with your cheque, postal order (made out to G.Baldwin & Co. Ltd.) or credit card details to:

**Freepost BALDWINS**

## How our Delivery Service Works

At Baldwins we are dedicated to offering you a fast and efficient service. So committed in fact that we promise to dispatch all our 'in stock' orders within 3 working days (sooner where possible).

### Standard Delivery

- Standard deliveries are dispatched by First Class Royal mail or Next Day Courier.
- Free postage is applicable only to single standard UK orders with a goods value of £30 or more (including VAT) and weighing no more than 25kg.
- Orders under £30 in value (under 25kg) will be charged at £3.49 for standard UK delivery.
- We endeavour to dispatch standard in-stock orders as quickly as possible, and guarantee they will be dispatched within 3 working days

| Order weight | Order value up to £30 | Order value over £30 |
|--------------|-----------------------|----------------------|
| 0-25kg       | £3.49                 | FREE!                |
| 25kg-50kg    | £7.99                 | £7.99                |
| 50kg-75kg    | £15.98                | £15.98               |
| 75kg-100kg   | £23.97                | £23.97               |

### Express Delivery

- Express orders must be placed before 1pm for delivery the next working day (Monday to Thursday).
- There must be someone available between 7am-1pm on the day of delivery to sign for Express Deliveries.
- Express Delivery is only available for customers on the UK Mainland and excludes the Scottish Highlands and some rural areas. Please check our website for postcodes not covered by Express.
- Express orders placed before 1pm on Friday are guaranteed for delivery on Monday.
- Express orders weighing less than 3kg placed between 1pm on Friday and 11am on Saturday are guaranteed for delivery on Monday. Those placed between 1pm on Friday and 11am on Saturday weighing 3kg or over are guaranteed for Tuesday morning delivery. Any Express placed between 11am on Saturday and 1pm on Monday will be delivered on Tuesday morning.

### Express Delivery

| Order weight | Order value up to £30 | Order value over £30 |
|--------------|-----------------------|----------------------|
| 0-25kg       | £8.99                 | £5.99                |
| 25kg-50kg    | £9.49                 | £9.49                |
| 50kg-75kg    | £18.98                | £18.98               |
| 75kg-100kg   | £28.47                | £28.47               |

### Saturday Delivery

Our Couriers are able to deliver on Saturdays to UK mainland addresses only (identified as those addresses outside of Eire, Scotland, and Northern Ireland).

Please enquire when placing your order if you would like to use this service, there is an additional charge.

Orders for Saturday delivery to UK Mainland addresses must be placed by 1pm on Friday.

| Order weight | Order value up to £30 | Order value over £30 |
|--------------|-----------------------|----------------------|
| 0-2kg        | £14.25                | £11.49               |
| 2kg-25kg     | £33.99                | £29.99               |
| 25kg-50kg    | £33.99                | £33.99               |
| 50kg-75kg    | £67.98                | £67.98               |
| 75kg-100kg   | £101.97               | 101.97               |

### Overseas Delivery

Overseas items are dispatched by Airmail if they weigh less than 2kg. Orders over 2kg shipped to EU and Rest Of World Addresses are shipped by Courier.

Delivery estimates for overseas parcels are as follows:

- Western Europe within three working days.
- Eastern Europe within five working days.
- Rest of World in five to seven working days.

Larger Orders We happily accept orders of any size, for prices for orders over 25kg please contact us.

### Gift Card

Gift cards are now available to use in store and over the phone.

### Items we do not stock

We are happy to order in items we do not stock if available through our suppliers, but regret that they are non returnable.

### Pricing Policy

We make every effort to maintain our prices for the duration of our catalogue however, at times it's impossible to avoid price increases. All prices are subject to alteration without notice.

### VAT

The prices reflect the VAT rate applicable at time of printing. Prices are subject to change should the VAT rate alter.

### Mail Order Guarantee

It is our Policy to give 100% satisfaction. If for whatever reason you decide to return any unopened goods within 28 days of purchase, we will without quibble refund the full cost of the goods. This is in addition to your statutory rights.

### Medicinal Policy

We are required by law to make no claim for the therapeutic qualities of the remedies that we sell. However, the traditional values of herbal remedies are well known and information may be obtained from books, leaflets and the Internet. We are also able to give you limited information and one of our friendly staff will be pleased to answer your queries, when possible Before making your purchase please ask yourself the following questions:

- ❑ Am I taking prescription medication?
- ❑ Am I taking or intend to take nutritional or herbal supplements?

If the answer to BOTH these questions is 'yes', we advise you to check with your doctor that the combination of your medication and supplements is suitable. Please remember that the ultimate choice is yours, thus giving you more control over your health.

### Returning an Item

To return an item, please package in its original wrapping (if possible) and provide a note outlining your name, address, order number and reason for returning.

If your item is under 20 Kg and is smaller than 61cm (L) x 46cm (W) x 46cm (D) then you can use our Free Royal Mail 48 Hour Tracked service by heading here and filling in the appropriate details:

[www.royalmail.com/track-my-return/create/2456](http://www.royalmail.com/track-my-return/create/2456)

This service will generate a label that you can either print at home or take with you to the post office for them to print.

You will need your order number which is the 6 digit number sent out on your order dispatch email. (If you have any trouble finding this, do give us a call and we can happily find it for you).

Once orders are returned, we aim to process them within 72 hours and (if required) notify you by mail when we have processed your refund and ship any replacements out as soon as possible.

If your item is over 20 Kg or larger than the specified size (or too heavy for you to take to the post office) please call us and we can arrange collection with one of our courier partners.

### Discount Structure

Discounts only apply to one product packed in one packet or container.

#### Essential Oils p24-27

250ml = **10% Saving**

500ml = **25% Saving**

1 Litre = **30% Saving**

#### Herbs, Roots and Powders p3-13

2 Kg = **15% Saving**

5, 10 & 25 Kg = **20% Saving**

#### Tinctures p15-18

1 Litre = **10% Saving**

5 Litre = **15% Saving**

25 Litre = **20% Saving**

#### Fluid Extracts p19

250ml = **10% Saving**

500ml = **25% Saving**

1 Litre = **30% Saving**

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## How to Find Us

### Nearest Tube

Elephant & Castle

### Nearest British Rail

Elephant & Castle

### Address

171/173 Walworth Road, London SE17 1RW

### Telephone

020 7703 5550

### Buses

The following buses stop nearby:

12, 35, 40, 45, 68, 148, 171, 176, 468, P5.

### Parking

We are positioned outside the Congestion Charge Zone.

Meter Parking is available in Amelia Street.

### Hours Of Business

Monday-Saturday 9am-6pm,

except Thursdays 9am-7pm

Closed all day Sunday and Bank Holidays

## How to Order

### Telephone Mail Order

020 7703 5550

You can place your order with one of our helpful Mail Order staff or outside of business hours you can leave your order on our answering service.

### Fax

Fax your order to 020 7252 6264, 24 hours a day.

### Website

[www.baldwins.co.uk](http://www.baldwins.co.uk)

Our secure website is the easy way to order  
24 hours a day.

Just put the items you want into your shopping basket and the system does the rest, right down to calculating the postage to anywhere in the world.

If you chose to register it will even remember your details.

### Email

[sales@baldwins.co.uk](mailto:sales@baldwins.co.uk)

Follow us on:



At Baldwins we like to take pride in all that we do and we rarely settle for being merely average. For example, our ever growing, extensive range of high quality natural products is outstanding and now exceeds even the elastic and comprehensive limits of this catalogue.

We also aim to make purchasing easy and convenient by catering for all types of shopping preferences. Hence the continuous development of our online shop at [www.baldwins.co.uk](http://www.baldwins.co.uk). This is not only open and at your service 24/7 but it is also updated more frequently than is possible with traditionally printed lists. The product range on the website is larger too, helping to make it one of the most in-depth, natural product selections available anywhere. If new products or the latest special offers are what interests you, then becoming a regular visitor to our website is bound to bring exciting discoveries and worthwhile savings.

Plus with our FREE Newsletter, Blog, Special Offers and money-savings bundles to choose from, you'll never miss out on a great deal!

The high quality and traditional values that underpin our everyday activities may not have changed much since 1844, but our adaptation to the more convenient aspects of modern shopping is, as you might expect, perfectly in harmony with the needs of our customers.